# PLAN DOCUMENT SUMMARY PLAN DESCRIPTION

for the

# HEALTH BENEFIT PLAN FOR EMPLOYEES OF LEWIS & CLARK COUNTY

This booklet describes the Plan Benefits in effect as of July, 1 2023

The Plan has been established for the benefit of eligible Employees and their Dependents of:

# **LEWIS & CLARK COUNTY**

Claims Processed By:

# ALLEGIANCE BENEFIT PLAN MANAGEMENT, INC.

2806 South Garfield Street PO Box 3018 Missoula, MT 59806-3018

Missoula Area Phone Number: (406) 721-2222 Toll-Free Number: (800) 877-1122

# **COVER/SIGNATURE PAGE**

Effective July 1, 2023, Lewis and Clark County restates its self-funded Health Care Plan for the benefit of eligible Employees and their eligible Dependents entitled, **HEALTH BENEFIT PLAN FOR THE EMPLOYEES OF LEWIS & CLARK COUNTY** (the Plan).

The purpose of this Plan is to provide reimbursement for Expenses Incurred for covered services, treatment or supplies as a result of Medically Necessary treatment for Illness or Injury of the County's eligible Employees and their eligible Dependents. The County, in conjunction with any required contributions by its Employees, agrees to make payments to the Plan's Trust in order for payments to be made for covered services, treatments or supplies as provided by this Plan.

The County has caused this instrument to be executed as of the day first mentioned above.

LEWIS	AND CLARK COUNTY
BY:	
TITLE:	

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#### INTRODUCTION

Effective July 1, 2023, Lewis & Clark County, hereinafter referred to as the County, restates the benefits, rights and privileges which will pertain to participating Employees, referred to as Participants, and the eligible Dependents of such Participants, as defined, and which benefits are provided through a fund established by the County and referred to as the Plan. This booklet describes the Plan in effect as of July 1, 2023

Coverage provided under this Plan for Employees and their Dependents will be in accordance with the Eligibility, Effective Date, Qualified Medical Child Support Order, Termination, Family and Medical Leave Act and other applicable provisions as stated in this Plan.

Lewis & Clark County (the Plan Sponsor) has retained the services of an independent Plan Supervisor, experienced in claims processing, to handle health claims. The Plan Supervisor for the Plan is:

Allegiance Benefit Plan Management, Inc. P.O. Box 3018 Missoula, MT 59806-3018

Please read this booklet carefully before incurring any medical expenses. For specific questions regarding coverage or benefits, please refer to the Plan Document which is available for review in the Personnel Office, at the office of the Plan Supervisor, or call or write to Allegiance Benefit Plan Management, Inc. regarding any detailed questions concerning the Plan.

This Plan is not intended to, and cannot be used as workers' compensation coverage for any Employee or any covered Dependent of an Employee. Therefore, this Plan generally excludes claims related to any activity engaged in for wage or profit including, but not limited to, farming, ranching, part-time and seasonal activities. See Plan Exclusions for specific information.

The information contained in this Plan Document/Summary Plan Description is only a general statement regarding FMLA, COBRA, USERRA, and QMCSO. It is not intended to be and should not be relied upon as complete legal information about those subjects. Covered Persons and Employers should consult their own legal counsel regarding these matters.

Pre-certification or Pre-treatment Review by the Plan is strongly recommended for certain services. If Pre-certification or Pre-treatment Review is not obtained, the charge could be denied if the service, treatment or supply is not found to be Medically Necessary or found to be otherwise excluded by the Plan when the claim is submitted.

#### **NETWORK PROVIDER BENEFIT**

### **NETWORK BENEFIT**

This Plan provides benefits through a group of contracted providers (Network Provider). A "Network Provider" means a provider that agrees to provide services as part of an agreement. Using Network Providers offers cost-saving advantages because a Covered Person pays only a percentage of the scheduled fee for services provided.

Non-Network Provider means a provider who is not a Network Provider. A Covered Person who uses a Non-Network Provider will pay more and may result in balance billing.

To determine if a provider qualifies as a Network Provider under this Plan, please consult Allegiance's website at <a href="https://www.askallegiance.com">www.askallegiance.com</a> to access links for directories of Network Providers.

The Benefit Percentages for benefits may vary depending on the type of service and provider rendering the service or treatment. If a Non-Network Provider is chosen over a Network Provider, the Benefit Percentage will be lower (as stated in the following Schedule of Medical Benefits), unless one of the Non-Network Benefit Exceptions stated below applies.

# **NON-NETWORK BENEFIT EXCEPTION**

When a covered service is rendered by a Non-Network Provider, charges will be paid as if the service were rendered by a Network Provider under any of the following circumstances:

- 1. Charges are due to an Emergency, as defined by this Plan, limited to only those emergency medical procedures necessary to treat and stabilize an eligible Injury or Illness and then only to the extent that the same are necessary in order for the Covered Person to be transported, at the earliest medically appropriate time to a Network Hospital, clinic or other facility, or discharged; or
- 2. Charges eligible for coverage under the Accidental Injury Benefit.
- 3. Charges which are incurred as a result of and related to confinement in or use of a Network Hospital, clinic or other facility only for services and providers over whom or which the Covered Person does not have any choice or ability to choose or select.
- 4. For a Retiree who has requested and received a Non-Network Benefit Exception from the Plan Administrator as a result of reestablishing his/her permanent residence in an area for which there are no, or limited access to, Network Providers. To obtain the Non-Network Benefit Exception, the Retiree must request the exception in writing indicating the name and new permanent address of the Retiree and the Retiree's social security number and group number. This exception will not be deemed granted until written approval is received from the Plan.
- 5. For an eligible Dependent who has requested and received a Non-Network Benefit Exception from the Plan Administrator because the Dependent's residence is different than the Participant's permanent residence and is in an area for which there are no, or limited access to, Network Providers. To obtain the Non-Network Benefit Exception, the Participant or Dependent must request the exception in writing indicating the name and address of the Dependent, the Participant's name, social security number and group number. This exception will not be deemed granted until written approval is received from the Plan.
- 6. Charges for Emergency use of an Air Ambulance.

# **CONTINUITY OF CARE**

In the event a provider that a Covered Person is currently receiving services, treatment or care of an Illness or Injury for any of the following terminates its Network affiliation, the Plan will pay the provider at the Network benefit level and allowable amount for a period of up to ninety (90) days after the date the provider terminates its Network affiliation:

- 1. Pregnancy in the second or third trimester or postpartum care;
- 2. Continuation of treatment for a chronic or acute medical condition;
- 3. Active care at an Inpatient facility;
- 4. A disabling, degenerative, congenital or life threatening Illness;
- 5. Ongoing treatment of a terminal Illness or serious medical condition; or
- 6. A Mental Illness or Alcohol and/or Chemical Dependency condition.

To be eligible for this benefit, call the customer service number listed on the Participant's identification card.

# SCHEDULE OF MEDICAL BENEFITS - TRADITIONAL OPTION FOR ELIGIBLE PARTICIPANTS AND DEPENDENTS

ALL BENEFITS PAYABLE UNDER THIS PLAN ARE SUBJECT TO THE APPLICABLE PLAN EXCLUSIONS AND MAXIMUM ELIGIBLE EXPENSE (MEE)

# THE BENEFIT PERIOD IS A TWELVE MONTH PERIOD COMMENCING ON JULY 1 AND ENDING ON JUNE 30 OF EACH YEAR

COST SHARING PROVISIONS	NETWORK	NON-NETWORK	
DEDUCTIBLE (Embedded) Per Covered Person per Benefit Period Per Family per Benefit Period	\$400 \$1,000	\$750 \$1,500	
The Deductible applies unless specifically indicated as waived.	-		
Network and Non-Network Deductibles are completely separate a Deductible may be reduced for Participants who participate in the		mulate. The Network	
BENEFIT PERCENTAGE  Before satisfaction Out-of-Pocket Maximum  After satisfaction Out-of-Pocket Maximum	70% 100%	50% 100%	
Benefit Percentage applies after the Deductible is satisfied and applies to all Eligible Expenses unless specifically stated otherwise.			
OUT-OF-POCKET MAXIMUM (Embedded) Per Covered Person per Benefit Period Per Family per Benefit Period	\$3,500 \$7,000	\$100,000 N/A	
Out-of-Pocket Maximum includes the Deductible and Eligible Expenses in excess of the Benefit Percentage. Benefits are payable at 100% after satisfaction of the Out-of-Pocket Maximum for the remainder of the Benefit Period, unless specifically stated otherwise.			
Network and Non-Network Out-of-Pocket Maximums are completely separate and do not cross accumulate.			
The Network Out-of-Pocket Maximum may be reduced for Part Program.	icipants who particip	pate in the Wellness	
MAXIMUM BENEFIT PER BENEFIT PERIOD FOR ALL CAUSES	None		
MAXIMUM LIFETIME BENEFIT FOR ALL CAUSES	None		
PRE-CERTIFICATION/PRE-TREATMENT REVIEW  Pre-certification or Pre-treatment Review by the Plan is strongly recertification or Pre-treatment Review is not obtained, the charge continuous continuous pre-treatment Review is not obtained.			

supply is not found to be Medically Necessary or found to be otherwise excluded by the Plan when the claim

is submitted. See Hospital Admission Certification and Pre-treatment Review for further details.

#### **MEDICAL EXPENSE AUDIT BONUS**

 Reimbursement Percentage to Participant
 50%

 Maximum Bonus per Claim
 \$250

#### **PUREVIEW HEALTH CENTER**

Deductible, Copayments and Benefit Percentage do not apply.

Medical services provided by the PureView Health Center may be available at no charge to the Covered Person. Such services are a benefit of this Plan, but not subject to any limitations or exclusions of this Plan applicable to other benefits. Please contact PureView Health Center or Lewis & Clark County Human Resources Department for further information. Dental services provided by PureView Health Center are not included and will be payable under the Dental Benefits of this Plan.

WELLNESS PROGRAM	REDUCED NETWORK DEDUCTIBLE	REDUCED NETWORK OOPM MAXIMUM
1 of the 5 wellness criteria is met	\$380	\$3,400
2 of the 5 wellness criteria are met	\$360	\$3,300
3 of the 5 wellness criteria are met	\$340	\$3,200
4 of the 5 wellness criteria are met	\$320	\$3,100
5 of the 5 wellness criteria are met	\$300	\$3,000

Participants will receive \$20 for each wellness criteria met, up to a maximum of \$100 reduction in the Network Deductible.

Participants will receive \$100 for each wellness criteria met, up to a maximum of \$500 reduction in the Network Out-of-Pocket Maximum (OOPM).

Reduction in Network Deductible or Out-of-Pocket Maximum will be determined by the Wellness Coordinator. Any questions or concerns should be directed to the Wellness Coordinator.

	BENEFIT PERCENTAGE		
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK	
ACCIDENTAL INJURY BENEFIT 100%, Dedu		ctible Waived	
Benefit Limits: Maximum Benefit per Accident / \$500			
Benefit limits are for services received from Network	and Non-Network Prov	riders.	
ACUPUNCTURE TREATMENT	70% after Deductible	50% after Deductible	
Benefit Limits: Maximum Benefit per Benefit Period / \$500  Benefit limits are for services received from Network and Non-Network Providers.			
ALCOHOLISM AND/OR CHEMICAL DEPENDENCY	70% after Deductible	50% after Deductible	
AMBULANCE SERVICES	•		
Air Ambulance	70% after Netv	vork Deductible	
Ground Ambulance	70% after Deductible	50% after Deductible	
AMBULATORY SURGICAL CENTER	70% after Deductible	50% after Deductible	
BIRTHING CENTER	70% after Deductible	50% after Deductible	
CHIROPRACTIC CARE	70% after Deductible	50% after Deductible	
Benefit Limits:  Maximum number of Treatments / 35  Maximum Benefit per Treatment / \$25  Maximum Benefit per Diagnostic X-rays per Benefit Period / \$100  Benefit limits are for services received from Network and Non-Network Providers.			
Benefit limits are for services received from Network		50% after Deductible	
Benefit limits are for services received from Network  COLONOSCOPY BENEFIT  Routine Preventive or Diagnostic	100%, Deductible Waived	30% after Deductible	

Non-Network charges for Preventive Care in excess of \$300 Maximum Benefit per Benefit Period will be paid subject to the applicable Deductible, Benefit Percentage and Out-of-Pocket Maximum.

# Benefit limits are for services received from Network and Non-Network Providers.

COVID-19 VACCINE	100%, Deductible	100%, Deductible
	Waived	Waived

	BENEFIT PERCENTAGE		
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK	
DIABETES EDUCATION BENEFIT 50%, Deductible Waived			
Benefit Limits: Maximum Benefit per Benefit Period / \$400  Benefit limits are for services received from Network and Non-Network Providers.			
DIAGNOSTIC X-RAY & LABORATORY	70% after Deductible	50% after Deductible	
DIALYSIS TREATMENTS - OUTPATIENT	70% after Deductible	50% after Deductible	

Benefit Limits: Maximum Benefit per dialysis session\* / \$550 or MEE as applicable

Benefit limits are for services received from Network and Non-Network Providers.

\*Dialysis session includes charges for the dialysis, use of facility, professional fees and any and all drugs provided during the administration of a single course of dialysis.

MEE applies if the \$550 benefit payment will result in a balance due to the Covered Person except for Deductible and Out-of-Pocket expenses provided the Covered Person has taken all actions available to prevent a balance due.

DURABLE MEDICAL EQUIPMENT & SUPPLIES	70% after Deductible	50% after Deductible
HEARING AID AND EXAMINATION BENEFIT	100% after Network Deductible	

Benefit Limits: Maximum Benefit during any 3 Benefit Periods / \$5,000

Benefit limits are for services received from Network and Non-Network Providers.

HOME HEALTH	70% after Deductible	50% after Deductible
HOSPICE CARE	70% after Deductible	50% after Deductible
HOSPITAL SERVICES	70% after Deductible	50% after Deductible
JOINT REPLACEMENT BENEFIT		
Premier Joint Replacement Provider	100% after Deductible	Not Applicable

Premier Joint Replacement Provider Benefit applies only to non-complicated scheduled knee and hip replacement procedures performed only at a Premier Joint Replacement Provider.

"Premier Joint Replacement Provider" means a provider contracted with the Plan Supervisor to accept a single specified fee for all services related to knee or hip joint replacement from the date of the Hospital admission to the date of discharge.

This is a bundled service offered by some hospitals in Montana. The fees for this service are generally less than fees from other providers for the same services. Please contact Allegiance for further information about specific Hospitals and prices.

ſ	Non-Premier Joint Replacement Provider	70% after Deductible	50% after Deductible

	BENEFIT PERCENTAGE	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
MAMMOGRAM BENEFIT  Routine Preventive or Diagnostic	100%, Deductible Waived	50% after Deductible
MENTAL ILLNESS	70% after Deductible	50% after Deductible
NATUROPATH TREATMENT	70% after Deductible	50% after Deductible
ORGAN AND TISSUE TRANSPLANT SERVICES	70% after Deductible	50% after Deductible

# Benefit Limits: Maximum Benefit per Procedure:

Allogenic Stem Cell (related)	
Autologous Stem Cell	
Stem Cell Other         \$230,	
Heart	
Heart Lung	000
Intestine	000
Kidney \$95,	
Kidney Pancreas	000
Liver	000
Lung	000
Pancreas	000
Solid Other	000
Other Eligible Transplant or Replacement Procedure	

Benefit limits are for services received from Non-Network Providers. For Network Providers, payment will be made pursuant to the provider contract.

Benefit limits apply to all expenses in connection with any eligible organ or tissue transplant procedure as stated in Medical Benefits section under Organ and Tissue Transplant Services.

Services subject to the benefit limits include, but are not limited to: evaluation; pre-transplant, transplant and post-transplant care (not including Outpatient immunosuppressant drugs); organ donor search, procurement and retrieval; complications related to the procedure and follow-up care for services received during the 12-month period from the date of transplant. Charges for services incurred after such 12-month period are eligible under the Medical Benefits of this Plan and do not accrue toward the Transplant benefit limits.

Amounts exceeding the maximum case rate at contracted Center of Excellence (also known as outliers) will be eligible for reimbursement under Medical Benefits. Excess charges at non-contracted facilities will not be eligible for reimbursement.

PHYSICIAN OFFICE VISIT	70% after Deductible	50% after Deductible
PREGNANCY & MATERNITY	70% after Deductible	50% after Deductible

See Preventive Care Benefit for well-women prenatal visits.

	BENEFIT PERCENTAGE	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
PREVENTIVE CARE BENEFIT	100%, Deductible Waived	100%, Deductible Waived

#### Covered Services:

- ♦ Well-Child Care
- ♦ Physical examinations
- Pelvic examination and pap smear
- Laboratory and testing
- Hearing and vision screening
- ♦ Mammogram
- Prostate cancer screening Prostate-specific Antigen (PSA) or Digital Rectal Examination (DRE)
- Cardiovascular screening blood tests
- Colorectal cancer screening tests
- ♦ Vaccinations and Immunizations recommended by Physician
- ♦ BRCA1 and BRCA2 when medically indicated
- Nutritional counseling
- ♦ Well Women Preventive Care subject to Plan limitations on sterilization procedures

Complete list of recommended preventive services can be viewed at: https://www.healthcare.gov/coverage/preventive-care-benefits/.

Non-Network charges for Preventive Care in excess of \$300 Maximum Benefit per Benefit Period will be paid subject to the applicable Deductible, Benefit Percentage and Out-of-Pocket Maximum, except Colonoscopy and Mammogram. See Colonoscopy and Mammogram scheduled benefits for specific cost sharing information.

If any diagnostic x-rays, labs or other tests or procedures are ordered or provided in connection with any of the Preventive Care covered services, those tests or procedures will not be covered as Preventive Care and will be subject to the cost sharing that applies to those specific services.

REHABILITATION SERVICES	70% after Deductible	50% after Deductible
Rehabilitation Services includes Physical Therapy, Speech Therapy (See Medical Benefits for criteria), and Occupational Therapy.		
RESIDENTIAL TREATMENT FACILITY	70% after Deductible	50% after Deductible
SKILLED NURSING FACILITY	70% after Deductible	50% after Deductible
STERILIZATION PROCEDURES		
Female Sterilization Procedures	100%, Deductible Waived	100%, Deductible Waived
Vasectomy (Employee and spouse only)	70% after Deductible	50% after Deductible

Non-Network charges for Preventive Care in excess of \$300 Maximum Benefit per Benefit Period will be paid subject to the applicable Deductible, Benefit Percentage and Out-of-Pocket Maximum.

Benefit limits are for services received from Network and Non-Network Providers.

	BENEFIT PERCENTAGE	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
SURGICAL IMPLANT AND/OR DEVICES AND RELATED SUPPLIES	70% after Deductible	50% after Deductible
Benefit Limits: Maximum Benefit per Implant for the following:  Orthopedic Implants . \$40,000 Cardiac Implants (except for LVAD and RVAD). \$60,000 Cochlear Implants . \$85,000 LVAD / RVAD Implants . \$200,000  Maximums apply to any implantable device and all supplies associated with that implantable device. Benefit limits are for services received from Non-Network Providers. For Network Providers, payment will be made pursuant to the provider contract.		
SURGICAL PROCEDURES	70% after Deductible	50% after Deductible
TELEMEDICINE		
Recuro Health Consultations	100%, Deductible Waived	Not Applicable
For further details, please consult <u>www.recurohealth.com</u> or call (855) 6RECURO.		
Telemedicine other than Recuro Health	70% after Deductible	50% after Deductible
Consultations		

# SCHEDULE OF MEDICAL BENEFITS - HDHP OPTION FOR ELIGIBLE PARTICIPANTS AND DEPENDENTS

ALL BENEFITS PAYABLE UNDER THIS PLAN ARE SUBJECT TO THE APPLICABLE PLAN EXCLUSIONS AND MAXIMUM ELIGIBLE EXPENSE (MEE)

# THE BENEFIT PERIOD IS A TWELVE MONTH PERIOD COMMENCING ON JULY 1 AND ENDING ON JUNE 30 OF EACH YEAR

COST SHARING PROVISIONS	NETWORK	NON-NETWORK
DEDUCTIBLE (Embedded; Combined with Pharmacy) Per Covered Person per Benefit Period Per Family per Benefit Period	\$5,000 \$10,000	\$5,000 \$10,000
r er i anni per benent r enou	Ψ10,000	\$10,000
The Deductible (combined with Pharmacy) applies unless specific	cally indicated as wa	ived.
Network and Non-Network Deductibles are completely separate a	and do not cross acc	umulate.
BENEFIT PERCENTAGE	100%	50%
Benefit Percentage applies after Deductible is satisfied and applies stated otherwise.	to all Eligible Expens	es unless specifically
OUT-OF-POCKET MAXIMUM (Embedded; Combined with Pharmacy) Per Covered Person per Benefit Period Per Family per Benefit Period	\$5,000 \$10,000	\$100,000 N/A
Out-of-Pocket Maximum includes the Deductible (combined with Pharmacy) and Eligible Expenses in excess of the Benefit Percentage. Benefits are payable at 100% after satisfaction of the Out-of-Pocket Maximum (combined with Pharmacy) for the remainder of the Benefit Period, unless specifically stated otherwise.  Network and Non-Network Out-of-Pocket Maximums are completely separate and do not cross accumulate.		
MAXIMUM BENEFIT PER BENEFIT PERIOD FOR ALL CAUSES	No	one
MAXIMUM LIFETIME BENEFIT FOR ALL CAUSES	None	
PRE-CERTIFICATION/PRE-TREATMENT REVIEW	•	
Pre-certification or Pre-treatment Review by the Plan is strongly r	ecommended for cer	tain services. If Pre

certification or Pre-treatment Review is not obtained, the charge could be denied if the service, treatment or supply is not found to be Medically Necessary or found to be otherwise excluded by the Plan when the claim

is submitted. See Hospital Admission Certification and Pre-Treatment Review for further details.

