# Behavioral Health Continuing Education

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## Behavioral Health Training Program

#### Behavioral Health Training Program

The goal of this program is to Prepare Community Health Workers, Community Paramedics or Peer Support Specialists (PSS) to work in team-based models of care in order to address the social and behavioral needs of our rural and frontier communities.

PLEASE NOTE THAT THIS PROGRAM IS FULL FOR THE 23-24 GRANT YEAR.

APPLICATIONS OPEN AGAIN IN SEPT 2024.

#### Behavioral Health Training Program (BHTP) Outline

#### Level 1: Core Training (Choose 1)

- Community Health Worker Fundamentals
- Community Paramedicine Course
- Peer Support Specialist
- Fundamentals of Behavioral Health

PROGRAM FULL FOR 2023-24.
Re-enrollment opens September 1, 2024

#### Level 2: Development Trainings

- Choose from any courses in our online learning library or instructor led courses as scheduled on our training calendarhttps://healthinfo.montana.edu/bhwet/sc hedule.html
- Required- at least 3 hours a month until you've reached your 6 month training commitment

#### BHTP FAQs

Q: How long is the program?

A: The BHTP is 6 months total of trainings. Coursework totals approximately 80 hours.

Q: How do the monthly hours work?

A: Each month after the core training is completed, the participant needs to complete 3 hours of continued training (either online or instructor led).

Q: What do participants receive at the end of the program?

A: Each participant will receive a certificate of completion and a stipend up to \$5,000.

# Community Health Worker Fundamentals

#### Community Health Worker Fundamentals (CHW) Course

- Online & Instructor led course via Canvas
- The instructor-guided curriculum takes approximately **eight weeks (85 hours)** to complete and consists of **six online Learning Modules** and a **25-hour** on-the-job Supervised Experience taken at the completion of the six Modules.
- An individual will gain skills in the following areas: professional skills & conduct; communication; self-care; interpersonal relationships; outreach, navigation & coordination; organization; advocacy; capacity building & teaching.
- Find more info about the training here:
   <a href="https://healthinfo.montana.edu/bhwet/chw/index.html">https://healthinfo.montana.edu/bhwet/chw/index.html</a>

#### CHW FAQs

Q: What is a Community Health Worker?

Q: How much does the course cost?

Q: How do I sign up?

A: a frontline public health worker who is a trusted member of and/or has an unusually close understanding of the community served. This trusting relationship enables the CHW to serve as a liaison/link/intermediary between health/social services and the community to facilitate access to services and improve the quality and cultural competence of service delivery.

A: \$1,500 course fee (free to participants of the BHTP)

A: Next Course begins September 23rd, you can sign up here: <a href="https://www.cognitoforms.com/MontanaOfficeOfRuralHealthAreaHealthEducationCenter/CHWRegistrationForm09232024">https://www.cognitoforms.com/MontanaOfficeOfRuralHealthAreaHealthEducationCenter/CHWRegistrationForm09232024</a>

### Fundamentals of Behavioral Health

#### Fundamentals of Behavioral Health (FBH) Course

- Online & Instructor led course via Canvas
- Covers the basics of brain anatomy, psychiatric disorders, treatments for psychiatric disorders, suicide interventions, responding to aggressive behaviors, and self care in the behavioral healthcare field.
- 9 modules total, approximately 55-60 hours of course material
  - Complete syllabus outline can be found here: <u>Fundamentals of Behavioral Health Overview</u>
    - Montana Office of Rural Health and Area Health Education Center | Montana State University

#### FBH FAQs

Q: Who should take this course?

O: How much does the course cost?

Q: How do I sign up?

A: hospital/clinic front desk staff, behavioral health paraprofessionals, nursing staff, teachers, anyone working in healthcare in Montana with a desire to be better equipped to handle behavioral health and mental health struggles like suicide ideation, crisis intervention, and responding to aggressive behaviors

A: \$1,500 course fee (free to participants of the BHTP)

A: Next Course begins September 30th. You can sign up here: <a href="https://www.cognitoforms.com/MontanaOfficeOfRuralHealthAreaHealthEducationCenter/FBHRegistrationFormSeptember2024Course">https://www.cognitoforms.com/MontanaOfficeOfRuralHealthAreaHealthEducationCenter/FBHRegistrationFormSeptember2024Course</a>

# Other BH Trainings

#### Course Offerings at MORH/AHEC

- Management of Aggressive Behaviors
- Question. Persuade. Refer.
- Youth or Adult Mental Health First Aid
- SBIRT
- Motivational Interviewing
- Find more info here!: <a href="https://healthinfo.montana.edu/bhwet/trainings.html">https://healthinfo.montana.edu/bhwet/trainings.html</a>

\*limited number of scholarships available for interested participants

#### Who are these programs for?

- Community Health Workers
- Community Paramedics (firefighters, EMTs, etc.)
- Peer Support Specialists
- Behavioral Health technicians
- School staff, teachers, and personnel
- Other behavioral health paraprofessionals
- Folks working/living in rural Montana with a desire to be better equipped to handle behavioral health and mental health struggles like suicide ideation, crisis intervention, and responding to aggressive behaviors

#### Thanks!

Contact:

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