

# Our Place Monthly Report

Month Reported: December, 2024

## Staffing

Full-Time Coordinator/Manager (name): Mikayla Kapphan CBHPSS

CPSS 1 (FTE, and CPSS status):

CPSS- 2 (PT, and CPSS status): Angel Small

CPSS 3-(PT, and CPSS status): Amy Kreidman

Volunteer 25 Hour week- Connie O'Conner

## Services Provided

Service Provided	Date	Number Served	Local Area Provider
Substance misuse recovery management	12/24	169	Linda Kinsey - Leo Pocha Clinic - Wellbriety Mikayla- NA Mikayla KapphanCBHPSS, Angel Small PSS, Amy Kreidman PSS Rewired work book, Recovery through Hollywood, Recovery by the Week
Behavioral health management/Engagement	12/24	151	Engagement Group Held 9:30 A.M - 10:30 A.M. Clients engage in a recovery-based group setting and discuss individual struggles and successes in recovery and everyday life. Input is offered by peers and peer supporters. We have incorporated using recovery/ empowering question cards to strike conversations and bring up topics in groups.

Gender specific recovery support	10/24	0	<p>The groups we have are set to accommodate all genders for recovery and overall wellness. We do not have a gender specific group at this time b/c there are so few that identify with gender issues. Those that do join, 1-2 and not on a daily basis, are very involved in the groups and this is often a topic during the groups for all. The groups at OP are very accepting of lifestyle choices. All are supportive as OP is a judgment free zone. It is often shared...we meet people where they are at in their lives.</p>
Group gatherings	12/24	335	<p>We facilitate two Peer run groups Monday- Saturday. The morning group is always Engagement or talking point cards. The Talking point cards help open up discussion and are recovery based. (empowering questions, Overcoming addictions, and coping skill based). Afternoon groups consist of Rewired work book, NA, Wellbriety, and Recovery by the Week, Recovery Through Hollywood.</p>
Action Plan Development for Wellness Recovery	12/24	0	<p>Angel Small has completed Wrap 1 and is going to WRAP 2 this week. Then will be facilitating WRAP groups at Our Place weekly.</p> <p>Mikayla Completed WRAP 1 and is waiting for a WRAP2 sem so she can take that.</p> <p>Amy is in Peer support class and will be doing WRAP after Peer Support</p>
Wellness Education in Collaboration with identified area providers	12/24	37	<p>Linda Kinsey from the Leo Pocha Clinic is doing Wellbriety here on Wednesdays from 1pm - 2pm</p> <p>Mikayla runs NA here on Tuesdays. We have also had a few people from NA that come one Tuesdays when they can to facilitate a group.</p> <p>We are struggling to find Volunteers to stick around to do AA.</p>

<p>Recreational therapeutic activities</p>	<p>12/24</p>		<p>The pool table is open every afternoon from 2:00-3:30.</p> <p>With the cold weather we have not been able to do any clean ups at this time.</p> <p>We moved out of our building the last week of December and our peers were so helpful in the packing and moving of the building.</p>
<p>On-site meals and to-go food bags</p>	<p>12/24</p>	<p>100</p>	<p>Helena Food Share 100 emergency food bags, our volunteer brings in meals occasionally, as well as Crock Pot ministries 2x this month.</p> <p>We have also taken clients to food share to basket shop one or two times a week.</p> <p>Our Neighboring church put together snack packs which also included hand warmers and socks for our peers.</p> <p>They also have brought in a ton of granola bars and crackers, homemade bread, peanut butter and jelly, cup of soups for the peers to have if they are not able to eat at the Shelter.</p>
<p>Application assistance for SNAP and Medicaid</p>	<p>12/24</p>	<p>2</p>	<p>We assisted in signing up 2 peers for SNAP and medicaid</p>
<p>Identification access assistance including birth certificates, State ID, VA, and SSI/SSDI</p>	<p>12/24</p>	<p>8</p>	<p>Assisted with birth cert, state ID, VA applications are now being referred to our contacts at VA Health Care contacts.</p> <p>Mikayla is still in the SOAR training to help with SSI/SSDI.</p>

Coordination of transportation for behavioral health and medical services	12/24	0	Van is here and mobile. We have all staff members approved to drive the Van. Mikayla and Angel have taken the First Aid and CPR class that we needed to be able to drive the van. Amy is taking CPR and First aid class Feb 6th and will be able to drive the van after.
Volunteer opportunities at the Drop-In Center, other Good Samaritan locations, and other area providers	12/24	1	We only have 1 volunteer at this time. She comes once a week to fill in where needed. She is currently gone until March 2025
Native American culture and practices study group	12/24	37	Linda Kinsey from Leo Pocha Clinic has stepped in to facilitate Wellbriety here for our peers.

Narrative (please describe any additional services provided, the date provided, number served, and the name or names of local area providers involved, if any):

The weather is cold! We have had a lot of people in and out of our doors the month of December.

Angel took and completed Peer Support class! She is working on getting her certification In Jan.

Groups are going well. We had wellbriety still going with Leo Pocha Clinic. And the staff at OP talking daily in groups based on Recovery and Addiction topics.

We are still doing Jail outreach. We have visited a few of our peers up there. The holidays and the move slowed us down a bit but we are going to get back in Jan to visit people more, especially while we wait for our new building.

. We have a lot going on at OP. We have had to pack up to move out of the building and were not able to secure a new building right away. Our Peers were so awesome helping with the packing and cleaning up of the building.

We had many groups and discussions about OP not being open for a short time until we got our new building up and running and tried to answer as many questions to the best of our ability.

**Our Place Drop-In Center Advisory Board**

With the holidays and the move we did not have an advisory board meeting the month of December.

### **Participant Information**

Number of participants served (#): October 335 attended groups. All that signed in was 625.

Referral Sources (where were they referred?):

- Many Rivers Pure View Health
- VA Health care
- Hud/ Vash, Helena Housing
- Charles Goodman Peer Support Specialist VA
- St. Peters Health
- Helena Indian Alliance
- Friendship Center
- Y.W.C.A.
- God's Love
- St. Peters E.R and BHU, Helena P.D,
- MT Counseling Services
- Recovery Centers of MT
- Family Promise

Military Status (# Active and # Former): 5

Criminal Justice system involvement (# Pretrial): 25 known

Co-occurring disorder status (#): 37 self identified

Crisis interventions and outcomes (short narratives): We had 1 peer that stated to us he was "trying to drink himself to death" He was very distraught. We called CRT and he was taken to Hospital. He did call to update us that they are watching him closely and helping him get on some medications and getting him on medicaid and off to treatment once stabilized.

3 peers formerly trespassed.

**Number of Community partner education hours:** 4

Outcomes from Satisfaction surveys: Not completed yet.

**Hours of Operation: Monday - Friday 8:30 A.M - 3:30 P.M and Saturday 9:00 A.M-2:00 P.M**