#### **MEDICAL EXPENSE AUDIT BONUS**

# PUREVIEW HEALTH CENTER

Medical services provided by the PureView Health Center may be available to the Covered Person. Such services are a benefit of this Plan, but not subject to any limitations or exclusions of this Plan applicable to other benefits. Please contact PureView Health Center or Lewis & Clark County Human Resources Department for further information. Dental services provided by PureView Health Center are not included and will be payable under the Dental Benefits of this Plan.

	BENEFIT PERCENTAGE/COPAYMENT	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
ACUPUNCTURE TREATMENT	100% after Deductible	50% after Deductible
Benefit Limits: Maximum Benefit per Benefit Period / \$500. Benefit limits are for services received from Network and Non-Network Providers.		
ALCOHOLISM AND/OR CHEMICAL DEPENDENCY	100% after Deductible	50% after Deductible
AMBULANCE SERVICES		
Air Ambulance	100% after Network Deductible	
Ground Ambulance	100% after Deductible	50% after Deductible
AMBULANCE SERVICES	100% after Deductible	50% after Deductible
AMBULATORY SURGICAL CENTER	100% after Deductible	50% after Deductible
BIRTHING CENTER	100% after Deductible	50% after Deductible
CHIROPRACTIC CARE	100% after Deductible	50% after Deductible

# Benefit Limits:

Maximum number of Treatments / **35** Maximum Benefit per Treatment / **\$25** 

Maximum Benefit per Diagnostic X-rays per Benefit Period / \$100

# Benefit limits are for services received from Network and Non-Network Providers.

COLONOSCOPY BENEFIT - ROUTINE	100%, Deductible Waived	50% after Deductible
COLONOSCOPY BENEFIT - DIAGNOSTIC	100% after Deductible	50% after Deductible
CONTRACEPTIVES  Administered during Office Visit Including Contraceptive Management	100%, Deductible Waived	100%, Deductible Waived

See Pharmacy Benefit for details if obtained from a Pharmacy.

Non-Network charges for Preventive Care in excess of \$300 Maximum Benefit per Benefit Period will be paid subject to the applicable Deductible, Benefit Percentage and Out-of-Pocket Maximum.

# Benefit limits are for services received from Network and Non-Network Providers.

COVID-19 VACCINE	100%, Deductible	100%, Deductible
	Waived	Waived

	BENEFIT PERCENTAGE/COPAYMENT	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
DIABETES EDUCATION BENEFIT	50% after Deducible	

Benefit Limits: Maximum Benefit per Benefit Period / \$400

Benefit limits are for services received from Network and Non-Network Providers.

DIAGNOSTIC X-RAY & LABORATORY	100% after Deductible	50% after Deductible
DIALYSIS TREATMENTS - OUTPATIENT	100% after Deductible	50% after Deductible

Benefit Limits: Maximum Benefit per dialysis session\* / \$550 or MEE as applicable

Benefit limits are for services received from Network and Non-Network Providers.

\*Dialysis session includes charges for the dialysis, use of facility, professional fees and any and all drugs provided during the administration of a single course of dialysis.

MEE applies if the \$550 benefit payment will result in a balance due to the Covered Person except for Deductible and Out-of-Pocket expenses provided the Covered Person has taken all actions available to prevent a balance due.

DURABLE MEDICAL EQUIPMENT & SUPPLIES	100% after Deductible	50% after Deductible
HEARING AID AND EXAMINATION BENEFIT	100% after Netv	vork Deductible

Benefit Limits: Maximum Benefit during any 3 Benefit Periods / \$5,000.

#### Benefit limits are for services received from Network and Non-Network Providers.

HOME HEALTH	100% after Deductible	50% after Deductible
HOSPICE CARE	100% after Deductible	50% after Deductible
HOSPITAL SERVICES	100% after Deductible	50% after Deductible
JOINT REPLACEMENT BENEFIT		
Premier Joint Replacement Provider	100% after Deductible	Not Applicable

Premier Joint Replacement Provider Benefit applies only to non-complicated scheduled knee and hip replacement procedures performed only at a Premier Joint Replacement Provider.

"Premier Joint Replacement Provider" means a provider contracted with the Plan Supervisor to accept a single specified fee for all services related to knee or hip joint replacement from the date of the Hospital admission to the date of discharge.

This is a bundled service offered by some hospitals in Montana. The fees for this service are generally less than fees from other providers for the same services. Please contact Allegiance for further information about specific Hospitals and prices.

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	BENEFIT PERCENTAGE/COPAYMENT	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
MAMMOGRAM BENEFIT - ROUTINE	100%, Deductible Waived	50% after Deductible
MAMMOGRAM BENEFIT - DIAGNOSTIC	100% after Deductible	50% after Deductible
MENTAL ILLNESS	100% after Deductible	50% after Deductible
NATUROPATH TREATMENT	100% after Deductible	50% after Deductible
ORGAN AND TISSUE TRANSPLANT SERVICES	100% after Deductible	50% after Deductible

# Benefit Limits: Maximum Benefit per Procedure:

Allogenic Stem Cell (related)	\$250,000
Allogenic Stem Cell (unrelated)	\$340,000
Autologous Stem Cell	\$140,000
Stem Cell Other	\$230,000
Heart	
Heart Lung	
Intestine	
Kidney	
Kidney Pancreas	
Liver	
Lung	
Pancreas	
Solid Other	
Other Eligible Transplant or Replacement Procedure	. \$75,000

Benefit limits are for services received from Non-Network Providers. For Network Providers, payment will be made pursuant to the provider contract.

Benefit limits apply to all expenses in connection with any eligible organ or tissue transplant procedure as stated in Medical Benefits section under Organ and Tissue Transplant Services.

Services subject to the benefit limits include, but are not limited to: evaluation; pre-transplant, transplant and post-transplant care (not including Outpatient immunosuppressant drugs); organ donor search, procurement and retrieval; complications related to the procedure and follow-up care for services received during the 12-month period from the date of transplant. Charges for services incurred after such 12-month period are eligible under the Medical Benefits of this Plan and do not accrue toward the Transplant benefit limits.

Amounts exceeding the maximum case rate at contracted Center of Excellence (also known as outliers) will be eligible for reimbursement under Medical Benefits. Excess charges at non-contracted facilities will not be eligible for reimbursement.

PHYSICIAN OFFICE VISIT	100% after Deductible	50% after Deductible
PREGNANCY & MATERNITY	100% after Deductible	50% after Deductible

See Preventive Care Benefit for well-women prenatal visits.

	BENEFIT PERCENTAGE/COPAYMENT	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
PREVENTIVE CARE BENEFIT	100%, Deductible Waived	100%, Deductible Waived

#### Covered Services:

- ♦ Well-Child Care
- ♦ Physical examinations
- Pelvic examination and pap smear
- Laboratory and testing
- Hearing and vision screening
- ♦ Mammogram
- ♦ Prostate cancer screening Prostate-specific Antigen (PSA) or Digital Rectal Examination (DRE)
- Cardiovascular screening blood tests
- Colorectal cancer screening tests
- ♦ Vaccinations and Immunizations recommended by Physician
- ♦ BRCA1 and BRCA2 when medically indicated
- Nutritional counseling
- Well Women Preventive Care subject to Plan limitations on sterilization procedures

Complete list of recommended preventive services can be viewed at: https://www.healthcare.gov/coverage/preventive-care-benefits/.

Non-Network charges for Preventive Care in excess of \$300 Maximum Benefit per Benefit Period will be paid subject to the applicable Deductible, Benefit Percentage and Out-of-Pocket Maximum, except Colonoscopy and Mammogram. See Colonoscopy and Mammogram scheduled benefits for specific cost sharing information.

If any diagnostic x-rays, labs or other tests or procedures are ordered or provided in connection with any of the Preventive Care covered services, those tests or procedures will not be covered as Preventive Care and will be subject to the cost sharing that applies to those specific services.

REHABILITATION SERVICES	100% after Deductible	50% after Deductible
Rehabilitation Services includes Physical Therapy, Speech Therapy (See Medical Benefits for criteria), and Occupational Therapy.		
RESIDENTIAL TREATMENT FACILITY	100% after Deductible	50% after Deductible
SKILLED NURSING FACILITY	100% after Deductible	50% after Deductible
STERILIZATION PROCEDURES		
Female Sterilization Procedures	100%, Deductible Waived	100%, Deductible Waived
Vasectomy (Employee and spouse only)	100% after Deductible	50% after Deductible

Non-Network charges for Preventive Care in excess of \$300 Maximum Benefit per Benefit Period will be paid subject to the applicable Deductible, Benefit Percentage and Out-of-Pocket Maximum.

	BENEFIT PERCENTAGE/COPAYMENT	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
SURGICAL IMPLANT AND/OR DEVICES AND RELATED SUPPLIES	100% after Deductible	50% after Deductible
Benefit Limits: Maximum Benefit per Implant for the followorthopedic Implants	s associated with that imp	
SURGICAL PROCEDURES	100% after Deductible	50% after Deductible
TELEMEDICINE		
Recuro Health Consultations	100% after Deductible	Not Applicable
For further details, please consult www.recurohealth.con	or call (855) 6RECURC	).
Telemedicine other than Recuro Health Consultations	100% after Deductible	50% after Deductible
URGENT CARE FACILITY	100% after Deductible	50% after Deductible

# SCHEDULE OF DENTAL BENEFITS FOR ELIGIBLE GROUPS OF PARTICIPANTS

ALL BENEFITS PAYABLE UNDER THIS PLAN ARE SUBJECT TO THE APPLICABLE TERMS, LIMITATIONS AND EXCLUSIONS AND THE USUAL, CUSTOMARY AND REASONABLE LIMITS OF THE PLAN

# THE BENEFIT PERIOD IS A TWELVE MONTH PERIOD COMMENCING ON JULY 1 AND ENDING ON JUNE 30 OF EACH YEAR

# **DEDUCTIBLE**

ļ	Deductible per Covered Person per Benefit Period
DENTAL	L EXPENSES
	Type A Expenses  Deductible Applies, Benefit Percentage
	Type B Expenses Deductible Applies, Benefit Percentage50%
I	Orthodontic Treatment For Covered Dependent Children less than nineteen (19) years of age only. Deductible Applies, Benefit Percentage
MAXIMU	JM BENEFITS
	Type A and B Expenses per Benefit Period\$2,000 Orthodontic Treatment Maximum Lifetime Benefit\$2,500

# SCHEDULE OF VISION BENEFITS FOR ELIGIBLE PARTICIPANTS AND DEPENDENTS

# THE BENEFIT PERIOD IS A TWELVE MONTH PERIOD COMMENCING ON JULY 1 AND ENDING ON JUNE 30 OF EACH YEAR

# **VISION EXAMINATION**

Applicable for spectacle lenses and contacts Exam limited to one per Benefit Period

#### **EYEWEAR MATERIALS**

Copayment per purchase of any eyewear material	\$25
Spectacle lenses limited to once per Benefit Period up to	\$150
Frames per two Benefit Periods up to	\$150

The Plan will pay for the purchase of eyewear materials after a \$25 Copayment up to the allowances stated above.

# **CONTACT LENSES**

EITHER CONTACT LENSES OR SPECTACLE LENSES, BUT NOT BOTH, ARE ELIGIBLE DURING ANY BENEFIT PERIOD.

#### **PHARMACY BENEFIT**

Prescription drug charges are payable only through the Plan's Pharmacy Benefit Manager (PBM) program, which program is sponsored in conjunction with and is an integral part of this Plan. The PBM will provide separate information for details regarding Network pharmacies, Preferred Brand prescriptions and Specialty Drugs upon enrollment for coverage under this Plan. Additional information regarding the Prescription Drug Benefits is also available at: www.navitus.com or by calling (855) 673-6504.

The Benefit Period is a twelve (12) month period commencing on July 1 and ending on June 30 of each succeeding year.

#### COST SHARING PROVISIONS - TRADITIONAL OPTION

#### Pharmacy Deductible per Benefit Period

Per Covered Person	\$200
Per Family	\$400

Pharmacy Deductible applies to all prescription drug charges payable through the Plan's PBM, unless specifically indicated as waived. After satisfaction of the Pharmacy Deductible, Pharmacy Copayments apply as stated in this section.

# Pharmacy Out-of-Pocket Maximum per Benefit Period

Per Covered Person	\$3,100
Per Family	\$6,200

Pharmacy Out-of-Pocket Maximum includes the Pharmacy Deductible and any applicable Pharmacy Copayments. Pharmacy Copayments do not serve to satisfy the Medical Benefits Deductible or Out-of-Pocket Maximum. Pharmacy Benefits are payable at 100% after satisfaction of the Pharmacy Out-of-Pocket Maximum for the remainder of the Benefit Period.

Copayment per Prescription				
Drug Type	Retail PBM Network	Member Submit PBM Network	Mail Order	Specialty Drug
Tier 1 - Preferred generics and some lower cost brand products	20%	20%	20%	20%
Tier 2 - Preferred brand and some high cost non-preferred generics	20%	20%	20%	20%
Tier 3 - Non-preferred products (may include some high cost non-preferred generics)	40%	40%	40%	40%

For Member Submit PBM Network prescriptions: The PBM will reimburse the contract cost of the prescription drug, less the applicable Copayment per Prescription. Contract cost is the PBM's discounted cost of the prescription drug.

# **Copayment per Prescription**

The following are payable at 100% and are not subject to any Deductible or Copayment:

- 1. Prescribed generic contraceptives or brand if generic is unavailable, and available only if Tier 1 or Tier 2 drug type:
- 2. Smoking cessation products prescribed by a Physician or Licensed Health Care Provider;
- 3. Over-the-counter (OTC) medications only when prescribed by a Physician or Licensed Health Care Provider, and only if listed as an A or B recommendation as a Preventive Service covered under the Affordable Care Act which can be viewed at:
- https://www.healthcare.gov/coverage/preventive-care-benefits/; and
- Vaccines.

# **COST SHARING PROVISIONS - HDHP OPTION**

# Deductible (combined with Medical Benefits) per Benefit Period

Per Covered Person	. \$5,000
Family Coverage Deductible	\$10,000

The Deductible (combined with Medical Benefits) applies unless specifically indicated as waived.

# Out-of-Pocket Maximum (combined with Medical Benefits) per Benefit Period

Per Covered Person	\$5,00	00
Per Family		00

Out-of-Pocket Maximum (combined with Medical Benefits) includes the Deductible (combined with Medical Benefits). Pharmacy Benefits are payable at 100% after satisfaction of the Deductible and Out-of-Pocket Maximum (combined with Medical Benefits) for the remainder of the Benefit Period.

The following are payable at 100% and are not subject to any Deductible:

- 1. Prescribed generic contraceptives or brand if generic is unavailable, and available only if Tier 1 or Tier 2 drug type;
- 2. Smoking cessation products prescribed by a Physician or Licensed Health Care Provider;
- 3. Over-the-counter (OTC) medications only when prescribed by a Physician or Licensed Health Care Provider, and only if listed as an A or B recommendation as a Preventive Service covered under the Affordable Care Act which can be viewed at:
  - https://www.healthcare.gov/coverage/preventive-care-benefits/; and
- 4. Vaccines.

**Generics Preferred - Physician Choice (DAW2):** If the Physician does not prescribe Dispense as Written (DAW), and there is a generic alternative for the prescription drug, and the Covered Person chooses a brand name instead, the Covered Person must pay the difference in cost between the generic and brand name medication plus the applicable brand Copayment amount.

# **COVERAGE**

Coverage for prescription drugs will include only those drugs requiring a written prescription of a Physician or Licensed Health Care Provider, if within the scope of practice of the Licensed Health Care Provider, and that are Medically Necessary for the treatment of an Illness or Injury.

Coverage also includes prescription drugs or supplies that require a written prescription of a Physician or Licensed Health Care Provider, if within the scope of practice of the Licensed Health Care Provider, as follows:

- 1. Self-administered contraceptives, injectable contraceptives and over-the-counter FDA approved female contraceptives with a written prescription by a Physician or Licensed Health Care Provider. Contraceptive Management and contraceptive devices are covered under the Preventive Care Benefit of this Plan.
- 2. Diabetic supplies including: insulin, syringes, needles, swabs, blood glucose monitors and kits, blood test strips, blood glucose calibration solutions, urine tests, lancets and lancet devices.
  - Blood glucose monitors and kits are also eligible for coverage under the Medical Benefits, subject to all provisions and limitations of this Plan.
- 3. Legend vitamins that require a written prescription.
- 4. Legend fluoride products (oral only): Dental or pediatric.
- 5. Smoking deterrents prescribed by a Physician or Licensed Health Care Provider and only if covered under the Affordable Care Act which can be viewed at: https://www.healthcare.gov/coverage/preventive-care-benefits/.
- 6. Over-the-counter (OTC) medications only when prescribed by a Physician or Licensed Health Care Provider, and only if listed as an A or B recommendation as a Preventive Service covered under the Affordable Care Act which can be viewed at:

  https://www.healthcare.gov/coverage/preventive-care-benefits/.
- 7. Compounded pharmaceuticals. Prior authorization required for compounded pharmaceuticals exceeding \$200.
- 8. Vaccines.

### SERVICE OPTIONS

**PBM Network Prescriptions:** Available only through a retail pharmacy that is part of the PBM Network. The pharmacy will bill the Plan directly for that part of the prescription cost that exceeds the Copayment (Copayment amount must be paid to pharmacy at time of purchase). **The prescription identification card is required for this option.** 

Member Submit Prescriptions: Available only through a pharmacy that is part of the PBM Network or the prescription identification card is not used at a PBM Network pharmacy. Prescriptions must be paid for at the point of purchase and the prescription drug receipt must be submitted to the PBM, along with a reimbursement form (Direct Reimbursement). The PBM will reimburse the contract cost of the prescription drug, less the applicable Copayment per Prescription. Contract cost is the PBM's discounted cost of the prescription drug.

Mail Order Prescriptions: Available only through a licensed pharmacy that is part of the PBM Network which fills prescriptions and delivers them to Covered Persons through the United States Postal Service, United Parcel Service or other delivery service. The pharmacy will bill the Plan directly for prescription costs that exceed the Copayment.

Specialty Drugs: These medications are generic or non-generic drugs classified by the Plan and listed by the PBM as Specialty Drugs and require special handling (e.g., most injectable drugs other than insulin). Specialty drugs must be obtained from a preferred specialty pharmacy. Only the first prescription can be obtained at a network retail pharmacy (requires override call to the PBM's Customer Care department). All subsequent refills must be obtained through a preferred specialty pharmacy. A list of specialty drugs and preferred specialty pharmacies may be obtained from the PBM or Plan Supervisor.

#### DRUG OPTIONS

**Tier 1** - Preferred generics and some lower cost brand products: Drugs and supplies listed as Tier 1 by the PBM Program as stated in a written list provided to Covered Persons and updated from time to time.

**Tier 2** - Preferred brand and some high cost non-preferred generics: Drugs and supplies listed as Tier 2 by the PBM Program as stated in a written list provided to Covered Persons and updated from time to time.

**Tier 3** - Non-preferred products (may include some high cost non-preferred generics): Drugs and supplies listed as Tier 3 by the PBM Program as stated in a written list provided to Covered Persons and updated from time to time.

### **COPAYMENT - TRADITIONAL OPTION**

"Copayment" means a dollar amount fixed as either a percentage or a specific dollar amount per prescription payable to the pharmacy at the time of service. Copayments are specifically stated in this section. Copayments are not payable by the Plan and do not serve to satisfy the Medical Benefits Deductible or Out-of-Pocket Maximum. Pharmacy Copayments do serve to satisfy the applicable Pharmacy Deductible and Out-of-Pocket Maximum, and after satisfaction of the Pharmacy Out-of-Pocket Maximum, Copayments will no longer apply for the remainder of the Benefit Period.

#### PRIMARY COVERAGE UNDER ANOTHER PLAN

If primary coverage exists under another plan, including Medicare Part D, charges for prescription drugs must be submitted to the primary carrier first. Once this Plan receives a copy of the drug receipt or explanation of benefits showing the total charges and amounts paid for eligible prescription drugs from the primary carrier, if applicable, this Plan will reimburse the Participant for the remainder of Maximum Eligible Expenses, subject to the applicable Cost Sharing Provisions as stated above.

When primary coverage exists under another Plan, including Medicare Part D, charges for prescription drugs may be reimbursed by the Plan as specifically stated in this section, subject to the following conditions:

- 1. The prescription drug receipt and explanation of benefits from primary carrier (if applicable) is submitted to the PBM.
- 2. The pharmacy indicates either generic or brand on the prescription drug receipt.
- 3. The primary coverage information has been previously submitted to the Plan.

Charges for prescription drugs are not eligible if the above conditions are not met.

In order to receive reimbursement when all of the above conditions are met, the drug receipt must be submitted to the PBM.

# SUPPLY LIMITS

Supply is limited up to 90 days for PBM Network, Member Submit, and Mail Order Prescriptions.

Prescription drug refills are not allowed until 75% of the prescribed day supply is used for retail prescriptions, or 70% of the prescribed day supply is used for mail order prescriptions.

The amount of certain medications are limited to promote safe, clinically appropriate drug usage. Any additional prescribed supply exceeding any clinically appropriate limits will be reviewed for Medical Necessity. A current list of applicable quantity limits can be obtained by contacting the PBM at the number listed on the Participant's identification card.

# STEP THERAPY PROGRAM

A protocol that requires the member to try a preferred formulary medication before approving a more expensive preferred product or non-preferred product. A current list of drugs that require Prior Authorization can be obtained by contacting the PBM at the number listed on the Participant's identification card.

# **COPAY MAX PROGRAM** (Traditional Option Only)

This Plan works with the Copay Max Program to obtain Copayment assistance for certain drugs that have manufacturer-funded Copayment assistance programs available.

Under the Copay Max Program, if the drug has Copayment assistance available, the amount the Covered Person pays for select medications may be set to the maximum of the current benefit design, \$0, or the amount determined by the manufacture-funded Copayment assistance programs. To take advantage of this pricing, the Covered Person will be required to remain enrolled in Navitus' program for obtaining manufacture assistance, including Copayment assistance. Amounts paid by manufacturers on the Covered Person's behalf (along with other payments from manufactures, such as manufacturer coupons) will not count toward any Deductible and/or Out-of-Pocket Maximum. Only those payments made directly by the Covered Person will count toward any applicable Deductible and/or Out-of-Pocket Maximum. Once manufacturer-funded Copayment assistance is exhausted, the amount the Covered Person will pay will be no more than the maximum of the current benefit design. If a specialty drug does not qualify or is removed from the program, the Covered Person's Copayment will default to the formulary's current tiered Copayment/coinsurance.

# **PRIOR AUTHORIZATION**

Certain drugs require approval before the drug can be dispensed. A current list of drugs that require Prior Authorization can be obtained by contacting the PBM at the number listed on the Participant's identification card.

#### **EXCLUSIONS**

Prescription drugs or supplies in the following categories are specifically excluded:

- 1. Cosmetic only indications including, but not limited to: photo-aged skin products (Renova), hair growth or hair removal agents (Propecia, Vaniqa), depigmentation products used for skin conditions requiring a bleaching agent and injectable Cosmetics (Botox Cosmetic).
- 2. Dermatology: agents used in the treatment of acne for Covered Persons thirty-five (35) years or older, unless Prior Authorization has been obtained.
- 3. Legend homeopathic drugs.
- 4. Fertility agents; oral, vaginal and injectable.

- 5. Erectile dysfunction.
- 6. Weight management.
- 7. Allergen injectables.\*
- 8. Serums and toxoids.
- 9. Legend vitamins and legend fluoride products, except as specifically covered.
- 10. Over-the-counter equivalents and non-legend medications (OTC) except as covered.
- 11. Durable Medical Equipment.\*
- 12. Experimental or Investigational drugs.
- 13. Abortifacient drugs.
- 14. COVID-19 home tests.

<sup>\*</sup>Eligible for coverage under the Medical Benefits, subject to all provisions and limitations of this Plan.

#### MEDICAL BENEFIT DETERMINATION REQUIREMENTS

# **ELIGIBLE EXPENSES**

Services, treatments or supplies listed under Medical Benefits are Eligible Expenses if they meet all of the following requirements:

- 1. They are administered, ordered or provided by a Physician or other eligible Licensed Health Care Provider; and
- 2. They are Medically Necessary for the diagnosis and treatment of an Illness or Injury or they are specifically included as an Eligible Expense even if not Medically Necessary; and
- 3. Charges for the services, treatments or supplies do not exceed the Maximum Eligible Expense limits of the Plan; and
- 4. They are not excluded under any provision or section of this Plan.

Treatments, services or supplies excluded by this Plan may be reimbursable if such charges are approved by the Plan Administrator prior to beginning such treatment. Prior approval is limited to medically accepted non-experimental or investigational treatments, services, or supplies, which, in the opinion of the Plan Administrator, are more cost effective than a covered treatment, service or supply for the same Illness or Injury, and which benefit the Covered Person.

#### **DEDUCTIBLE**

The Deductible is stated in the Schedule of Medical Benefits and applies to Eligible Expenses Incurred during each Benefit Period, unless specifically waived, but it applies only once for each Covered Person within a Benefit Period. Also, if members of a Family have satisfied individual Deductible amounts that collectively equal the Deductible per Family, as stated in the Schedule of Medical Benefits, during the same Benefit Period, no further Deductible will apply to any member of that Family during that Benefit Period. An individual Covered Person cannot receive credit toward the Family Deductible for more than the Individual Deductible as stated in the Schedule of Medical Benefits.

#### BENEFIT PERCENTAGE

Eligible Expenses Incurred by a Covered Person will be paid by the Plan according to the applicable Benefit Percentage stated in the Schedule of Medical Benefits. The Plan will pay the percentage of the Maximum Eligible Expense indicated as the Benefit Percentage.

### **OUT-OF-POCKET MAXIMUM**

The Out-of-Pocket Maximum, per Covered Person or Family, whichever is applicable, is stated in the Schedule of Medical Benefits and includes amounts applied toward the Deductible and amounts in excess of the Benefit Percentage paid by the Plan. Eligible Expenses Incurred in a single Benefit Period after satisfaction of the Out-of-Pocket Maximum per Covered Person or per Family, whichever is applicable, will be paid at 100% of the Maximum Eligible Expense for the remainder of the Benefit Period. An individual Covered Person cannot receive credit toward the Family Out-of-Pocket Maximum for more than the Individual Out-of-Pocket Maximum as stated in the Schedule of Medical Benefits.

### **MAXIMUM BENEFIT**

The amount payable by the Plan will not exceed any Maximum Benefit or Maximum Lifetime Benefit as stated in the Schedule of Medical Benefits, for any reason.

# **DEDUCTIBLE CARRYOVER PROVISION**

Eligible Expenses Incurred for Medical Benefits during the last three months of a Benefit Period which are applied to the Deductible will be "carried over" and applied against the Deductible applicable in the following Benefit Period. This provision does not apply to the HDHP Option.

# COMMON ACCIDENT PROVISION

If a Family incurs Eligible Expenses from the same accident, only one Deductible will be applied to that Family in the Benefit Period in which the accident occurred. This provision does not apply to the HDHP Option.

# APPLICATION OF DEDUCTIBLE AND ORDER OF BENEFIT PAYMENT

Deductibles will be applied to Eligible Expenses in the chronological order in which they are adjudicated by the Plan. Eligible Expenses will be paid by the Plan in the chronological order in which they are adjudicated by the Plan. The manner in which the Deductible is applied and Eligible Expenses are paid by the Plan will be conclusive and binding on all Covered Persons and their assignees.

#### CHANGES IN COVERAGE CLASSIFICATION

A change in coverage that decreases a benefit of this Plan will become effective on the stated effective date of such change with regard to all Covered Persons to whom it applies.

# **MEDICAL BENEFITS**

Pre-certification or Pre-treatment Review by the Plan is strongly recommended for certain services. If Pre-certification or Pre-treatment Review is not obtained, the charge could be denied if the service, treatment or supply is not found to be Medically Necessary or found to be otherwise excluded by the Plan when the claim is submitted. See Hospital Admission Certification and Pre-Treatment Review for further details.

The following Medical Benefits are payable as stated in the Schedule of Medical Benefits subject to any benefit maximums specifically stated in the Schedule and all terms and conditions of this Plan.

- 1. Charges made by a Hospital for:
  - A. Daily Room and Board and general nursing services, or confinement in an Intensive Care Unit.
  - B. Medically Necessary Hospital Miscellaneous Expenses other than Room and Board furnished by the Hospital, including Inpatient miscellaneous service and supplies, Outpatient Hospital treatments for chronic conditions and emergency room use for an Emergency, Physical Therapy treatments, hemodialysis, and x-ray.
  - C. Nursery neonatal units, general nursing services, including Hospital Miscellaneous Expenses for services and supplies, Physical Therapy, hemodialysis and x-ray and linear therapy, care or treatment of Injury or Illness, congenital defects, birth abnormalities or premature delivery incurred by a Newborn Dependent.
  - D. Therapy which has been prescribed by a speech pathologist or Physician and includes a written treatment plan with estimated length of time for therapy. **Treatment rendered for stuttering or for behavioral or learning disorders is excluded.**
- 2. Charges made by an Ambulatory Surgical Center when treatment has been rendered.
- 3. Charges made by an Urgent Care Facility when treatment has been rendered.
- 4. Charges for services and supplies furnished by a Birthing Center.
- 5. Coverage includes charges made by a Skilled Nursing Facility for the following services and supplies furnished by the facility during the convalescent confinement. Only charges in connection with convalescence from the Illness or Injury for which the Covered Person was Hospital-confined will be eligible for benefits. These expenses include:
  - A. Room and Board, including any charges made by the facility as a condition of occupancy, or on a regular daily or weekly basis such as general nursing services.
  - B. Medical services customarily provided by the Skilled Nursing Facility, with the exception of private duty or special nursing services and Physicians' fees.
  - C. Drugs, biologicals, solutions, dressings and casts, furnished for use during the convalescent confinement, but no other supplies.

- 6. Charges made by a Hospice within any one Hospice Benefit Period for:
  - A. Room and Board, including any charges made by the facility as a condition of occupancy, or on a regular daily or weekly basis such as general nursing services.
  - B. Nursing care by a Registered Nurse (RN), a Licensed Practical Nurse (LPN), a Licensed Vocational Nurse (LVN), a public health nurse who is under the direct supervision of a Registered Nurse.
  - Physical Therapy and Speech Therapy, when rendered by a licensed therapist.
  - D. Medical supplies, including drugs and biologicals and the use of medical appliances.
  - E. Physician's services.
  - F. Services, supplies, and treatments deemed Medically Necessary and ordered by a licensed Physician.
- 7. Charges for the services of a legally qualified Physician or Licensed Health Care Provider for medical care and/or treatments, including office, home visits, Hospital Inpatient care, Hospital Outpatient visits/exams, clinic care, and surgical opinion consultations.
- 8. Charges for drugs intended for use in a Physicians' office or settings other than home use that are billed during the course of an evaluation or management encounter.
- 9. Charges for Pregnancy, including charges for prenatal care, childbirth, miscarriage, and any medical complications arising out of or resulting from Pregnancy.
- 10. Charges for Surgical Procedures.

For Non-Network Providers, when two or more Surgical Procedures occur during the same operative session, charges will be considered as follows:

- A. When multiple or bilateral Surgical Procedures are performed that increase the time and amount of patient care, 100% of the Maximum Eligible Expense will be considered for the Major Procedure; and 50% of the Maximum Eligible Expense will be considered for each of the lesser procedures, except for contracted or negotiated services. Contracted or negotiated services will be reimbursed at the contracted or negotiated rate.
- B. When an incidental procedure is performed through the same incision, only the Maximum Eligible Expense for the Major Procedure will be considered. Examples of incidental procedures are: excision of a scar, appendectomy at the time of other abdominal surgery, lysis of adhesions, etc.

When an assistant surgeon is required to render technical assistance during a Surgical Procedure, the charges for such services will be limited to 20% of the primary surgeon's Maximum Eligible Expense for the Surgical Procedure. When an operating room Physician Assistant is required to render technical assistance during an operation, charges for such services will be limited to 10% of the surgeon's Maximum Eligible Expense for the Surgical Procedure.

For Network Providers, payment will be made pursuant to the provider contract.

11. Charges for Registered Nurses (RNs), Licensed Practical Nurses (LPNs) or Licensed Vocational Nurses (LVNs) for private duty nursing.

12. Coverage includes charges for home and Outpatient infusion services ordered by a Physician and provided by a Home and Outpatient Infusion Therapy Organization licensed and approved within the state in which the services are provided. Home and Outpatient infusion therapy services include the preparation, administration, or furnishing of parenteral medications, or parenteral or enteral nutritional services to a Covered Person by a Home and Outpatient Infusion Therapy Organization. Services also include education for the Covered Person, the Covered Person's care giver, or a family member. Home and Outpatient infusion therapy services include pharmacy, supplies, equipment and skilled nursing services when billed by a Home and Outpatient Infusion Therapy Organization.

# Skilled nursing services billed by a Home Health Care Agency are covered under the Home Health Care Benefit.

A "Home and Outpatient Infusion Therapy Organization" is a health care facility that provides home and Outpatient infusion therapy services and skilled nursing services.

- 13. Charges for Physical Therapy or Occupational Therapy, when ordered by a Physician, in a home setting or at a facility or institution whose primary purpose is to provide medical care for an Illness or Injury.
- 14. Charges made by a legally qualified speech therapist for Speech Therapy, also called speech pathology, and audio diagnostic testing services for diagnosis and treatment of speech and language disorders. The Plan will provide benefits for Speech Therapy when all of the following criteria are met:
  - A. There is a documented condition or delay in development that can be expected to improve with therapy within a reasonable time.
  - B. Treatment is rendered for a condition that is the direct result of a diagnosed neurological, muscular, or structural abnormality affecting the organs of speech.
  - C. Therapy has been prescribed by the speech language pathologist or Physician and includes a written treatment plan with estimated length of time for therapy, along with a statement certifying all above conditions are met.

# Charges for Speech Therapy are not covered under the following conditions:

- D. Treatment when improvement would normally be expected to occur without intervention.
- E. Treatment is rendered for stuttering.
- F. Treatment is rendered for behavioral or learning disorders.
- 15. Charges for Ambulance Service to the nearest facility where Emergency care or treatment can be rendered; or from one facility to another for care.
- 16. Charges for drugs requiring the written prescription of a Physician or a Licensed Health Care Provider and Medically Necessary for the treatment of an Illness or Injury. Coverage also includes prescription contraceptive drugs not available through the Pharmacy Benefit regardless of Medical Necessity and FDA approved over-the-counter female contraceptives prescribed by a Physician or Licensed Health Care Provider. Conditions of coverage for Outpatient prescription drugs and supplies available through the Pharmacy Benefit are as stated in the Schedule of Medical Benefits and Pharmacy Benefit sections of the Plan.
- 17. Charges for x-rays, CAT scans, MRIs, microscopic tests, and laboratory tests.
- 18. Charges for radiation therapy or treatment and chemotherapy.

- 19. Charges for blood transfusions, blood processing costs, blood transport charges, blood handling charges, administration charges, and the cost of blood, plasma and blood derivatives. Any credit allowable for replacement of blood plasma by donor or blood insurance will be deducted from the total Maximum Eligible Expenses.
- 20. Charges for oxygen and other gases and their administration.
- 21. Charges for electrocardiograms, electroencephalograms, pneumoencephalograms, basal metabolism tests, or similar well-established diagnostic tests generally accepted by Physicians throughout the United States.
- 22. Charges for the cost and administration of an anesthetic.
- 23. Charges by a Physician or Licensed Health Care Provider for dressings, sutures, casts, splints, trusses, crutches, braces, adhesive tape, bandages, antiseptics or other Medically Necessary medical supplies, except for dental braces or corrective shoes, which are specifically excluded.
  - Diabetic supplies are eligible for coverage as stated under the Pharmacy Benefit of this Plan.
  - Blood glucose monitors and kits are eligible for coverage under the Medical Benefits and Pharmacy Benefit, subject to all provisions and limitations of this Plan.
- 24. Charges for the rental of, up to the purchase price, a wheelchair, Hospital bed, respirator or other Durable Medical Equipment, as defined by this Plan, required for therapeutic use, or the purchase of this equipment if economically justified, whichever is less. If there is a known medical reason to rent rather than purchase Durable Medical Equipment, then rental is allowed up to the purchase price.
- 25. Charges for Orthopedic Appliances, artificial limbs, eyes or larynx or other Prosthetic Appliances.
- 26. Charges for the replacement or repair of Durable Medical Equipment, Orthopedic Appliances, artificial limbs, eyes, larynx or other Prosthetic Appliances.
- 27. Charges for voluntary vasectomy for Employee and Dependent spouse only. Charges for sterilization procedures for females are covered under the Preventive Care Benefit.
- 28. Charges in connection with non-Experimental or non-Investigational organ or tissue transplant procedures, subject to the following conditions:
  - A. A second opinion is recommended prior to undergoing any transplant procedure. This second opinion should concur with the attending Physician's findings regarding the Medical Necessity of such procedure. The Physician rendering this second opinion must be qualified to render such a service either through experience, specialist training or education, or such similar criteria, and must not be affiliated in any way with the Physician who will be performing the actual surgery.
  - B. If the donor is covered under this Plan, Expenses Incurred by the donor will be considered for benefits to the extent that such expenses are not payable by the recipient's plan.
  - C. If the recipient is covered under this Plan, Expenses Incurred by the recipient will be considered for benefits. Expenses Incurred by the donor, who is not ordinarily covered under this Plan according to eligibility requirements, will be considered Eligible Expenses to the extent that such expenses are not payable by the donor's plan. In no event will benefits be payable in excess of the applicable benefit limits still available to the recipient.

- D. If both the donor and the recipient are covered under this Plan, Expenses Incurred by each person will be treated separately for each person.
- E. The Maximum Eligible Expense cost of securing an organ from a cadaver or tissue bank, including the surgeon's charge for removal of the organ and a Hospital's charge for storage or transportation of the organ, will be considered an Eligible Expense.
- 29. Reasonable charges for producing medical records only if incurred for the purpose of utilization review, audits or investigating a claim for benefits if requested and approved by the Plan. Charges that exceed limits for such charges imposed by applicable law will not be deemed to be reasonable.
- 30. Charges for Contraceptive Management, regardless of Medical Necessity. "Contraceptive Management" means Physician fees related to a prescription contraceptive device, obtaining a prescription for contraceptives, purchasing, fitting, injecting, implantation, placement or removal of any contraceptive device. Injectable contraceptives are covered under the Medical Benefits and the Pharmacy Benefit of this Plan.
- 31. Charges are payable as specifically stated and limited in the Schedule of Medical Benefits for naturopathic care. Coverage under this benefit includes charges for services, treatment or methods performed or ordered by a licensed Naturopath (ND), including acupuncture, in conjunction with treatment and diagnosis of an Injury or medically recognized Illness for which the Naturopath is duly licensed. Charges for routine services rendered by a Naturopath may be considered under the Preventive Care Benefit. Charges are not eligible for herbal, vitamins, minerals or any other remedies readily obtainable that do not require a prescription, useful to a person in the absence of an Injury or Illness or which may be used for wellness or health maintenance.
- 32. Charges for services of a licensed Acupuncturist up to the limit stated in the Schedule of Benefits.
- 33. Charges for Routine Patient Costs for a Phase I Approved Clinical Trial for Qualified Individuals.

Routine Patient Costs include but are limited to Medically Necessary services which a Covered Person with the identical diagnosis and current condition would receive even in the absence of participating in an Approved Clinical Trial.

Routine Patient Costs do not include any investigational item, device, or service that is part of the Approved Clinical Trial; an item or service provided solely to satisfy data collection and analysis needs for the trial if the item or service is not used in the direct clinical management of the patient; a service that is clearly inconsistent with widely accepted and established standards of care for the individual's diagnosis; or an item or service customarily provided and paid for by the sponsor of an Approved Clinical Trial.

"Approved Clinical Trial" means a Phase I clinical trial that is conducted in relation to the prevention, detection, or treatment of an acutely life-threatening disease state and is not designed exclusively to test toxicity or disease pathophysiology. The Approved Clinical Trial must be:

- A. Conducted under an investigational new drug application reviewed by the United States Food and Drug Administration;
- B. Exempt from obtaining an investigational new drug application; or
- C. Approved or funded by:
  - The National Institutes of Health, the Centers for Disease Control and Prevention, the Agency for Healthcare Research and Quality, Centers for Medicare and Medicaid Services, or a cooperative group or center of any of the entities described above;

- A cooperative group or center of the United States Department of Defense or the United States Department of Veterans Affairs;
- A qualified non-governmental research entity identified in the guidelines issued by the National Institutes of Health for center support groups; or
- The United States Departments of Veterans Affairs, Defense, or Energy if the study or investigation has been reviewed and approved through a system of peer review determined by the United States Secretary of Health and Human Services to:
  - a) Be comparable to the system of peer review of studies and investigations used by the National Institutes of Health; and
  - b) Provide unbiased scientific review by individuals who have no interest in the outcome of the review.

A "Qualified Individual" is a Covered Person who is eligible to participate in an Approved Clinical Trial according to the trial protocol with respect to the treatment of an acutely life-threatening disease state and either (i) the referring health care professional is a participating health care provider and has concluded that the individual's participation in such trial would be appropriate, or (ii) the Covered Person provides medical and scientific information establishing that the individual's participation in such trial would be appropriate.

34. Charges for the initial purchase of eyeglasses, contact lenses or an intraocular lens following a Medically Necessary surgical procedure to the eye, cataract surgery or for aphakic patients, soft lenses or sclera shells intended for use as corneal bandages.

# ALCOHOLISM AND/OR CHEMICAL DEPENDENCY

Charges are payable as specifically stated and limited in the Schedule of Medical Benefits. Coverage under this benefit includes the following services:

- 1. Physician or Licensed Health Care Provider charges for diagnosis and Medically Necessary treatment including, but not limited to, group therapy.
- 2. Charges for well-established medically accepted diagnostic testing generally accepted by Physicians in the United States.
- 3. Charges for Inpatient or Partial Hospitalization, for Medically Necessary treatment, for the same services as are covered for hospitalization for physical Illness or Injury by this Plan.
- 4. Charges for Medically Necessary treatment, including aftercare, at an Alcoholism and/or Chemical Dependency Treatment Facility.

# CHIROPRACTIC CARE

#### Benefit maximums apply as stated in the Schedule of Medical Benefits.

Coverage under this benefit includes charges for Chiropractic Treatment by a legally qualified chiropractor practicing within the scope of his or her license. Services include office visits, spinal adjustments and radiology for diagnosis, evaluation and treatment planning for musculoskeletal conditions.

Services are excluded for Emergency care, Preventive Care, maintenance care of a stable condition without symptomatic complaints and radiology for therapeutic purposes.

# **DIABETES EDUCATION BENEFIT**

# Benefit limits apply as stated in the Schedule of Medical Benefits.

Coverage under this benefit includes charges for prescribed Outpatient self-management training and education for treatment of diabetes. Any education must be provided by a licensed health care professional with expertise in diabetes. A family member who will be the primary care giver may attend the training on behalf of the Covered Person with diabetes.

## **DIALYSIS TREATMENTS - OUTPATIENT**

# Benefit limits apply as stated in the Schedule of Medical Benefits.

Coverage under this benefit includes charges for services and supplies related to renal dialysis done on an Outpatient basis.

In order to avoid or reduce liability for amounts not covered by the Plan, a Covered Person who is diagnosed with End Stage Renal Disease (ESRD) should immediately follow these steps:

- 1. Notify Plan Administrator when diagnosed with ESRD by the attending Physician.
- 2. Notify Plan Administrator if or when beginning dialysis treatments.
- 3. Enroll in Medicare Parts A and B and use a provider that accepts Medicare patients to prevent the Covered Person from being billed for amounts in excess of the benefit amounts stated above.
- 4. Failure to use a provider that accepts Medicare patients may result in significant costs to the Covered Person for fees that will not be covered by the Plan.
- 5. Medicare Part A or Part B will be considered a plan for the purposes of coordination of benefits. This Plan will coordinate benefits with Medicare whether or not the Covered Person is actually receiving Medicare Benefits. This means that the Plan will only pay the amount that Medicare would not have covered, even if the Covered Person does not elect to be covered under Medicare.

Pre-treatment Review is strongly recommended for Outpatient Renal Dialysis. Failure to obtain Pre-treatment Review may result in significant out-of-pocket expenses not covered by the Plan.

## GENDER IDENTITY DISORDER/GENDER DYSPHORIA SERVICES

Coverage includes charges for Medically Necessary surgical and non-surgical treatment such as:

- 1. Psychotherapy;
- 2. Continuous hormone replacement therapy and corresponding testing to monitor the safety; and
- 3. Surgical treatment.

Expenses for treatment of Gender Identity Disorder are covered to the same extent as would be covered if the same covered service was rendered for another medical condition. Treatment is subject to all Plan provisions including applicable Deductibles, Copayments and Benefit Percentage.

Certain services are excluded from coverage under the Medical Benefits Exclusion section of the Plan. It is important to review those exclusions. Pre-treatment Review is strongly recommended for treatment of Gender Identity/Gender Dysphoria. Failure to obtain Pre-treatment Review may result in significant out-of-pocket expenses not covered by the Plan.

## HEARING AIDS AND EXAMINATION

# Benefit maximums apply as stated in the Schedule of Medical Benefits.

Coverage includes charges in connection with the fitting and purchase of hearing aids, including hearing examinations, hearing aids and related services and supplies. Services must be rendered by a licensed audiologist. **Charges for batteries are excluded.** 

Coverage also includes charges for the initial purchase of a hearing aid if the loss of hearing is a result of a surgical procedure performed while coverage is in effect.

# HOME HEALTH CARE BENEFIT

Charges made by a Home Health Care Agency for care in accordance with a Home Health Care Plan are payable as specifically stated in the Schedule of Medical Benefits. Coverage under this benefit includes the following services:

- 1. Part-time or intermittent nursing care by a Registered Nurse (RN) or by a Licensed Practical Nurse (LPN), a Licensed Vocational Nurse (LVN), or public health nurse who is under the direct supervision of a Registered Nurse;
- Home health aides;
- 3. Medical supplies, drugs and medicines prescribed by a Physician, and laboratory services provided by or on behalf of a Hospital.

# Home Health Care specifically excludes the following:

- 1. Services and supplies not included in the approved Home Health Care Plan.
- 2. Services of a person who ordinarily resides in the home of the Covered Person, or who is a Close Relative of the Covered Person who does not regularly charge the Covered Person for services.
- 3. Services of any social worker.
- 4. Transportation services.
- 5. Housekeeping services.
- Custodial Care.

# **INBORN ERRORS OF METABOLISM**

Coverage under this benefit includes charges for treatment under the supervision of Physician for inborn errors of metabolism that involve amino acid, carbohydrate and fat metabolism, and for which medically standard methods of diagnosis, treatment and monitoring exist. Benefits include expenses of diagnosing, monitoring and controlling the disorders by nutritional and medical assessment including, but not limited to, clinical services, biochemical analysis, medical supplies, prescription drugs, corrective lenses for conditions related to the inborn error of metabolism, nutritional management, and Medical Foods used in treatment to compensate for the metabolic abnormality and to maintain adequate nutritional status.

"Medical Foods" means any nutritional substances in any form that are:

1. Formulated to be consumed or administered enterally under supervision of Physician;

- 2. Specifically processed or formulated to be distinct in one or more nutrients present in natural food;
- 3. Intended for the medical and nutritional management of patients with limited capacity to metabolize ordinary foodstuffs or certain nutrients contained in ordinary foodstuffs or who have other specific nutrient requirements as established by medical evaluation; and
- 4. Essential to optimize growth, health, and metabolic homeostasis.

## **MENTAL ILLNESS**

Charges are payable as specifically stated and limited in the Schedule of Medical Benefits. Coverage under this benefit includes the following services:

- 1. Physician or Licensed Health Care Provider charges for diagnosis and Medically Necessary Psychiatric Care and treatment including, but not limited to, group therapy.
- Charges for well-established medically accepted diagnostic testing generally accepted by Physicians in the United States.
- 3. Charges for Inpatient or Partial Hospitalization, for Medically Necessary treatment, for the same services as are covered for hospitalization for physical Illness or Injury by this Plan.
- 4. Charges for Medically Necessary treatment at a Psychiatric Facility.

# **NEW YORK STATE EXPENSES**

Covered Expenses Incurred in the State of New York shall include all covered expenses provided by this Plan, provided, however, covered expenses in the State of New York shall not include any surcharge or tax imposed by the State of New York upon medical services and supplies.

# PREMIER JOINT REPLACEMENT PROVIDER BENEFIT

Coverage under this benefit applies to knee joint and hip joint replacement that is scheduled and non-complicated as defined in a contract between the Plan Supervisor and the Premier Joint Replacement Provider. This benefit does not apply to knee joint or hip joint replacement as a result of an accident or Injury for which admission to the Premier Joint Replacement Provider is emergent.

Coverage includes charges by the medical facility or Hospital, charges made by the Physician/surgeon performing the procedure, charges of an assisting surgeon or surgical assistant and anesthesiology charges.

Coverage is limited to charges incurred from the time of admission to the Premier Joint Replacement Provider's facility until the time of discharge from that facility.

Charges for complications arising during or after the surgery and charges for Outpatient treatment and services before admission to or after discharge from the facility are not covered under this benefit.

Knee or hip joint replacement procedures provided by a provider other than a Premier Joint Replacement Provider are not covered under this benefit and are subject to the applicable Deductible and Benefit Percentage requirements of this Plan.

## PREVENTIVE CARE

Coverage under this benefit includes the following routine services, subject to the following limitations:

- 1. Routine Wellness care for children and adults for the following:
  - A. Routine physical examinations by a Physician or Licensed Health Care Provider, which will include a medical history, physical examination, developmental assessment, and anticipatory guidance as directed by a Physician or Licensed Health Care Provider and associated routine testing provided or ordered at the time of the examination; and
  - B. Routine immunizations according to the schedule of immunizations which is recommended by the Advisory Committee on Immunization Practices (ACIP) that have been adopted by the Director of the Centers for Disease Control and Prevention.
- 2. Prostate Specific Antigen (PSA) test for men.
- 3. Recommended preventive services as set forth in the recommendations of the United States Preventive Services Task Force (Grade A and B rating), the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention, and the guidelines supported by the Health Resources and Services Administration. The complete list of recommendations and guidelines can be viewed at: <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.
- 4. Office visit charges only if the primary purpose of the office visit is to obtain a recommended Preventive Care service identified above.
- 5. Women's Preventive Care for the following:
  - A. Well-women annual visits for women 18 years of age and older to obtain the recommended preventive services that are age and developmentally appropriate, including preconception and prenatal care, and additional visits as medically appropriate.
  - B. Screening for gestational diabetes for pregnant women between 24 and 28 weeks of gestation and at the first prenatal visit for pregnant women identified to be at high risk for diabetes.
  - C. Human papillomavirus (HPV) DNA testing.
  - D. Annual counseling on sexually transmitted infections (STI) and human immune-deficiency virus (HIV) screening for all sexually active women.
  - E. All Food and Drug Administration approved prescription contraceptives and female over-the-counter contraceptives when prescribed by a Physician or Licensed Health Care Provider, sterilization procedures, and patient education and counseling for all women with reproductive capacity. This does not include abortifacient drugs. Self-administered contraceptives are available only through the Pharmacy Benefit as outlined in the Pharmacy Benefit section of this Plan.
  - F. Breast feeding support, supplies, and counseling, including comprehensive lactation support and counseling by a trained provider during Pregnancy and/or in the postpartum period, and costs for breast feeding equipment and related supplies.
  - G. Annual screening and counseling for interpersonal and domestic violence.

Expenses payable under this Preventive Care Benefit will not be subject to the Medical Necessity provisions of this Plan. Charges for Preventive Care that involve excessive, unnecessary or duplicate tests are specifically excluded. Charges for treatment of an active Illness or Injury are subject to the Plan provisions, limitations and exclusions and are not eligible in any manner under Preventive Care.

#### RECONSTRUCTIVE BREAST SURGERY/NON-SURGICAL AFTER CARE BENEFIT

Coverage includes charges for reconstructive breast surgery subsequent to any Medically Necessary mastectomy. Eligible Expenses are limited to charges for the following:

- 1. Reconstruction of the breast(s) upon which the mastectomy was performed, including implants;
- 2. Surgical procedures and reconstruction of the non-affected breast to produce a symmetrical appearance, including implants;
- 3. Non-surgical treatment of lymphedemas and other physical complications of mastectomy, including non-surgical prostheses and implants for producing symmetry.

Specifically excluded from this benefit are expenses for the following:

- Solely Cosmetic procedures unrelated to producing a symmetrical appearance;
- 2. Breast augmentation procedures unrelated to producing a symmetrical appearance;
- 3. Implants for the non-affected breast unrelated to producing a symmetrical appearance;
- 4. Non-surgical prostheses or any other procedure unrelated to producing a symmetrical appearance.

# RESIDENTIAL TREATMENT FACILITY

Coverage includes charges made by a Residential Treatment Facility for treatment of Mental Illness or for treatment of Alcoholism and/or Chemical Dependency, provided the Alcoholism and/or Chemical Dependency Treatment Facility and program meet ASAM level 3.3 or higher criteria. Residential care Room and Board charges are covered in lieu of Inpatient Room and Board charges provided the patient would meet criteria for an Inpatient admission.

Residential treatment is utilized to provide structure, support and reinforcement of the treatment required to reverse the course of behavioral deterioration.

## SURGICAL IMPLANT AND/OR DEVICES AND RELATED SUPPLIES

Charges for surgical implants and/or devices and related supplies are payable as specifically outlined in the Schedule of Benefits, subject to all terms and conditions of this Plan. Coverage under this benefit includes charges for implants, devices and related supplies, including fastenings, screws and all other hardware related to the device or implant.

## **EXPERIMENTAL COVERAGE**

Treatment that would otherwise be considered Experimental/Investigational will be covered only if the proposed Experimental/Investigational treatment has been reviewed by four (4) unrelated, independent board certified Physicians actively practicing within the same speciality as the attending Physician and the four (4) reviewing Physicians have unanimously agreed that:

- 1. As a result of the rarity of the disease or condition, there is no United States FDA approved regimen of treatment:
- 2. All United States FDA approved regimens of treatment have been attempted within the twelve (12) month period immediately prior to the date the proposed experimental treatment is to commence without any significant clinical improvement in the disease or condition;
- 3. The proposed course of treatment is medically indicated and is considered the standard of care in the United States for the disease or condition being treated based upon published reports and articles in the authoritative medical and scientific literature including, but not limited to, the following:
  - A. The written protocol or protocols used by the treating facility or the protocols of another facility studying substantially the same drug, treatment, device or procedure; and
  - B. The informed consent documents used by the treating facility or of another facility studying substantially the same drug, treatment, device or procedure; and
- 4. To a reasonable degree of medical certainty, there is a likelihood that the proposed treatment will clinically improve the condition being treated; and
- 5. That the patient is not considered to be terminal regardless of the treatment proposed or attempted; or
- 6. The treatment has been recognized by the National Comprehensive Cancer Network (NCCN) as the only available treatment that has demonstrated efficacy of the condition in question.

# **ACCIDENTAL INJURY BENEFIT**

# Expenses not eligible under this benefit may be considered under the Medical Benefits of this Plan.

For the Traditional Option only, Eligible Expenses Incurred under this benefit are not subject to the Deductible. Charges in connection with an Accidental Injury are payable at 100% of the Maximum Eligible Expense, up to the maximum benefit stated in the Schedule of Medical Benefits. Any portion of the charges exceeding the maximum benefit will be considered under the Medical Benefits Section of the Plan, subject to all Plan conditions, exclusions and limitations. Services and supplies must be ordered by a doctor and furnished within a ninety-day period beginning with the date the Covered Person sustained those injuries.

## **HOSPITAL ADMISSION CERTIFICATION**

The Plan strongly recommends, but does not require, for Inpatient hospital admissions that the Covered Person pre-certify the Inpatient stay or notify the Plan of an Emergency admission.

Pre-certification, Plan notification and case management are designed to:

- 1. Provide information regarding coverage before receiving treatment, services, or supplies;
- 2. Provide information about benefits regarding proposed procedures or alternate treatment plans;
- 3. Assist in determining out-of-pocket expenses and identify possible ways to reduce them;
- 4. Help avoid reductions in benefits which may occur if the services are not Medically Necessary or the setting is not appropriate; and
- 5. If appropriate, assign a case manager to work with the Covered Person and the Covered Person's providers to design a treatment plan.

A benefit determination on a claim will be rendered only after the claim has been submitted to adjudicate whether it is eligible for coverage under the terms and conditions of the Plan. If it is determined not to be eligible, the Covered Person will be responsible to pay for all charges that are determined to be ineligible.

Therefore, although not required, pre-certification and Plan notification of Emergency admissions is strongly recommended to obtain coverage information prior to incurring the charges.

## PRE-ADMISSION CERTIFICATION REVIEW

The Plan recommends that prior to admission for any non-emergency Illness or Injury, and within seventy-two (72) hours after admission for any Emergency Illness or Injury, the Covered Person or the Covered Person's attending Physician call the designated utilization management company, retained by the Plan Sponsor in connection with this Plan, for a pre-admission certification review.

To pre-certify, call the managed care company at (800) 342-6510 for pre-admission certification review.

Most certifications occur over the phone. Once a final decision is made regarding the request for certification, a notice of benefit determination will be sent to the Physician, to the Covered Person, to the Plan Supervisor and to the hospital.

NOTE: PRE-CERTIFICATION OF BENEFITS IS NOT A GUARANTEE OF PAYMENT OF THE CLAIM(S). ELIGIBILITY FOR CLAIM PAYMENTS IS DETERMINED AT THE TIME CLAIMS ARE ADJUDICATED SINCE THE AMOUNT OF BENEFIT COVERAGE, IF ANY, IS SUBJECT TO ALL PLAN PROVISIONS INCLUDING, BUT NOT LIMITED TO, MEDICAL NECESSITY, PATIENT ELIGIBILITY, DEDUCTIBLES, CO-PAYMENTS AND ANY PLAN LIMITATIONS OR MAXIMUMS IN EFFECT WHEN THE SERVICES ARE PROVIDED. PROVIDERS AND COVERED PERSONS ARE INFORMED AT THE TIME CLAIMS ARE PRE-CERTIFIED THAT PRE-CERTIFICATION OF A COURSE OF TREATMENT BY THE PLAN DOES NOT GUARANTEE PAYMENT OF CLAIMS FOR THE SAME.

## **CONTINUED STAY CERTIFICATION**

Charges for Inpatient hospital services for days in excess of any days previously certified by the utilization management company are subject to all terms, conditions and exclusions of the Plan, and should be certified by the Plan's utilization management company.

Certification for additional days should be obtained in the same manner as the pre-admission certification.

# **EMERGENCY NOTIFICATION/CERTIFICATION**

The Covered Person, or his or her representative, should notify the utilization management company for the Plan regarding any Emergency Hospital Admission within seventy-two (72) hours immediately following admission.

To notify the Plan of an emergency admission, call the managed care company at (800) 342-6510 for emergency admission certification.

## PRE-TREATMENT REVIEW

Pre-treatment Review by the Plan is strongly recommended for certain services. If Pre-treatment Review is not obtained, the charge could be denied if the service, treatment or supply is not found to be Medically Necessary or found to be otherwise excluded by the Plan when the claim is submitted.

Pre-treatment Review is the process of verifying the eligibility of services to determine if reimbursement is available under Plan provisions. Although benefits may not be available under this Plan, Pre-treatment Review is strongly recommended before incurring expenses for any Inpatient or Outpatient service, medication, supply or ongoing treatment for:

- 1. Surgeries:
  - A. Spinal fusions or any other back surgery involving implantable devices;
  - B. Reduction Mammoplasty;
  - C. Blepharoplasty;
  - D. Uvulapalato-pharyngoplasty (UPPP).
- 2. Organ or Tissue Transplants.
- 3. Infertility treatment. Not covered.
- 4. Durable Medical Equipment for costs exceeding \$5,000.
- 5. Outpatient dialysis.
- Infusion services.
- 7. Obesity treatment. **Not covered.**
- 8. Bariatric Surgery benefits. Not covered.
- 9. Cancer treatments.
- 10. Commercial or Private Automobile Transportation. Not covered.
- 11. Outpatient Rehabilitative Care (Benefits in excess of 30 visits per twelve months).
- 12. Surgery that could be considered Cosmetic under some circumstances. **Not covered.**
- 13. Any procedure or service that could possibly be considered Experimental or Investigational. **Not covered.**
- 14. Surgical treatment of TMJ. Not covered.
- 15. Home Health Care services.
- 16. Residential Treatment Facility.
- 17. Premier Joint Replacement Provider Benefit. Limits apply.
- 18. Gender Identity Disorder/Gender Dysphoria Services.

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# To obtain Pre-treatment Review from the Plan, submit the following to the Plan Supervisor at P.O. Box 3018, Missoula, MT 59806-3018:

- 1. A complete description of the procedure(s) or treatment(s) for which review is requested;
- 2. A complete diagnosis and all medical records regarding the condition that supports the requested procedure(s) or treatment(s) including, but not limited to, informed consent form(s), all lab and/or x-rays, or diagnostic studies;
- 3. An itemized statement of the cost of such procedure(s) or treatment(s) with corresponding CPT or HCPCS codes:
- 4. The attending Physician's prescription, if applicable;
- 5. A Physician's referral letter, if applicable;
- 6. A letter of Medical Necessity;
- 7. A written treatment plan; and
- 8. Any other information deemed necessary to evaluate the request for Pre-treatment Review.

Upon receipt of all required information, the Plan will provide a written response to the written request for Pretreatment Review of services.

# AIR AMBULANCE PRIOR AUTHORIZATION

This Plan requires that all facility-to-facility air ambulance services must be pre-authorized.

To notify the Plan of a proposed air ambulance transfer call SAMA (800) 342-6510 and press the prompt number for Air Ambulance prior authorization.

## **MEDICAL EXPENSE AUDIT BONUS**

The Plan offers an incentive to all Covered Persons to encourage examination and self-auditing of eligible medical bills to ensure the amounts billed by any provider accurately reflect the services and supplies received by the Covered Person. The Covered Person should review all Medical charges and verify that each itemized service has been received and that the bill does not represent either an overcharge or a charge for services never received. Participation in this self-auditing procedure is strictly voluntary; however, it is to the advantage of the Plan as well as the Covered Person to avoid unnecessary payment of health care costs.

In the event a self-audit results in elimination or reduction of charges, fifty percent (50%) of the amount eliminated or reduced will be paid directly to the Employee as a bonus (subject to a \$250 maximum payment), provided the savings are accurately documented, and satisfactory evidence of a reduction in charges is submitted to Allegiance Benefit Plan Management, Inc. (e.g. a copy of the incorrect bill and a copy of the corrected billing). The bonus shall only apply to charges which have been submitted to and paid by the Plan, and for which an erroneous charge was paid by the Plan. Erroneous charges corrected by the Plan during the claims adjudication process are not eligible for this bonus.

This self-audit is a bonus in addition to the benefits of this Plan. The Covered Person must indicate on the corrected billings "This is a claim for the Medical Expense Audit Bonus" in order to receive the bonus.

## **MEDICAL BENEFIT EXCLUSIONS**

The General Plan Exclusions and Limitations of the Plan apply to Medical Benefits in addition to the following Medical Benefit Exclusions:

- 1. Charges for routine medical examinations, routine health check-ups or preventive immunizations not necessary for the treatment of an Injury or Illness, except as specifically listed as a covered benefit.
- 2. Charges in connection with the care or treatment of, surgery performed for, or as the result of, a Cosmetic procedure. This exclusion will not apply when such treatment is rendered to correct a condition resulting from an Accidental Injury or an Illness, or when rendered to correct a congenital anomaly.
- 3. Charges for services, supplies or treatments or procedures, surgical or otherwise, not recognized as generally accepted and Medically Necessary for the diagnosis and/or treatment of an active Illness or Injury, or which are Experimental or Investigational, except as specifically stated as a covered benefit of this Plan.
- 4. Charges for abortion services in any jurisdiction where the service is illegal by the law of that jurisdiction are excluded regardless.
- 5. Charges for hospitalization when such confinement occurs primarily for physiotherapy, hydrotherapy, convalescent or rest care, or any routine physical examinations, tests or treatments not connected with the actual Illness or Injury.
- 6. Charges for Physicians' fees for any treatment which is not rendered by or in the physical presence of a Physician, except as specifically covered for Telemedicine.
- 7. Charges for Licensed Health Care Providers' fees for any treatment which is not rendered by or in the physical presence of a Licensed Health Care Provider, except as specifically covered for Telemedicine.
- 8. Charges for special duty nursing services are excluded:
  - A. Which would ordinarily be provided by the Hospital staff or its Intensive Care Unit (the Hospital benefit of the Plan pays for general nursing services by Hospital staff); or
  - B. When private duty nurse is employed solely for the convenience of the patient or the patient's Family or for services which would consist primarily of bathing, feeding, exercising, homemaking, moving the patient, giving medication or acting as a companion, sitter or when otherwise deemed not Medically Necessary as requiring skilled nursing care.
- Charges in connection with eye refractions, the purchase or fitting of eyeglasses or contact lenses.
   This exclusion will not apply to the initial purchase of eyeglasses or contact lenses following cataract surgery, except as specifically covered.
- 10. Charges for dental treatment on or to the teeth, the nerves or roots of the teeth, gingival tissue or alveolar processes; however, benefits will be payable for treatment required because of accidental bodily Injury to natural teeth. Such expenses must be Incurred within six (6) months of the date of accident, except in the event that it is medically impossible for service to be completed within that time frame because of the age of the Covered Person or because of the healing process of the Injury. This exception will not in any event be deemed to include charges for treatment for the repair or replacement of a denture.

- 11. Charges related to or in connection with fertility studies, sterility studies, procedures to restore or enhance fertility, artificial insemination, or in-vitro fertilization, or any other assisted reproductive technique.
- 12. Charges for marital counseling, family counseling, recreational counseling or milieu therapy.
- 13. Charges resulting from or in connection with the reversal of a sterilization procedure.
- 14. Charges in connection with services or supplies provided for the treatment of obesity and weight reduction, including bariatric surgery or any other related bariatric procedure.
- 15. Charges for chiropractic treatment which are not related to an actual Illness or Injury or which exceed the maximum benefit as stated in the Schedule of Medical Benefits.
- 16. Charges for holistic medical procedures or rolfing.
- 17. Charges for hair transplant procedures, wigs and artificial hairpieces, or drugs which are prescribed to promote hair growth or remove hair.
- 18. Charges for any services, care or treatment for sexual dysfunction including medications, surgery, medical, counseling or Psychiatric Care or treatment.
- 19. Charges for any surgical, medical or Hospital services and/or supplies rendered in connection with radial keratotomy, LASIK or any other procedure designed to correct farsightedness, nearsightedness or astigmatism.
- 20. Charges related to Custodial Care.
- 21. Charges for artificial organ implant procedures.
- 22. Charges for non-prescription supplies or devices, except as covered under the Preventive Care Benefit.
- 23. Charges for services of a direct-entry midwife or lay midwife or the practice of direct-entry midwifery. A direct-entry midwife is one practicing midwifery and licensed pursuant to 37-27-101 et seg, MCA.
  - "Direct-entry midwife" means a person who advises, attends, or assists a woman during Pregnancy, labor, natural childbirth, or the postpartum period and who is not a licensed Certified Nurse Midwife.
- 24. Charges for voice modification; suction assisted lipoplasty of the waist; blepharoplasty; facial reconstruction or facial feminization surgery; hair removal or other non-Medically Necessary services, care or treatment of Gender Identity Disorder or Gender Dysphoria.
- 25. Charges for treatment of Gender Identity Disorder/Gender Dysphoria when the services are for reversal of a prior gender reassignment surgery or reversal of a prior surgery to revise secondary sex characteristics.
- 26. Charges in connection with hearing aids, or such similar aid devices, except as specifically listed as a covered expense.
- 27. Charges for COVID-19 home tests.

## **DENTAL BENEFIT DETERMINATION REQUIREMENTS**

# **ELIGIBLE EXPENSES**

Services, treatments or supplies are a Covered Dental Benefit if they meet all of the following requirements:

- 1. They are administered, ordered or provided by a Dentist, Denturist, Dental Hygienist or other Licensed Health Care Provider covered by the Plan; and
- 2. They are Dentally Necessary for the diagnosis and treatment of a dental condition or dental disease unless otherwise specifically included as an Eligible Expense; and
- 3. Charges therefore do not exceed the Maximum Eligible Expense limits of the Plan. If two or more procedures are separately suitable for the correction of a specific condition, the Eligible Expense will be based upon the least expensive procedure; and
- 4. They are not excluded under any provision or section of this Plan.

## DEDUCTIBLE AND BENEFIT PERCENTAGE

The Deductible applies to Eligible Expenses Incurred during each Benefit Period, unless specifically waived, but it applies only once for each Covered Person within a Benefit Period.

Eligible Expenses Incurred by a Covered Person will be paid by the Plan according to the applicable Benefit Percentage stated in the Schedule of Dental Benefits. The Plan will pay the percentage of the Maximum Eligible Expense indicated as the Benefit Percentage.

# MAXIMUM BENEFIT PAYABLE

The Maximum Benefit per Benefit Period as specified in the Schedule of Dental Benefits is the maximum amount that may be paid by the Plan for Eligible Expenses Incurred by each individual Covered Person in each Benefit Period as indicated in the Schedule of Dental Benefits.

## **EXPENSES INCURRED**

For a dental appliance, or modification of a dental appliance, an expense is considered Incurred at the time the impression is made. For a crown, bridge or gold restoration an expense is considered Incurred at the time the tooth or teeth are prepared. For root canal therapy an expense is considered Incurred at the time the pulp chamber is opened. All other expenses are considered Incurred at the time a service is rendered or a supply furnished.

# PREDETERMINATION OF BENEFITS

Charges that are expected to exceed five hundred dollars (\$500) may be predetermined by having the Dentist complete the Predetermination of Benefits portion of the claim form and listing the procedures he/she is recommending, including an estimate of charges for the procedures and submit the claim form to the Plan Supervisor for Predetermination of Benefits payable.

Upon the Plan's receipt of the Predetermination of Benefits request, the Plan Supervisor will determine the eligibility of the Covered Person and determine the coverage available under the Plan for the recommended dental procedures. After determining the benefits payable under the Plan, the Plan Supervisor will return the claim form to the Dentist. A copy of the predetermination of benefits will also be mailed to the covered Employee, informing the Employee of the amount of benefits estimated to be covered by the Plan for the recommended dental procedures.

A PREDETERMINATION OF BENEFITS IS NOT A GUARANTEE OF PAYMENT. PAYMENT OF PLAN BENEFITS IS SUBJECT TO PLAN PROVISIONS AND ELIGIBILITY AT THE TIME SERVICES ARE PERFORMED OR CHARGES ARE INCURRED.

## **DENTAL BENEFITS**

# TYPE A EXPENSES

The following general dental expenses will be considered Type A for reimbursement purposes as stated in the Schedule of Dental Benefits:

- 1. Oral Examination (including prophylaxis--scaling and cleaning of teeth), but not more than twice in any Benefit Period.
- 2. Topical application of sodium fluoride or stannous fluoride.
- 3. Dental x-rays required in connection with the diagnosis of a specific condition requiring treatment; also other dental x-rays, but not more than one full mouth x-ray or series in any three Benefit Periods and not more than two sets of supplementary bitewing x-rays in any Benefit Period.
- 4. Space maintainers.
- Extractions.
- Oral Surgery.
- 7. Fillings.
- 8. Charges for sealants (on permanent teeth, for children to age 16).

## TYPE B EXPENSES

The following general dental expenses shall be considered Type B for reimbursement purposes:

- 1. General anesthesia when Medically Necessary and administered in connection with oral surgery or other covered dental services.
- 2. Treatment, including periodontal surgery of diseased periodontal structures for periodontal and other diseases affecting such structures.
- 3. Endodontic treatment, including root canal therapy.
- 4. Injection of antibiotic drugs.
- 5. Repair or recementing of crowns, inlays, bridgework or dentures; or relining of dentures.
- 6. Prophylaxis for periodontal treatment.
- 7. Gold fillings, inlays, onlays or crowns (including precision attachments for dentures).
- 8. Initial installation of fixed bridgework (including crowns and inlays to form abutments) to replace one or more natural teeth extracted.
- 9. Replacement of an existing partial denture or fixed bridgework by a new fixed bridgework, or the addition of teeth to an existing fixed bridgework.
- 10. Initial installation of partial or full removable dentures (including adjustments for the six (6) month period following installation) to replace one or more natural teeth extracted.

- 11 Replacement of an existing partial or full removable denture or fixed bridgework by a new partial or full removable denture, or the addition of teeth to an existing partial denture.
- 12. Nitrous Oxide when administered in connection with covered dental services.

#### ORTHODONTIC TREATMENT

For Covered Dependent Children less than nineteen (19) years of age only.

The following expenses will be considered Orthodontic treatment for reimbursement purposes and will be payable as stated in the Schedule of Dental Benefits and subject to any separate Deductible or Maximum Lifetime Benefit applicable to Orthodontic Treatment:

- 1. Treatment for a diagnosed malocclusion.
- 2. Cephalometric X-ray once in any two (2) Benefit Periods.
- 3. One set of study models per Covered Person.
- 4. Initial placement of braces or appliances, ongoing treatment adjustment, removal and follow-up related to said initial placement.
- 5. Orthodontic extractions.

If Orthodontic Treatment is stopped for any reason before it is complete, the benefit will only pay for services and supplies actually received.

## DENTAL BENEFIT LIMITATIONS

Charges for the replacement of existing dentures or removable or fixed bridgework will be considered only if the existing appliance is not serviceable and cannot be repaired.

#### DENTAL BENEFIT EXCLUSIONS

The General Plan Exclusions and Limitations of the Plan apply to Dental Benefits in addition to the following Dental Benefit Exclusions:

- 1. Charges for dental services or supplies included as covered expenses under any other insurance plan or any plan of group benefits carried or sponsored by a Participant's Employer, to the extent that the expenses have been paid by another applicable portion of this Plan or any other insurance or employee benefit plan.
- Charges for treatment which is not rendered by or in the presence of a Dentist or other Licensed Health Care Provider covered by the Plan except that cleaning or scaling of teeth and topical application of fluoride may be performed by a licensed Dental Hygienist, if the treatment is rendered under the supervision or the direction of the Dentist.
- Charges for dentures, crowns, inlays, onlays, bridgework or other appliances which are not Dentally Necessary and performed solely or primarily for Cosmetic or personal reasons, personal comfort, convenience, or beautification items, including charges for personalization or characterization of dentures.
- 4. Charges for facility, Ambulatory Surgery Center and Hospital charges, if there is no satisfactory, documented and Dentally Necessary reason, at the Plan Administrator's sole discretion, the treatment or surgery cannot be performed in the dental service provider's office.

- 5. Charges for local anesthesia administered in conjunction with covered dental services or procedures, when billed separately (unbundled) from the charge for the Covered Service or procedure.
- 6. Charges for the replacement of a lost, missing, or stolen appliance device or for an additional (spare) appliance.
- 7. Charges for any services or supplies which are for Orthodontic Treatment, including orthodontic extractions, except as specifically provided for by the Plan.
- 8. Charges for root canal therapy for which the pulp chamber was opened before the individual became a Covered Person.
- 9. Charges for oral hygiene and dietary instructions.
- 10. Charges for dental implants.
- 11. Charges for temporary dentures.
- 12. Charges for extracoronal and other periodontal splinting.
- 13. Charges in excess of the Maximum Eligible Expense amount.
- 14. Charges in connection with any operation or treatment for temporomandibular joint dysfunction (TMJ) or any related diagnosis or treatment of any nature including, but not limited to, correction of the position of the jaws in relation to each other (orthognathic surgery), realignment of the teeth or jaws, surgery for atrophy of the lower jaw, occlusion, maxillofacial surgery, or retrognathia. This includes Expenses Incurred for any appliance or prosthetic device used to replace tooth structure lost as a result of abrasion or attrition.
- 15. Charges for any services, supplies or appliances which are not specifically listed as a benefit of this Plan.
- 16. Charges for broken or missed appointments.
- 17. Charges for infection control (OSHA) fees or claim filing.
- 18. Charges for non-dental services such as training, education, instructions or educational materials, even if they are performed or provided by a dental service provider.
- 19. Charges for hypnosis, prescribed drugs, premedications or any euphoric with the exception of nitrous oxide.
- 20. Charges for biopsies or oral pathology, except as specifically provided for under Covered Dental Services.

## **VISION BENEFITS**

## **PAYMENT OF BENEFITS**

If a Covered Person, while covered for Vision Benefits, incurs charges for Covered Vision Care Services, benefits are payable as stated in the Schedule of Vision Benefits.

# **COVERED VISION CARE SERVICES**

Covered Vision Care Services are those Expenses Incurred in connection with the following Vision Care Services:

- 1. Vision Examination Vision examination by an ophthalmologist (or other Physician licensed to perform vision examinations and prescribe lenses) or optometrist to evaluate the health and visual status of the eyes.
- 2. Eyewear Materials Where the vision examination indicates that new lenses or frames or both are necessary for the proper visual health and welfare of the Covered Person, the following materials will be supplied:
  - A. Spectacle Lenses when prescribed by an ophthalmologist (or other Physician licensed to perform vision examinations and prescribe lenses) or optometrist up to the maximums stated in the Schedule of Vision Benefits.
  - B. Frames up to the maximum stated in the Schedule of Vision Benefits.
- 3. Contact Lenses Expenses Incurred for the examination, evaluation, fitting and materials for the dispensing of contact lenses will be provided, in lieu of spectacle lenses, up to the maximum stated in the Schedule of Vision Benefits.

## **EXCLUSIONS AND LIMITATIONS OF BENEFITS**

The General Plan Exclusions and Limitations of the Plan apply to Vision Benefits in addition to the following Vision Benefit Exclusions:

- 1. Charges for services or supplies for which the Covered Person is entitled to benefits under any other section of the Plan or as provided under any other section of the Plan.
- 2. Charges for sunglasses (tinted lenses with a tint other than Tints No. 1 or No. 2 are considered to be sunglasses for the purposes of this exclusion).
- 3. Charges for drugs or any other medication not administered for the purpose of a vision examination.
- 4. Charges for medical or surgical treatment of the eye.
- 5. Charges for special or unusual procedures such as, but not limited to, orthoptics, vision training, subnormal vision aids, aniseikonia lenses and tonography.
- 6. Charges for two pair of eyeglasses in lieu of bifocals.
- 7. Charges for plano (non-prescription lenses).
- 8. Charges for services rendered or ordered while not covered for Vision Benefits.

- 9. Charges for services or supplies not prescribed as necessary by a licensed Physician, optometrist or optician.
- 10. Charges for replacement of lenses or frames which are lost or broken except at the normal intervals indicated.

## **GENERAL PLAN EXCLUSIONS AND LIMITATIONS**

The following General Plan Exclusions and Limitations apply to all Expenses Incurred under this Plan:

- 1. Charges for services rendered or started, or supplies furnished prior to the effective date of coverage under the Plan, or after coverage is terminated under the Plan, except as specifically provided for in the Plan provisions.
- 2. Charges which are caused by or arising out of war or act of war, (whether declared or undeclared), civil unrest, armed invasion or aggression, or caused during service in the armed forces of any country.
- 3. Charges to the extent that the Covered Person could have obtained payment, in whole or in part, if he or she had applied for coverage or obtained treatment under any federal, state or other governmental program or in a treatment facility operated by a government agency, except where required by law, such as for cases of medical emergencies or for coverage provided by Medicaid.
- 4. Charges by the Covered Person for all services and supplies resulting from any Illness or Injury which occurs in the course of employment for wage or profit, or in the course of any volunteer work when the organization, for whom the Covered Person is volunteering, has elected or is required by law to obtain coverage for such volunteer work under state or federal workers' compensation laws or other legislation, including Employees' compensation or liability laws of the United States (collectively called "Workers' Compensation"). This exclusion applies to all such services and supplies resulting from a work-related Illness or Injury even though:
  - A. Coverage for the Covered Person under Workers' Compensation provides benefits for only a portion of the services Incurred;
  - B. The Covered Person's employer/volunteer organization has failed to obtain such coverage required by law;
  - C. The Covered Person waived his/her rights to such coverage or benefits;
  - D. The Covered Person fails to file a claim within the filing period allowed by law for such benefits;
  - E. The Covered Person fails to comply with any other provision of the law to obtain such coverage or benefits;
  - F. The Covered Person is permitted to elect not to be covered by Workers' Compensation but failed to properly make such election effective; or
  - G. The Covered Person is permitted to elect not to be covered by Workers' Compensation and has affirmatively made that election.

This exclusion will not apply to household and domestic employment, employment not in the usual course of the trade, business, profession or occupation of the Covered Person or Employee, or employment of a Dependent member of an Employee's family for whom an exemption may be claimed by the Employee under the Internal Revenue Code, or in cases in which it is legally impossible to obtain Workers' Compensation coverage for a specific Illness or Injury.

5. Charges for which the Covered Person is not, in the absence of this coverage, legally obligated to pay, or for which a charge would not ordinarily be made in the absence of this coverage.

- 6. Charges for non-prescription vitamins or nutritional supplements, except as specifically covered under the Preventive Care Benefit.
- 7. Charges for services or supplies used primarily for Cosmetic, personal comfort, convenience, beautification items, television or telephone use that are not related to treatment of a medical condition.
- 8. Charges for non-medical expenses such as training, education, instructions or educational materials, even if they are performed, provided or prescribed by a Physician.
- 9. Expenses Incurred by persons other than the person receiving treatment.
- 10. Charges in connection with services and supplies which are in excess of Maximum Eligible Expense charges.
- 11. Charges for services rendered by a Physician or Licensed Health Care Provider who is a Close Relative of the Covered Person, or resides in the same household of the Covered Person and who does not regularly charge the Covered Person for services.
- 12. Charges that are incurred outside of the United States if the Covered Person traveled to such a location for the purpose of obtaining treatment, services, drugs or supplies.
- 13. Charges for professional services on an Outpatient basis in connection with disorders of any type or cause, that can be credited towards earning a degree or furtherance of the education or training of a Covered Person regardless of the diagnosis.
- 14. Charges for services, treatment or supplies not considered legal in the United States.
- 15. Travel Expenses Incurred by any person for any reason.
- 16. Charges for services, treatments or supplies that may be useful to persons in the absence of Illness or Injury such as air conditioners, purifiers, humidifiers, special furniture, bicycles, whirlpools, dehumidifiers, exercise equipment, health club memberships, etc., whether or not they have been prescribed or recommended by a Physician.
- 17. Charges in connection with any operation or treatment for temporomandibular joint dysfunction (TMJ) or any related diagnosis or treatment of any nature including, but not limited to, correction of the position of the jaws in relation to each other (orthognathic surgery), realignment of the teeth or jaws, surgery for atrophy of the lower jaw, occlusion, maxillofacial surgery or retrognathia. This includes Expenses Incurred for any appliance or prosthetic device used to replace tooth structure lost as a result of abrasion or attrition.
- 18. Charges for preparation of reports or itemized bills in connection with Eligible Expenses, unless specifically requested and approved by the Plan.
- 19. Charges for services or supplies that are not specifically listed as a covered benefit of this Plan.
- 20. Charges for treatments, services or supplies included as covered expenses under any other insurance plan or any plan of group benefits carried or sponsored by a Participant's Employer, to the extent that the expenses have been paid by another applicable portion of this Plan or any other insurance or employee benefit plan.
- 21. Charges for incidental supplies or common first-aid supplies such as, but not limited to: adhesive tape, bandages, antiseptics, analgesics, etc., except as specifically listed as a covered benefit.
- 22. Charges for dental braces or corrective shoes.

- 23. Charges for the following treatments, services or supplies:
  - A. Charges related to or connected with treatments, services or supplies that are excluded under this Plan.
  - B. Charges that are the result of any medical complication resulting from a treatment, service or supply which is, or was at the time the charge was incurred, excluded from coverage under this Plan.
- 24. Charges for treatment, services or supplies not actually rendered to or received and used by the Covered Person.
- 25. Charges for any services, treatments or supplies Incurred in the State of New York, except for those specifically set out as an Eligible Expense of this Plan. The Plan will not pay any surcharge or tax of any nature imposed by the State of New York upon services, treatments or supplies.

## **COORDINATION OF BENEFITS**

The Coordination of Benefits provision is intended to prevent the payment of benefits which exceed Allowable Expenses. It applies when the Participant or Dependent who is covered by this Plan is or may also be covered by any other plan or plans. When more than one coverage exists, one plan normally pays its benefits in full and the other plans pay a reduced benefit. This Plan will always pay either its benefits in full or a reduced amount which, when added to the benefits payable by the other plan or plans, will not exceed 100% of Allowable Expenses. Only the amount paid by this Plan will be charged against the Plan maximums.

The Coordination of Benefits provision applies whether or not a claim is filed under the other plan or plans. If needed, authorization is hereby given this Plan to obtain information as to benefits or services available from the other plan or plans, or to recover overpayments.

All benefits contained in the Plan Document are subject to this provision.

# **DEFINITIONS**

"Allowable Expense" as used herein means:

- 1. If the claim as applied to the primary plan is subject to a contracted or negotiated rate, Allowable Expense will be equal to that contracted or negotiated amount.
- 2. If the claim as applied to the primary plan is not subject to a contracted or negotiated rate, but the claim as applied to the secondary plan is subject to a contracted or negotiated rate, the Allowable Expense will be equal to that contracted or negotiated amount of the secondary plan.
- 3. If the claim as applied to the primary plan and the secondary plan is not subject to a contracted or negotiated rate, then the Allowable Expense will be equal to the secondary plan's chosen limits for non-contracted providers.

"Plan" as used herein means any plan providing benefits or services for or by reason of medical, dental or vision treatment, and such benefits or services are provided by:

- 1. Group insurance or any other arrangement for coverage for Covered Persons in a group whether on an insured or uninsured basis including, but not limited to:
  - A. Hospital indemnity benefits; and
  - B. Hospital reimbursement-type plans which permit the Covered Person to elect indemnity at the time of claims; or
- 2. Hospital or medical service organizations on a group basis, group practice and other group prepayment plans; or
- 3. Hospital or medical service organizations on an individual basis having a provision similar in effect to this provision; or
- 4. A licensed Health Maintenance Organization (HMO); or
- 5. Any coverage for students which is sponsored by, or provided through a school or other educational institution: or
- 6. Any coverage under a governmental program, and any coverage required or provided by any statute.

"Plan" will be construed separately with respect to each policy, contract, or other arrangement for benefits or services, and separately with respect to that portion of any such policy, contract, or other arrangement which reserves the right to take the benefits or services of other plans into consideration in determining its benefits and that portion which does not.

## ORDER OF BENEFIT DETERMINATION

# 1. Non-Dependent/Dependent:

The plan that covers the person as other than a dependent, (e.g., as an employee, member, subscriber, retiree) is primary and the plan that covers the person as a dependent is secondary.

# 2. Dependent Child Covered Under More Than One Plan:

Unless there is a court decree stating otherwise, plans covering a dependent child shall determine the order of benefits as follows:

- A. For a dependent child whose parents are married or are living together, whether or not they have ever been married:
  - 1) The plan of the parent whose birthday falls earlier in the calendar year is the primary plan; or
  - 2) If both parents have the same birthday, the plan that has covered the parent the longest is the primary plan.
- B. For a dependent child whose parents are divorced or separated or are not living together, whether or not they have ever been married:
  - If a court decree states that one of the parents is responsible for the dependent child's health care expenses or health care coverage and the plan of that parent has actual knowledge of those terms, that plan is primary. If the parent with responsibility has no health care coverage for the dependent child's health care expenses, but that parent's spouse does, that parent's spouse's plan is the primary plan. This item shall not apply with respect to any plan year during which benefits are paid or provided before the entity has actual knowledge of the court decree provision;
  - 2) If a court decree states that both parents are responsible for the dependent child's health care expenses or health care coverage, the provisions of subparagraph A of this paragraph shall determine the order of benefit;
  - If a court decree states that the parents have joint custody without specifying that one parent has responsibility for the health care expenses or health care coverage of the dependent child, the provisions of subparagraph A of this paragraph shall determine the order of benefit;
  - 4) If there is no court decree allocating responsibility for the child's health care expenses or health care coverage, the order of benefits for the child are as follows:
    - a) The plan covering the custodial parent;
    - b) The plan covering the custodial parent's spouse;
    - c) The plan covering the non-custodial parent; and then
    - d) The plan covering the non-custodial parent's spouse.
- C. For a dependent child covered under more than one plan of individuals who are not the parents of the child, the order of benefits shall be determined, as applicable, under subparagraph a or b of this paragraph as if those individuals were parents of the child.

- D. For a dependent child who has coverage under either or both parents' plans and also has his or her own coverage as a dependent under a spouse's plan, the rule in paragraph 5 applies.
- E. In the event the dependent child's coverage under the spouse's plan began on the same date as the dependent child's coverage under either or both parent's plans, the order of benefits shall be determined by applying the birthday rule in subparagraph A to the dependent child's parent(s) and the dependent's spouse.

# 3. Active Employee or Retired or Laid-Off Employee

- A. The plan that covers a person as an active employee that is an employee who is neither laid-off nor retired or as a dependent of an active employee is the primary plan. The plan covering that same person as a retired or laid-off employee or as a dependent of a retired or laid-off employee is the secondary plan.
- B. If the other plan does not have this rule, and as a result, the plans do not agree on the order of benefits, this rule is ignored.
- C. This rule does not apply if the rule in paragraph 1 can determine the order of benefits.

# 4. COBRA or State Continuation Coverage:

- A. If a person whose coverage is provided pursuant to COBRA or under a right of continuation pursuant to state or other federal law is covered under another plan, the plan covering the person as an employee, member, subscriber or retiree or covering the person as a dependent of an employee, member, subscriber or retiree is the primary plan and the plan covering the same person pursuant to COBRA or under a right of continuation pursuant to state or other federal law is the secondary plan.
- B. If the other plan does not have this rule, and if, as a result, the plans do not agree on the order of benefits, this rule is ignored.
- C. This rule does not apply if the rule in paragraph 1 can determine the order of benefits.

# 5. Longer or Shorter Length of Coverage

- A. If the preceding rules do not determine the order of benefits, the plan that covered the person for the longer period of time is the primary plan and the plan that Covered Person for the shorter period of time is the secondary plan.
- B. To determine the length of time a person has been covered under a plan, two successive plans shall be treated as one if the Covered Person was eligible under the second plan within twenty-four (24) hours after coverage under the first plan ended.
- C. The start of a new plan does not include:
  - 1) A change in the amount or scope of a plan's benefits;
  - 2) A change in the entity that pays, provides or administers the plan's benefits; or
  - A change from one type of plan to another, such as, from a single employer plan to a multiple employer plan.
- D. The person's length of time covered under a plan is measured from the person's first date of coverage under that plan. If that date is not readily available for a group plan, the date the person first became a member of the group shall be used as the date from which to determine the length of time the person's coverage under the present plan has been in force.

6. If none of the preceding rules determines the order of benefits, the Allowable Expense shall be shared equally between the plans.

# **COORDINATION WITH MEDICARE**

Medicare Part A, Part B and Part D will be considered a plan for the purposes of coordination of benefits. This Plan will coordinate benefits with Medicare whether or not the Covered Person is actually receiving Medicare Benefits. This means that the plan will only pay the amount that Medicare would not have covered, even if the Covered Person does not elect to be covered under Medicare. Also, failure to enroll in Medicare Part B or Part D when a person is initially eligible may result in the person being assessed a significant surcharge by Medicare for late enrollment in Part B or Part D.

# 1. For Working Aged

A covered Employee who is eligible for Medicare Part A, Part B or Part D as a result of age may be covered under this Plan and be covered under Medicare, in which case this Plan will pay primary. A covered Employee, eligible for Medicare Part A, Part B or Part D as a result of age, may elect not to be covered under this Plan. If such election is made, coverage under this Plan will terminate.

A covered Dependent, eligible for Medicare Part A, Part B or Part D as a result of age, of a covered Employee may also be covered under this Plan and be covered under Medicare, in which case the Plan again will pay primary. A covered Dependent, eligible for Medicare Part A, Part B or Part D as a result of age, may elect not to be covered under this Plan. If such election is made, coverage under this Plan will terminate.

## 2. For Retired Persons

Medicare is primary and the Plan will be secondary for the covered Retiree if he/she is an individual who is enrolled in Medicare Part A, Part B or Part D as a result of age or disability and retired.

Medicare is primary and the Plan will be secondary for the covered Retiree's Dependent who is enrolled in Medicare Part A, B or D if both the covered Retiree and his/her covered Dependent are enrolled in Medicare Part A, Part B or Part D as a result of age or disability and retired.

Medicare is primary for the Retiree's Dependent when the Retiree is not enrolled for Medicare Part A, Part B or Part D as a result of age and the Retiree's Dependent is enrolled in Medicare Part A, Part B or Part D as a result of age or disability.

#### 3. For Covered Persons who are Disabled

For plans with fewer than 100 employees, Medicare is primary and the Plan will be secondary for the covered Employee or any covered Dependent who is eligible for Medicare by reason of disability.

For plans with 100 employees or more, the Plan is primary and Medicare will be secondary for the covered Employee or any covered Dependent who is eligible for Medicare by reason of disability, if the Employee is actively employed by the Employer.

For plans with 100 employees or more, the Plan is secondary and Medicare will be primary for the covered Employee or any covered Dependent who is eligible for Medicare by reason of disability if the Employee is retired or otherwise not actively working for the Employer.

# 4. For Covered Persons with End Stage Renal Disease

Except as stated below\*, for Employees or Retirees and their or Dependents, if Medicare eligibility is due solely to End Stage Renal Disease (ESRD), this Plan will be primary only during the first thirty (30) months of Medicare coverage. Thereafter, this Plan will be secondary with respect to Medicare coverage, unless after the thirty-month period described above, the Covered Person has no dialysis for a period of twelve (12) consecutive months and:

- A. Then resumes dialysis, at which time the Plan will again become primary for a period of thirty (30) months; or
- B. The Covered Person undergoes a kidney transplant, at which time the Plan will again become primary for a period of thirty (30) months.

\*If a Covered Person is covered by Medicare as a result of disability, and Medicare is primary for that reason on the date the Covered Person becomes eligible for Medicare as a result of End Stage Renal Disease, Medicare will continue to be primary and the Plan will be secondary.

# **COORDINATION WITH MEDICAID**

If a Covered Person is also entitled to and covered by Medicaid, the Plan will always be primary and Medicaid will always be secondary coverage.

# **COORDINATION WITH TRICARE/CHAMPVA**

If a Covered Person is also entitled to and covered under TRICARE/CHAMPVA, the Plan will always be primary and TRICARE/CHAMPVA will always be secondary coverage. TRICARE coverage will include programs established under its authority, known as TRICARE Standard, TRICARE Extra and TRICARE Prime.

If the Covered Person is eligible for Medicare and entitled to veterans benefits through the Department of Veterans Affairs (VA), the Plan will always be primary and the VA will always be secondary for non-service connected medical claims. For these claims, the Plan will make payment to the VA as though the Plan was making payment secondary to Medicare.

## PROCEDURES FOR CLAIMING BENEFITS

Claims must be submitted to the Plan within twelve (12) months after the date services or treatments are received or completed. Non-electronic claims may be submitted on any approved claim form, available from the provider. The claim must be completed in full with all the requested information. A complete claim must include the following information:

- Date of service:
- Name of the Participant;
- Name and date of birth of the patient receiving the treatment or service and his/her relationship to the Participant;
- Diagnosis [code] of the condition being treated;
- Treatment or service [code] performed;
- Amount charged by the provider for the treatment or service; and
- Sufficient documentation, in the sole determination of the Plan Administrator, to support the Medical Necessity of the treatment or service being provided and sufficient to enable the Plan Supervisor to adjudicate the claim pursuant to the terms and conditions of the Plan.

When completed, the claim must be sent to the Plan Supervisor, Allegiance Benefit Plan Management, Inc., at P.O. Box 3018, Missoula, Montana 59806-3018, (406) 721-2222 or (800) 877-1122 or through any electronic claims submission system or clearinghouse to which Allegiance Benefit Plan Management, Inc. has access.

A claim will not, under any circumstances, be considered for payment of benefits if initially submitted to the Plan more than twelve (12) months from the date that services were incurred.

Upon termination of the Plan, final claims must be received within three (3) months of the date of termination, unless otherwise established by the Plan Administrator.

## CLAIMS WILL NOT BE DEEMED SUBMITTED UNTIL RECEIVED BY THE PLAN SUPERVISOR.

The Plan will have the right, in its sole discretion and at its own expense, to require a claimant to undergo a medical examination, when and as often as may be reasonable, and to require the claimant to submit, or cause to be submitted, any and all medical and other relevant records it deems necessary to properly adjudicate the claim.

## CLAIM DECISIONS ON CLAIMS AND ELIGIBILITY

Claims will be considered for payment according to the Plan's terms and conditions, industry-standard claims processing guidelines and administrative practices not inconsistent with the terms of the Plan. The Plan may, when appropriate or when required by law, consult with relevant health care professionals and access professional industry resources in making decisions about claims that involve specialized medical knowledge or judgment. Initial eligibility and claims decisions will be made within the time periods stated below. For purposes of this section, "Covered Person" will include the claimant and the claimant's Authorized Representative; however, "Covered Person" does <u>not</u> include a health care provider or other assignee, and said health care provider or assignee does not have an independent right to appeal an Adverse Benefit Determination simply by virtue of the assignment of benefits.

"Authorized Representative" means a representative authorized by the claimant to act on their behalf in pursuing a benefit claim or appeal of an Adverse Benefit Determination. The claimant must authorize the representative in writing, and this written authorization must be provided to the Plan. The Plan will recognize this Authorized Representative when the Plan receives the written authorization.

INFORMATION REGARDING URGENT CARE CLAIMS IS PROVIDED UNDER THE DISCLOSURE REQUIREMENTS OF APPLICABLE LAW; THE PLAN DOES NOT MAKE TREATMENT DECISIONS. ANY DECISION TO RECEIVE TREATMENT MUST BE MADE BETWEEN THE PATIENT AND HIS OR HER HEALTHCARE PROVIDER; HOWEVER, THE PLAN WILL ONLY PAY BENEFITS ACCORDING TO THE TERMS, CONDITIONS, LIMITATIONS AND EXCLUSIONS OF THIS PLAN.

- Urgent Care Claims An Urgent Care Claim is any claim for medical care or treatment with respect to which:
  - A. In the judgment of a prudent layperson possessing an average knowledge of health and medicine could seriously jeopardize the life or health of the claimant or the ability of the claimant to regain maximum function; or
  - B. In the opinion of a Physician with knowledge of the claimant's medical condition, would subject the claimant to severe pain that cannot be adequately managed without the care or treatment that is the subject of the claim.

There are no Urgent Care requirements under this Plan and therefore, there are no rights to appeal a pre-service Urgent Care Claim denial.

- 2. Pre-Service Claims Pre-Service Claims must be submitted to the Plan before the Covered Person receives medical treatment or service. A Pre-Service Claim is any claim for a medical benefit which the Plan terms condition the Covered Person's receipt of the benefit, in whole or in part, on approval of the benefit before obtaining treatment. Pre-Service Claims are procedures stated in the Plan Document which, the Plan recommends be utilized before a Covered Person obtains medical care.
- 3. **Post-Service Claims** A Post-Service Claim is any claim for a medical benefit under the Plan with respect to which the terms of the Plan do <u>not</u> condition the Covered Person's receipt of the benefit, or any part thereof, on approval of the benefit prior to obtaining medical care, and for which medical treatment has been obtained prior to submission of the claim(s).
  - In most cases, initial claims decisions on Post-Service Claims will be made within thirty (30) days of the Plan's receipt of the claim. The Plan will provide timely notice of the initial determination once sufficient information is received to make an initial determination, but no later than thirty (30) days after receiving the claim.
- 4. **Concurrent Care Review** For patients who face early termination or reduction of benefits for a course of treatment previously certified by the Plan, a decision by the Plan to reduce or terminate benefits for ongoing care is considered an Adverse Benefit Determination. (Note: Exhaustion of the Plan's benefit maximums is not an Adverse Benefit Determination). The Plan will notify the Covered Person sufficiently in advance to allow an appeal for uninterrupted continuing care before the benefit is reduced or terminated. Any request to extend an Urgent Care course of treatment beyond the initially prescribed period of time must be decided within twenty-four (24) hours of the Plan's receipt of the request. The appeal for ongoing care or treatment must be made to the Plan at least twenty-four (24) hours prior to the expiration of the initially-prescribed period.
- 5. Claims for Payment Disputes for Non-Network Emergency Air Ambulance, Emergency Use of an Emergency Room and Non-Network Physicians and Licensed Health Care Providers While Providing Services Over Which the Covered Person Has No Control For providers in this category, the Plan will pay an amount equal to the Median network fee for the same service in the same geographic area. Once payment is made by the Plan, the provider will have thirty (30) days from the date of payment to contact the Plan Supervisor and attempt to negotiate a different payment amount. Failure to contact the Plan Supervisor within such thirty (30) days will result in the amount paid by the Plan being considered payment in full for all purposes. If negotiations are attempted within thirty (30) days but cannot be resolved within that time, the provider may follow the applicable federal or state rules to seek mediation (Independent Dispute Resolution) of the fee amount. The mediators decision shall be binding on the Plan and the provider.

## APPEALING AN UN-REIMBURSED PRE-SERVICE CLAIM

If a claim is denied in whole or in part, the Covered Person will receive written notification of the Adverse Benefit Determination. A claim denial will be provided by the Plan showing:

- 1. The reason the claim was denied:
- 2. Reference(s) to the specific Plan provision(s) or rule(s) upon which the decision was based which resulted in the Adverse Benefit Determination;
- 3. Any additional information needed to perfect the claim and why such information is needed; and
- 4. An explanation of the Covered Person's right to appeal the Adverse Benefit Determination for a full and fair review and the right to bring a civil action following an Adverse Benefit Determination on appeal.

If a Covered Person does not understand the reason for any Adverse Benefit Determination, he or she should contact the Plan Supervisor at the address or telephone number shown on the claim denial.

The Covered Person must appeal the Adverse Benefit Determination before the Covered Person may exercise his or her right to bring a civil action. This Plan provides two (2) levels of benefit determination review and the Covered Person must exercise both levels of review before bringing a civil action.

To initiate the first level of benefit review, the Covered Person must submit in writing an appeal or a request for review of the Adverse Benefit Determination to the Plan within one hundred eighty (180) days after the Adverse Benefit Determination. The Covered Person should include any additional information supporting the appeal or the information required by the Plan which was not initially provided and forward it to the Plan Supervisor within the 180-day time period. Failure to appeal the Adverse Benefit Determination within the 180-day time period will render the determination final. Any appeal received after the 180-day time period has expired will receive no further consideration.

Appeals or requests for review of Adverse Benefit Determinations must be submitted to the Plan in writing to P.O. Box 1269, Missoula, MT 59806-1269. Supporting materials may be submitted via mail, electronic claims submission process, facsimile (fax) or electronic mail (e-mail).

## 1. First Level of Benefit Determination Review

The first level of benefit determination review is done by the Plan Supervisor. The Plan Supervisor will research the information initially received and determine if the initial determination was appropriate based on the terms and conditions of the Plan and other relevant information. Notice of the decision on the first level of review will be sent to the Covered Person within fifteen (15) days following the date the Plan Supervisor receives the request for reconsideration.

If, based on the Plan Supervisor's review, the initial Adverse Benefit Determination remains the same and the Covered Person does not agree with that benefit determination, the Covered Person must initiate the second level of benefit review. The Covered Person must request the second review in writing and send it to the Plan Supervisor, not later than sixty (60) days after receipt of the Plan Supervisor's decision from the first level of review. Failure to initiate the second level of benefit review within the 60-day time period will render the determination final.

#### 2. Second Level of Benefit Determination Review

The Plan Administrator will review the claim in question along with the additional information submitted by the Covered Person. The Plan will conduct a full and fair review of the claim by the Plan Administrator who is neither the original decisionmaker nor the decisionmaker's subordinate. The Plan Administrator cannot give deference to the initial benefit determination. The Plan Administrator may, when appropriate or if required by law, consult with relevant health care professionals in making decisions about appeals that involve specialized medical judgment. Where the appeal involves issues of Medical Necessity or experimental treatment, the Plan Administrator will consult with a health care professional with appropriate training who was neither the medical professional consulted in the initial determination or his or her subordinate.

After a full and fair review of the Covered Person's appeal, the Plan will provide a written or electronic notice of the final benefit determination, which contains the same information as notices for the initial determination, within fifteen (15) days.

If more time or information is needed to make a determination for a pre-service or post-service appeal, the Plan Supervisor will provide notice in writing to request an extension of up to fifteen (15) days and to specify any additional information needed to complete the review.

In the event any new or additional information is considered, relied upon or generated in connection with the appeal, the Plan will provide this information to the Covered Person as soon as possible, free of charge and sufficiently in advance of the decision, so that the Covered Person will have an opportunity to respond. Also, if any new or additional rationale is considered for a denial it will be provided to the Covered Person as soon as possible and sufficiently in advance of the decision to allow a reasonable opportunity to respond.

If an appeal decision is not made and issued within the time period described above, or if the Plan fails to meet any of the requirements of this appeal process, the Covered Person may deem the appeal to be exhausted and proceed to the external review or bring a civil action. The Covered Person should contact the Plan Administrator to ask for confirmation that the Covered Person's appeal has been denied, or to request an External Review.

# APPEALING AN UN-REIMBURSED POST-SERVICE CLAIM

If a claim is denied in whole or in part, the Covered Person will receive written notification of the Adverse Benefit Determination. A claim Explanation of Benefits (EOB) will be provided by the Plan showing:

- 1. The reason the claim was denied;
- 2. Reference(s) to the specific Plan provision(s) or rule(s) upon which the decision was based which resulted in the Adverse Benefit Determination;
- 3. Any additional information needed to perfect the claim and why such information is needed; and
- 4. An explanation of the Covered Person's right to appeal the Adverse Benefit Determination for a full and fair review and the right to bring a civil action following an Adverse Benefit Determination on appeal.

If a Covered Person does not understand the reason for any Adverse Benefit Determination, he or she should contact the Plan Supervisor at the address or telephone number shown on the EOB form.

The Covered Person must appeal the Adverse Benefit Determination before the Covered Person may exercise his or her right to bring a civil action. This Plan provides two (2) levels of benefit determination review and the Covered Person must exercise both levels of review before bringing a civil action.

To initiate the first level of benefit review, the Covered Person must submit in writing an appeal or a request for review of the Adverse Benefit Determination to the Plan within one hundred eighty (180) days after the Adverse Benefit Determination. The Covered Person should include any additional information supporting the appeal or the information required by the Plan which was not initially provided and forward it to the Plan Supervisor within the 180-day time period. Failure to appeal the Adverse Benefit Determination within the 180-day time period will render the determination final. Any appeal received after the 180-day time period has expired will receive no further consideration.

Appeals or requests for review of Adverse Benefit Determinations must be submitted to the Plan in writing to P.O. Box 1269, Missoula, MT 59806-1269. Supporting materials may be submitted via mail, electronic claims submission process, facsimile (fax) or electronic mail (e-mail).

# 1. First Level of Benefit Determination Review

The first level of benefit determination review is done by the Plan Supervisor. The Plan Supervisor will research the information initially received and determine if the initial determination was appropriate based on the terms and conditions of the Plan and other relevant information. Notice of the decision on the first level of review will be sent to the Covered Person within thirty (30) days following the date the Plan Supervisor receives the request for reconsideration.

If, based on the Plan Supervisor's review, the initial Adverse Benefit Determination remains the same and the Covered Person does not agree with that benefit determination, the Covered Person must initiate the second level of benefit review. The Covered Person must request the second review in writing and send it to the Plan Supervisor, not later than sixty (60) days after receipt of the Plan Supervisor's decision from the first level of review. Failure to initiate the second level of benefit review within the 60-day time period will render the determination final.

#### 2. Second Level of Benefit Determination Review

The Plan Administrator will review the claim in question along with the additional information submitted by the Covered Person. The Plan will conduct a full and fair review of the claim by the Plan Administrator who is neither the original decisionmaker nor the decisionmaker's subordinate. The Plan Administrator cannot give deference to the initial benefit determination. The Plan Administrator may, when appropriate or if required by law, consult with relevant health care professionals in making decisions about appeals that involve specialized medical judgment. Where the appeal involves issues of Medical Necessity or experimental treatment, the Plan Administrator will consult with a health care professional with appropriate training who was neither the medical professional consulted in the initial determination or his or her subordinate.

After a full and fair review of the Covered Person's appeal, the Plan will provide a written or electronic notice of the final benefit determination within a reasonable time, but no later than thirty (30) days from the date the appeal is received by the Plan at each level of review.

All claim payments are based upon the terms contained in the Plan Document, on file with the Plan Administrator and the Plan Supervisor. The Covered Person may request, free of charge, more detailed information, names of any medical professionals consulted and copies of relevant documents, as defined in and required by law, which were used by the Plan to adjudicate the claim.

If more time or information is needed to make a determination for a pre-service or post-service appeal, the Plan Supervisor will provide notice in writing to request an extension of up to fifteen (15) days and to specify any additional information needed to complete the review.

In the event any new or additional information is considered, relied upon or generated in connection with the appeal, the Plan will provide this information to the Covered Person as soon as possible, free of charge and sufficiently in advance of the decision, so that the Covered Person will have an opportunity to respond. Also, if any new or additional rationale is considered for a denial it will be provided to the Covered Person as soon as possible and sufficiently in advance of the decision to allow a reasonable opportunity to respond.

If an appeal decision is not made and issued within the time period described above, or if the Plan fails to meet any of the requirements of this appeal process, the Covered Person may deem the appeal to be exhausted and proceed to the external review or bring a civil action. The Covered Person should contact the Plan Administrator to ask for confirmation that the Covered Person's appeal has been denied, or to request an External Review.

## INDEPENDENT EXTERNAL REVIEW

After exhaustion of all appeal rights stated above, a Covered Person may also request a final independent external review of any Adverse Benefit Determination involving a question of Medical Necessity, or other issue requiring medical expertise for resolution.

To assert this right to independent external medical review, the Covered Person must request such review in writing within one hundred twenty (120) days after a decision is made upon the second level benefit determination above.

If an independent external review is requested, the Plan Supervisor will forward the entire record on appeal, within ten (10) days, to an independent external review organization (IRO) selected randomly. The IRO will notify the Covered Person of its procedures to submit further information.

The IRO will issue a final decision within forty-five (45) days after receipt of all necessary information.

The decision of the IRO will be final and binding except that the Covered Person shall have an additional right to appeal the matter to a court with jurisdiction.

## **ELIGIBILITY PROVISIONS**

# **EMPLOYEE ELIGIBILITY**

- 1. Class I Is employed by the County or PureView Health Center as an Employee on a continuing and regular basis for at least twenty (20) hours per week.
- 2. Class II Is employed by the County or PureView Health Center as a Variable Hour Employee and completes a Measurement Period of twelve (12) consecutive months, during which the Variable Hour Employee averages at least twenty (20) hours per week of actual work and/or paid leave, FMLA leave or jury duty whether paid or not, for twelve (12) months.
  - A "Variable Hour Employee" is an employee who at the time of hire the Employee's average hours per week cannot be determined because the hours and days worked may vary from week to week.
  - "Measurement Period" is the period of time adopted by the Plan for Variable Hour Employees during which such Employees' work hours and applicable leave are measured to determine whether such Employees are eligible for coverage.
- 3. Class III Is employed by Rocky Mountain Development Council (RMDC) as an Employee on a reoccurring minimum of 37.2 weeks per year, as determined by RMDC, and whose coverage is paid for fifty-two (52) weeks per year, and who, therefore, remains eligible for fifty-two (52) weeks per year.
- 4. Class IV Is an Elected Official. An eligible Elected Official includes a person whose service with Lewis & Clark County is as a result of election to an official governmental office as required by Montana law, or as a result of appointment to such an official governmental office to serve out the remainder of an unexpired term of an elected official who has resigned or been removed from an official governmental office, as allowed by Montana law. A person will be considered an Elected official only during the legal term of office for any such official governmental office.

A Seasonal Employee, as defined by the ACA, who works less than six (6) months annually on a seasonal basis is ineligible for coverage under this Plan regardless of the actual hours worked.

An Employee is not eligible while on active military duty if that duty exceeds a period of thirty-one (31) consecutive days.

#### WAITING PERIOD

With respect to an eligible Employee, coverage under the Plan will not start until the Employee completes a Waiting Period. The Plan's Waiting Period is the period of time commencing on the date the eligibility requirements are met (Enrollment Date) and ends for each classification of Employee as follows:

- 1. Class I and Class IV For a Class I Employee or Class IV Elected Official, the last day of the month following the Enrollment Date.
- 2. Class II For a Variable Hour Employee, the last day of the month following the end of the Measurement Period defined in Employee Eligibility subsection above. If elected, coverage under this section shall continue for a period of not more than twelve (12) months provided the Participant remains employed by the Employer regardless of the number of hours worked during that time period. This period of time is the Coverage Period.
- 3. Class III For a Class III Employee, the last day of the month following the Enrollment Date.

The Waiting Period will not apply to an Employee who becomes eligible as a result of a merger or the acquisition of another entity by the Employer if the Employee was covered under the group health Plan Sponsored by the acquired entity on the date of acquisition.

Additionally, with respect to any Employee acquired as a result of the merger with, purchase or acquisition of another entity, who at the time of acquisition was subject to a look back period or other similar measurement period as allowed by the PPACA, such Employee will be given credit against the Measurement Period of this Plan if applicable for all hours worked during the similar period of the predecessor plan.

# **DEPENDENT ELIGIBILITY**

An eligible Dependent includes any person who is a citizen, resident alien, or is otherwise legally present in the United States or in any other jurisdiction that the related Participant has been assigned by the Employer, and who is either:

- The Participant's legal spouse according to the marriage laws of the state where the marriage was
  first solemnized or established. Proof of common-law marriage must be furnished to the Plan
  Administrator upon request, including a copy of the Participant's most recent Federal tax return and
  signed Affidavit.
  - An eligible Dependent does not include a spouse who is legally separated or divorced from the Participant and has a court order or decree stating such from a court of competent jurisdiction.
- 2. The Participant's or Retiree's domestic partner, provided all of the following "Required Eligibility Conditions" are met:
  - A. The Participant and Domestic Partner are both eighteen (18) years of age or older and each has the capacity to enter into a contract: and
  - B. The Participant or Retiree and domestic partner share and have shared a common residence for at least the last twelve (12) consecutive months; and
  - C. Neither the Participant or Retiree nor the domestic partner is married to or legally separated from another person; and
  - D. The Participant or Retiree has no other Domestic partner under this Plan; and
  - E. The Participant or Retiree and Domestic partner are not legally related to each other as siblings, parents, first cousins, aunts, uncles, grandparents or grandchildren.
  - F. A signed Declaration of Domestic partnership must be furnished to the Plan Administrator upon enrollment and thereafter at the beginning of each fiscal period (July 1st of each year).
- 3. The Participant's Dependent child who meets all of the following "Required Eligibility Conditions":
  - A. Is a natural child; step-child; legally adopted child; a child who has been Placed with the Participant or Domestic partner for adoption and for whom as part of such placement the Participant or Domestic partner has a legal obligation for the partial or full support of such child, including providing coverage under the Plan pursuant to a written agreement; a person for whom the Participant has been appointed the legal guardian by a court of competent jurisdiction prior to the person attaining nineteen (19) years of age; and

B. Is less than twenty-six (26) years of age. This requirement is waived if the Participant's or Domestic partner's child is mentally handicapped/challenged or physically handicapped/challenged, provided that the child is incapable of self-supporting employment and is chiefly dependent upon the Participant for support and maintenance. Proof of incapacity must be furnished to the Plan Administrator upon request, and additional proof may be required from time to time.

An eligible Dependent does not include a spouse of the Dependent child or a child of the Dependent child.

# PARTICIPANT ELIGIBILITY FOR DEPENDENT COVERAGE

Each Employee will become eligible for Dependent Coverage on the latest of:

- 1. The date the Employee becomes eligible for Participant coverage; or
- 2. The date on which the Employee first acquires a Dependent.

# **RETIREE ELIGIBILITY**

A Retiree is considered eligible for coverage under this Plan only if the Retiree was covered under this Plan as a Participant on his or her last day of Active Service for the Employer prior to retirement, and subject to the terms of 2-18-704, MCA. A Retiree's Dependents and surviving Dependents upon the death of the Retiree are also eligible if the Retiree was eligible for coverage and covered under this Plan, subject to the terms of 2-18-704, MCA.

#### **EFFECTIVE DATE OF COVERAGE**

All coverage under the Plan will commence at 12:01 A.M. in the time zone in which the Covered Person permanently resides, on the date such coverage becomes effective.

#### PARTICIPANT COVERAGE

Participant coverage under the Plan will become effective on the first day immediately after the Employee satisfies the applicable eligibility requirements and Waiting Period. If these requirements are met, the Employee must be offered coverage or an opportunity to waive coverage even if the offer is after the date coverage should become effective, regardless of the time that has elapsed, provided that the reason coverage was not offered before the end of the Waiting Period was as a result of an administrative error on the part of the Employer, Plan Administrator or Plan Supervisor.

Coverage for an Employee who becomes eligible as a result of a merger or the acquisition of another entity by the Employer will become effective on the date of acquisition, provided application for such coverage is made within thirty (30) days after the date of acquisition.

An eligible Employee who declines Participant coverage under the Plan during the Initial Enrollment Period will be able to become covered later in only two situations, Open Enrollment Period and Special Enrollment Period.

A Variable Hour Employee will remain covered for a period of time not to exceed twelve (12) months from the effective date of coverage (the Coverage Period) regardless of the number of hours worked and applicable leave, as long as the individual remains employed by the County. At the end of the Coverage Period, if the individual remains employed as a Variable Hour Employee and averages at least twenty (20) hours per week during the Coverage Period, the individual will remain covered for a period of time not to exceed an additional twelve (12) months.

"Coverage Period" is the maximum period of time Variable Hour Employees can be covered under the Plan as active Employees after completion of a Measurement Period as defined in the Eligibility Provisions under the Employee Eligibility subsection.

If an eligible Employee chooses not to enroll or fails to enroll for coverage under the Plan during the Initial Enrollment Period, coverage for the Employee and Dependents will be deemed waived.

If a Participant chooses not to re-enroll or fails to re-enroll during any Open Enrollment Period, coverage for the Participant and any Dependents covered at the time will remain the same as that elected prior to the Open Enrollment Period.

#### **DEPENDENT COVERAGE**

Each Participant who requests Dependent Coverage on the Plan's enrollment platform will become covered for Dependent Coverage as follows:

- 1. On the Participant's effective date of coverage, if application for Dependent Coverage is made on the same enrollment platform used by the Participant to enroll for coverage. This subsection applies only to Dependents who are eligible on the Participant's effective date of coverage.
- In the event a Dependent is acquired after the Participant's effective date of coverage as a result of a legal guardianship or in the event that a Participant is required to provide coverage as a result of a valid court order, or if the Dependent is acquired as a result of operation of law, Dependent Coverage will begin on the first day of the month following the Plan's receipt of an enrollment form and copy of said court order, if applicable.

3. In the event a Dependent is acquired as a result of establishment of a domestic partnership, Dependent coverage will begin on the first day of the month following the Plan's receipt of an enrollment form and signed Declaration of Domestic partnership.

#### **OPEN ENROLLMENT PERIOD**

The Open Enrollment Period will be May 15<sup>th</sup> through June 15<sup>th</sup> of each year, during which an Employee and the Employee's eligible Dependents, who are not covered under this Plan, may request Participant or Dependent coverage. Coverage must be requested on the Plan's enrollment platform.

Coverage requested during any Open Enrollment Period will begin on July 1 immediately following the Open Enrollment Period.

# SPECIAL ENROLLMENT PERIOD

In addition to other enrollment times allowed by this Plan, certain persons may enroll during the Special Enrollment Periods described below.

Coverage will become effective on the date of the event if the Employee makes a special enrollment request, verbally or in writing, within thirty (30) days of any special enrollment event and application for such coverage is made on the Plan's enrollment platform within sixty (60) days of the event.

- 1. An eligible Employee who is not enrolled and eligible Dependents, including step children, who are acquired under the following specific events may enroll and become covered:
  - A. Marriage to the Employee; or
  - B. Birth of the Employee's child; or
  - C. Adoption of a child by the Employee, provided the child is under the age of 19; or
  - D. Placement for Adoption with the Employee, provided such Employee has a legal obligation for the partial or full support of such child, including providing coverage under the Plan pursuant to a written agreement and the child is under the age of 19; or
  - E. Declaration of domestic partnership.
- 2. A Participant may enroll eligible Dependents, including step children, who are acquired under the following specific events:
  - A. Marriage to the Participant; or
  - B. Birth of the Participant's child; or
  - C. Adoption of a child by the Participant, provided the child is under the age of 19; or
  - D. Placement for Adoption with the Participant, provided such Participant has a legal obligation for the partial or full support of such child, including providing coverage under the Plan pursuant to a written agreement and the child is under the age of 19; or
  - E. Declaration of domestic partnership.

- 3. The spouse of a Participant (Covered Employee), or the spouse of a Retiree who is covered at the time of the Special Enrollment event, may enroll and will become covered on the date of the following specific events:
  - A. Marriage to the Participant or Retiree; or
  - B. Birth of the Participant's or Retiree's child; or
  - C. Adoption of a child by the Participant or Retiree, provided the child is under the age of 19; or
  - D. Placement for Adoption with the Employee, provided such Employee has a legal obligation for the partial or full support of such child, including providing coverage under the Plan pursuant to a written agreement and the child is under the age of 19; or
  - E. Declaration of domestic partnership.
- 4. A Retiree who is covered at the time of a special enrollment event may enroll his/her eligible Dependents, including step children who are acquired under the circumstances below:
  - A. Marriage to the Retiree; or
  - B. Birth of the Retiree's child; or
  - C. Adoption of a child by the Retiree, provided the child is under the age of 19; or
  - D. Placement for Adoption with the Retiree, provided such Retiree has a legal obligation for the partial or full support of such child, including providing coverage under the Plan pursuant to a written agreement and the child is under the age of 19; or
  - E. Declaration of domestic partnership.
- 5. The following individuals may enroll and become covered when coverage under another health care plan or health insurance is terminated due to loss of eligibility or if employer contributions to the other coverage have been terminated (Loss of Coverage), subject to the following:
  - A. If the eligible Employee loses coverage, the eligible Employee who lost coverage and any eligible Dependents of the eligible Employee may enroll and become covered.
  - B. If an eligible Dependent loses coverage, the eligible Dependent who lost coverage and the eligible Employee may enroll and become covered.
  - C. If an eligible Dependent of a Retiree loses coverage, the eligible Dependent who lost coverage may enroll and become covered.

Further, Loss of Coverage means only one of the following:

- A. COBRA Continuation Coverage under another plan and the maximum period of COBRA Continuation Coverage under that other plan has been exhausted; or
- B. Group or insurance health coverage that has been terminated as a result of termination of Employer contributions\* towards that other coverage; or

- C. Group or insurance health coverage (includes other coverage that is Medicare, Medicaid or any state children's insurance program recognized under the Children's Health Insurance Program Reauthorization Act of 2009) that has been terminated only as a result of a loss of eligibility for coverage for any of the following:
  - 1) Legal separation or divorce of the eligible Employee;
  - 2) Cessation of Dependent status;
  - 3) Death of the eligible Employee;
  - 4) Termination of employment of the eligible Dependent;
  - 5) Reduction in the number of hours of employment of the eligible Dependent;
  - 6) Termination of the eligible Dependent's employer's plan;
  - 7) Any loss of eligibility after a period that is measured by reference to any of the foregoing; or
  - Any loss of eligibility for individual or group coverage because the eligible Employee or Dependent no longer resides, lives or works in the service area of the Health Maintenance Organization (HMO) or other such plan; or
  - 9) Dissolution of the domestic partnership.

\*Employer contributions include contributions by any current or former employer that was contributing to the other non-COBRA coverage.

A loss of eligibility for coverage does not occur if coverage was terminated due to a failure of the Employee or Dependent to pay premiums on a timely basis or coverage was terminated for cause.

- 6. Individuals may enroll and become covered when coverage under Medicaid or any state children's insurance program recognized under the Children's Health Insurance Program Reauthorization Act of 2009 is terminated due to loss of eligibility, subject to the following:
  - A. A request for enrollment must be made either verbally or in writing within sixty (60) days after this special enrollment event, and written application for such coverage must be made within ninety (90) days after such event.
  - B. If the eligible Employee loses coverage, the eligible Employee who lost coverage and any eligible Dependents of the eligible Employee may enroll and become covered.
  - C. If an eligible Dependent loses coverage, the eligible Dependent who lost coverage and the eligible Employee may enroll and become covered.
  - D. If an eligible Dependent of a Retiree loses coverage, the eligible Dependent who lost coverage may enroll and become covered.
- 7. Individuals who are eligible for coverage under this Plan may enroll and become covered on the date they become entitled to a Premium Assistance Subsidy authorized under the Children's Health Insurance Program Reauthorization Act of 2009. The date of entitlement shall be the date stated in the Premium Assistance Authorization entitlement notice issued by the applicable state agency (CHIP or Medicaid). A request for enrollment, either verbal or in writing, must be made within sixty (60) days after this special enrollment event, and written application for such coverage must be made in writing within ninety (90) days after such event.

For any Special Enrollment event, the Participant may also elect to change coverage options to any coverage option offered by the Plan. The Coverage Option for the Dependent must be the same as the Participant.

## **CHANGE IN STATUS**

If a Covered Dependent under this Plan becomes an eligible Employee of the County, he/she may continue his/her coverage as a Dependent and/or elect to be covered as a Participant.

If an eligible Employee who is covered as a Participant of this Plan ceases to be an Employee of the County, but is eligible to be covered as a Dependent under another Employee/Participant, he/she may elect to continue his/her coverage as a Dependent of such Employee/Participant.

Application for coverage due to a Change in Status must be made on the Plan's enrollment platform, within thirty (30) days immediately following the date the Employee becomes or ceases to be an eligible Employee. A Change in Status will not be deemed to be a break or termination of coverage and will not operate to reduce or increase any coverage or accumulations toward satisfaction of the deductible and Out-of-Pocket Maximum to which the Covered Person was entitled prior to the Change in Status.

#### **QUALIFIED MEDICAL CHILD SUPPORT ORDER PROVISION**

# **PURPOSE**

Pursuant to Section 609(a) of ERISA, the Plan Administrator adopts the following procedures to determine whether Medical Child Support Orders are qualified in accordance with ERISAs requirements, to administer payments and other provisions under Qualified Medical Child Support Orders (QMCSOs), and to enforce these procedures as legally required. Employer adopts ERISA standards to comply with child support enforcement obligation of Part D of Title IV of the Social Security Act of 1975 as amended.

## **DEFINITIONS**

For QMCSO requirements, the following definitions apply:

- 1. "Alternate Recipient" means any child of a Participant who is recognized under a Medical Child Support Order as having a right to enroll in this Plan with respect to the Participant.
- 2. "Medical Child Support Order" means any state or court judgment, decree or order (including approval of settlement agreement) issued by a court of competent jurisdiction, or issued through an administrative process established under State law and which has the same force and effect of law under applicable State law and:
  - A. Provides for child support for a child of a Participant under this Plan; or
  - B. Provides for health coverage for such a child under state domestic relations laws (including community property laws) and relates to benefits under this Plan; and
  - C. Is made pursuant to a law relating to medical child support described in Section 1908 of the Social Security Act.
- 3. "Plan" means this self-funded Employee Health Benefit Plan, including all supplements and amendments in effect.
- 4. "Qualified Medical Child Support Order" means a Medical Child Support Order which creates (including assignment of rights) or recognizes an Alternate Recipient's right to receive benefits to which a Participant or Qualified Beneficiary is eligible under this Plan, and has been determined by the Plan Administrator to meet the qualification requirements as outlined under Procedures for Notifications and Determinations of this provision.

#### CRITERIA FOR A QUALIFIED MEDICAL CHILD SUPPORT ORDER

To be qualified, a Medical Child Support Order must clearly:

- Specify the name and the last known mailing address (if any) of the Participant and the name and mailing address of each Alternate Recipient covered by the order, except that, to the extent provided in the order, the name and mailing address of an official of a State or a political subdivision thereof may be substituted for the mailing address of any such Alternate Recipient; and
- 2. Include a reasonable description of the type of coverage to be provided by the Plan to each Alternate Recipient, or the manner in which such type of coverage is to be determined; and
- 3. Specify each period to which such order applies.

In order to be qualified, a Medical Child Support Order must not require the Plan to provide any type or form of benefits, or any option, not otherwise provided under the Plan except to the extent necessary to meet the requirements of Section1908 of the Social Security Act (relating to enforcement of state laws regarding child support and reimbursement of Medicaid).

#### PROCEDURES FOR NOTIFICATIONS AND DETERMINATIONS

In the case of any Medical Child Support Order received by this Plan:

- 1. The Plan Administrator will promptly notify the Participant and each Alternate Recipient of the receipt of such order and the plan's procedures for determining whether Medical Child Support Orders are qualified orders; and
- 2. Within a reasonable period after receipt of such order, the Plan Administrator will determine whether such order is a Qualified Medical Child Support Order and notify the Participant and each Alternate Recipient of such determination.

## NATIONAL MEDICAL SUPPORT NOTICE

If the plan administrator of a group health plan which is maintained by the employer of a non-custodial parent of a child, or to which such an employer contributes, receives an appropriately completed National Medical Support Notice as described in Section 401(b) of the Child Support Performance and Incentive Act of 1998 in the case of such child, and the Notice meets the criteria shown above for a qualified order, the Notice will be deemed to be a Qualified Medical Child Support Order in the case of such child.

#### **FAMILY AND MEDICAL LEAVE ACT OF 1993**

The Family and Medical Leave Act (FMLA) requires Employers who are subject to FMLA to allow their "eligible" Employees to take unpaid, job-protected leave. The Employer may also require or allow the Employee to substitute appropriate paid leave including, but not limited to, vacation and sick leave, if the Employee has earned or accrued it. The maximum leave required by FMLA is twelve (12) workweeks in any twelve (12) month period for certain family and medical reasons and a maximum combined total of twenty-six (26) workweeks during any twelve (12) month period for certain family and medical reasons and for a serious Injury or Illness of a member of the Armed Forces to allow the Employee, who is the spouse, son, daughter, parent, or next of kin to the member of the Armed Forces, to care for that member of the Armed Forces. In certain cases, this leave may be taken on an intermittent basis rather than all at once, or the Employee may work a part-time schedule.

#### **DEFINITIONS**

For these Family and Medical Leave Act of 1993 provisions only, the following definitions apply:

- 1. "Member of the Armed Forces" includes members of the National Guard or Reserves who are undergoing medical treatment, recuperation or therapy.
- 2. "Next of Kin" means the nearest blood relative to the service member.
- 3. "Parent" means Employee's biological parent or someone who has acted as Employee's parent in place of Employee's biological parent when Employee was a son or daughter.
- 4. "Serious health condition" means an Illness, Injury impairment, or physical or mental condition that involves:
  - A. Inpatient care in a hospital, hospice or residential medical facility; or
  - B. Continuing treatment by a health care provider (a doctor of medicine or osteopathy who is authorized to practice medicine or surgery as appropriate, by the state in which the doctor practices or any other person determined by the Secretary of Labor to be capable of providing health care services).
- 5. "Serious Injury or Illness" means an Injury or Illness incurred in the line of duty that may render the member of the Armed Forces medically unfit to perform his or her military duties.
- 6. "Son or daughter" means Employee's biological child, adopted child, stepchild, legal foster child, a child placed in Employee's legal custody, or a child for which Employee is acting as the parent in place of the child's natural blood related parent. The child must be:
  - A. Under the age of eighteen (18); or
  - B. Over the age of eighteen (18), but incapable of self-care because of a mental or physical disability.
- 7. "Spouse" means a husband or wife as defined or recognized under state law for purposes of marriage in the state where the employee resides, including common law marriage and same-sex marriage.

## **EMPLOYERS SUBJECT TO FMLA**

In general, FMLA applies to any employer engaged in interstate commerce or in any industry or activity affecting interstate commerce who employs 50 or more employees for each working day during each of 20 or more calendar work weeks in the current or preceding Calendar Year. FMLA also applies to those persons described in Section 3(d) of the Fair Labor Standards Act, 29 U.S.C. 203(d). The FMLA applies to government entities, including branches of the United States government, state governments and political subdivisions thereof.

# **ELIGIBLE EMPLOYEES**

Generally, an employee is eligible for FMLA leave only if the employee satisfies all of the following requirements as of the date on which any requested FMLA leave is to commence: (1) has been employed by the employer for a total of at least twelve months (whether consecutive or not); (2) the employee has worked (as defined under the Fair Labor Standards Act) at least 1,250 hours during the twelve-(12) month period immediately preceding the date the requested leave is to commence; (3) the employee is employed in any state of the United States, the District of Columbia or any Territories or possession of the United States; and (4) at the time the leave is requested, the employee is employed at a work site where 50 or more employees are employed by the employer within 75 surface miles of the work site.

#### REASONS FOR TAKING LEAVE

FMLA leave must be granted (1) to care for the Employee's newborn child; (2) to care for a child placed with the Employee for adoption or foster care; (3) to care for the Employee's spouse, son, daughter, or parent, who has a serious health condition; (4) because the Employee's own serious health condition prevents the Employee from performing his or her job; or (5) because of a qualifying exigency, as determined by the Secretary of Labor, arising out of the fact that a spouse, son, daughter or parent of the Employee is on active duty or has been called to active duty in the Armed Forces in support of a contingency operation (i.e., a war or national emergency declared by the President or Congress).

#### ADVANCE NOTICE AND MEDICAL CERTIFICATION

Ordinarily, an Employee must provide thirty (30) days advance notice when the requested leave is "foreseeable." If the leave is not foreseeable, the Employee must notify the Employer as soon as is practicable, generally within one to two working days. An Employer may require medical certification to substantiate a request for leave requested due to a serious health condition. If the leave is due to the Employee's serious health condition, the Employer may require second or third opinions, at the Employer's expense, and a certification of fitness to return to work prior to allowing the Employee to return to work.

## PROTECTION OF JOB BENEFITS

For the duration of FMLA leave, the Employer must maintain the Employee's health coverage under any "group health plan" on the same conditions as coverage would have been provided if the Employee had been in Active Service during FMLA leave period. Taking FMLA leave cannot result in the loss of any employment benefit that accrued prior to the start of an Employee's leave, unless the loss would have occurred even if the Employee had been in Active Service.

## **UNLAWFUL ACTS BY EMPLOYERS**

Employers cannot interfere with, restrain or deny the exercise of any right provided under the FMLA or to manipulate circumstances to avoid responsibilities under the FMLA. Employers may not discharge, or discriminate against any person who opposes any practice made unlawful by the FMLA or who may be involved in a proceeding under or relating to the FMLA.

# **ENFORCEMENT**

The U.S. Department of Labor is authorized to investigate and resolve complaints of FMLA violations. An eligible Employee may also bring a civil action against an Employer for FMLA violations. The FMLA does not supersede any federal or state law prohibiting discrimination, and does not supersede any state or local law or collective bargaining agreement which provides greater family or medical leave rights. For additional information, contact the nearest office of Wage and Hour Division, listed in most telephone directories under U.S. Government, Department of Labor.

#### **TERMINATION OF COVERAGE**

# **PARTICIPANT TERMINATION**

Participant coverage will automatically terminate immediately upon the earliest of the following dates, except as provided in any Continuation of Coverage Provision:

- 1. On the last day of the month in which the Participant's employment terminates; or
- 2. On the last day of the month in which the Participant ceases to be eligible for coverage; or
- 3. The date the Participant fails to make any required contribution for coverage; or
- 4. The date the Plan is terminated; or with respect to any Participant benefits of the Plan, the date of termination of such benefit; or
- 5. The date the County terminates the Participant's coverage; or
- 6. The date the Participant dies; or
- 7. The date the Participant enters the armed forces of any country as a full-time member, if active duty is to exceed thirty-one (31) days; or
- 8. For Variable Hour Employees on the last day of the Coverage Period, unless at the expiration of the Coverage Period, the Participant is otherwise eligible as the result of a subsequent Measurement Period or as a result of being reclassified as a Full Time Employee.

A Participant whose Active Service ceases because of Illness or Injury or as a result of any other approved leave of absence may remain covered as an Employee in Active Service for a period of three (3) calendar months, or such other length of time that is consistent with and stated in the County's current Employee Personnel Policy Manual, Collective Bargaining Agreement, any formal leave policy adopted by the County, or pursuant to the Family and Medical Leave Act. Coverage under this provision will be subject to all the provisions of FMLA if the leave is classified as FMLA leave.

Termination of coverage for Temporary Employees will be determined as the last day of the month in which employment is terminated. Plan coverage continues for a Variable Hour Employee subject to seasonal layoff from employment returning to employment when recalled. Variable Hour Employees who are dismissed and are not subject to seasonal recall will receive a refund of health plan contributions paid in advance.

A Participant whose Active Service ceases due to temporary layoff will be considered employed by the County for the purposes of his/her coverage under this Plan, and such coverage may continue until the end of the month in which the layoff began.

If a Participant's coverage is to be continued during disability, approved leave of absence or temporary layoff, the amount of his or her coverage will be the same as the Plan benefits in force for an active Employee, subject to the Plan's right to amend coverage and benefits.

#### REINSTATEMENT OF COVERAGE

An Employee whose coverage terminates by reason of termination of employment reduction in hours and who again becomes eligible for coverage under the Plan within a thirteen (13) week period immediately following the date of such termination of employment or reduction in hours will become eligible for reinstatement of coverage on the date of renewed eligibility. Coverage will be reinstated for the Employee and eligible Dependents on the date of renewed eligibility, if covered on the date of termination, provided that application for such coverage is made on the Plan's enrollment platform within thirty (30) days after the date of renewed eligibility.

Reinstatement of Coverage is subject to the following:

- 1. Credit will be given for prior amounts applied toward the Deductible and Out-of-Pocket Maximum for the same Benefit Period during which renewed eligibility occurs.
- 2. All prior accumulations toward annual or lifetime benefit maximums will apply.

If renewed eligibility occurs under any circumstances other than as stated in this subsection, enrollment for coverage for the Employee and his/her Dependents will be treated as if initially hired for purposes of eligibility and coverage under this Plan.

The Reinstatement of Coverage provision is not applicable to a Variable Hour Employee except for any period of time that the Variable Hour Employee is actually enrolled and covered during the Coverage Period.

#### **DEPENDENT TERMINATION**

Each Covered Person, whether Participant or Dependent, is responsible for notifying the Plan Administrator, within thirty (30) days after loss of Dependent status due to death, divorce, legal separation or ceasing to be an eligible Dependent child. Failure to provide this notice may result in loss of eligibility for COBRA Continuation Coverage After Termination.

Coverage for a Dependent will automatically terminate immediately upon the earliest of the following dates, except as provided in any Continuation of Coverage Provision:

- 1. On the last day of the month in which the Dependent ceases to be an eligible Dependent as defined by the Plan; or
- 2. On the last day of the month in which the Participant's coverage terminates under the Plan; or
- 3. On the last day of the month in which the Participant ceases to be eligible for Dependent Coverage;
- 4. The date the Participant fails to make any required contribution for Dependent Coverage; or
- 5. The date the Plan is terminated; or with respect to any Dependent's benefit of the Plan, the date of termination of such benefit; or
- 6. The date the County terminates the Dependent's coverage; or
- 7. On the last day of the month in which the Participant dies; or
- 8. On the last day of the month in which the Plan receives the Plan's Health Coverage Waiver Form for the Dependent whose coverage is to be terminated; or
- 9. On the last day of the month in which the Participant and domestic partner terminate their domestic partnership as evidenced by a signed Declaration of Termination of Domestic partnership.

# **RESCISSION OF COVERAGE**

Coverage for an Employee and/or Dependent may be rescinded if the Plan Administrator determines that the Employee or a Dependent engaged in fraud or intentional misrepresentation of a material fact in order to obtain coverage and/or benefits under the Plan. In such case, the Participant will receive written notice at least thirty (30) days before the coverage is rescinded.

#### **CONTINUATION COVERAGE AFTER TERMINATION**

Under the Public Health Service Act, as amended, Employees and their enrolled Dependents may have the right to continue coverage beyond the time coverage would ordinarily have ended. The law applies to employers who normally employ twenty (20) or more employees.

The Plan Administrator is Lewis & Clark County, 316 N. Park Rm 343, Helena, MT 59623; (406) 447-8317. COBRA Continuation Coverage for the Plan is administered by Allegiance COBRA Services, Inc.; P.O. Box 2097, Missoula, MT 59806, (406) 721-2222; facsimile (406) 523-3131; email COBRAinquire@askallegiance.com.

COBRA Continuation Coverage is available to any Qualified Beneficiary whose coverage would otherwise terminate due to any Qualifying Event. COBRA Continuation Coverage under this provision will begin on the first day following the date of the Qualifying Event.

- 1. Qualifying Events for Participants, for purposes of this section, are the following events, if such event results in a loss of coverage under this Plan:
  - A. The termination (other than by reason of gross misconduct) of the Participant's employment.
  - B. The reduction in hours of the Participant's employment.
- 2. Qualifying Events for covered Dependents, for purposes of this section are the following events, if such event results in a loss of coverage under this Plan:
  - A. Death of the Participant or Retiree.
  - B. Termination of the Participant's employment.
  - C. Reduction in hours of the Participant's employment.
  - D. The divorce or legal separation of the Participant or Retiree from his or her spouse.
  - E. A covered Dependent child ceases to be a Dependent as defined by the Plan.

## **NOTIFICATION RESPONSIBILITIES**

The Covered Person must notify the Employer of a Qualifying Event within sixty (60) days after the date of the Qualifying Event. The Employer must notify the Plan Administrator of any of the following:

- 1. Death of the Participant or Retiree.
- 2. The divorce or legal separation of the Participant or Retiree from his or her spouse.
- 3. A covered Dependent child ceases to be a Dependent as defined by the Plan.

The Employer must notify the Plan Administrator of the following Qualifying Events within thirty (30) days after the date of the event occurs:

- 1. Termination (other than by reason of gross misconduct) of the Participant's employment.
- 2. Reduction in hours of the Participant's employment.

## **ELECTION OF COVERAGE**

When the Plan Administrator is notified of a Qualifying Event, the Plan Administrator will notify the Qualified Beneficiary of the right to elect continuation of coverage. Notice of the right to COBRA Continuation Coverage will be sent by the Plan no later than fourteen (14) days after the Plan Administrator is notified of the Qualifying Event.

A Qualified Beneficiary has sixty (60) days from the date coverage would otherwise be lost or sixty (60) days from the date of notification from the Plan Administrator, whichever is later, to notify the Plan Administrator that he or she elects to continue coverage under the Plan. Failure to elect continuation within that period will cause coverage to end.

# MONTHLY PREMIUM PAYMENTS

A Qualified Beneficiary is responsible for the full cost of Continuation Coverage. Monthly premium for continuation of coverage must be paid in advance to the Plan Administrator. The premium required under the provisions of COBRA is as follows:

- 1. For a Qualified Beneficiary: The premium is the same as applicable to any other similarly situated non-COBRA Participant plus an additional administrative expense of up to a maximum of two percent (2%).
- 2. Social Security Disability: For a Qualified Beneficiary continuing coverage beyond eighteen (18) months due to a documented finding of disability by the Social Security Administration within 60 days after becoming covered under COBRA, the premium may be up to a maximum of 150% of the premium applicable to any other similarly situated non-COBRA Participant.
- 3. For a Qualified Beneficiary with a qualifying Social Security Disability who experiences a second Qualifying Event:
  - A. If another Qualifying Event occurs during the initial eighteen (18) months of COBRA coverage, such as a death, divorce or legal separation the monthly fee for qualified disabled person may be up to a maximum of one hundred and two percent (102%) of the applicable premium.
  - B. If the second Qualifying Event occurs during the nineteenth (19<sup>th</sup>) through the twenty-ninth (29<sup>th</sup>) month (the Disability Extension Period), the premium for a Qualified Beneficiary may be up to a maximum of one hundred fifty percent (150%) of the applicable premium.

Payment of claims while covered under this COBRA Continuation Coverage Provision will be contingent upon the receipt by the Employer of the applicable monthly premium for such coverage. The monthly premium for Continuation Coverage under this provision is due the first of the month for each month of coverage. A grace period of thirty (30) days from the first of the month will be allowed for payment. Payment will be made in a manner prescribed by the Employer.

# DISABILITY EXTENSION OF 18-MONTH PERIOD OF CONTINUATION COVERAGE

If the Qualified Beneficiary who is covered under the Plan is determined by the Social Security Administration to be disabled at any time before the qualifying event or within sixty (60) days after the qualifying event, and the Plan Administrator is notified in a timely fashion, the Qualified Beneficiary covered under the Plan can receive up to an additional 11 months of COBRA Continuation Coverage, for a total maximum of 29 months. The Plan Administrator must be provided with a copy of the Social Security Administration's disability determination letter within sixty (60) days after the date of the determination and before the end of the original 18-month period of COBRA Continuation Coverage. This notice should be sent to: Allegiance COBRA Services, Inc.; P.O. Box 2097, Missoula, MT 59806; facsimile (406) 523-3131; email COBRAinquire@askallegiance.com.

## SECOND QUALIFYING EVENT EXTENSION OF 18-MONTH PERIOD OF CONTINUATION COVERAGE

If another qualifying event occurs while receiving COBRA Continuation Coverage, the spouse and Dependent children of the Employee can get additional months of COBRA Continuation Coverage, up to a maximum of thirty-six (36) months. This extension is available to the spouse and Dependent children if the former Employee dies or becomes divorced or legally separated. The extension is also available to a Dependent child when that child stops being eligible under the Plan as a Dependent child. In all of these cases, the Plan Administrator must be notified of the second qualifying event within sixty (60) days of the second qualifying event. This notice must be sent to: Allegiance COBRA Services, Inc.; P.O. Box 2097, Missoula, MT 59806; facsimile (406) 523-3131; email <a href="COBRAinquire@askallegiance.com">COBRA Continuation Coverage</a>. Failure to provide notice within the time required will result in loss of eligibility for COBRA Continuation Coverage.

#### MEDICARE ENROLLMENT EXTENSION OF 18-MONTH PERIOD OF CONTINUATION COVERAGE

The Dependents of a former Employee are eligible to elect COBRA Continuation Coverage if they lose coverage as a result of the former Employee's enrollment in Part A, Part B or Part D of Medicare, whichever occurs earlier.

When the former Employee enrolls in Medicare before the Qualifying Event of termination (or reduction of hours) of employment occurs, the maximum period for COBRA Continuation Coverage for the spouse and Dependent children ends on the later of:

- 1. Eighteen (18) months after the Qualifying Event of termination of employment or reduction in hours of employment; or
- 2. Thirty-six (36) months after the former Employee's enrollment in Medicare.

When the former Employee enrolls in Medicare after the Qualifying Event of termination (or reduction of hours) of employment, the maximum period for COBRA Continuation Coverage for the spouse and Dependent children ends eighteen (18) months after the Qualifying Event, unless a second Qualifying Event, as described above occurs within that eighteen (18) month period.

## WHEN COBRA CONTINUATION COVERAGE ENDS

COBRA Continuation Coverage and any coverage under the Plan that has been elected with respect to any Qualified Beneficiary will cease on the earliest of the following:

- 1. On the date the Qualified Beneficiary becomes covered under another group health plan or health insurance.
- 2. On the date, after the date of election for COBRA Continuation Coverage, that the Qualified Beneficiary becomes enrolled in Medicare (either Part A, B or D).
- 3. On the first date that timely payment of any premium required under the Plan with respect to COBRA Continuation Coverage for a Qualified Beneficiary is not made to the Plan Administrator.
- 4. On the date the Employer ceases to provide any group health plan coverage to any Employee.
- 5. On the date of receipt of written notice that the Qualified Beneficiary wishes to terminate COBRA Continuation Coverage.
- 6. On the date that the maximum coverage period for COBRA Continuation Coverage ends, as follows:

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A. Eighteen (18) months for a former Employee who is a Qualified Beneficiary as a result of termination (or reduction of hours) of employment;

- B. Eighteen (18) months for a Dependent who is a Qualified Beneficiary unless a second Qualifying Event occurs within that eighteen month period entitling that Dependent to an additional eighteen (18) months;
- C. For the Dependent who is a Qualified Beneficiary as a result of termination (or reduction of hours) of employment of the former Employee if that former Employee enrolled in Medicare before termination (or reduction of hours) of employment, the later of eighteen (18) months from the Qualifying Event, or thirty-six (36) months following the date of enrollment in Medicare.
- D. On the first day of the month beginning thirty (30) days after a Qualified Beneficiary is determined to be no longer disabled by the Social Security Administration if the Qualified Beneficiary was found to be disabled on or within the first sixty (60) days of the date of the Qualifying Event and has received at least eighteen (18) months of COBRA Continuation Coverage. COBRA Continuation Coverage will also terminate on such date for all Dependents who are Qualified Beneficiaries as a result of the Qualifying Event unless that Dependent is entitled to a longer period of COBRA Continuation Coverage without regard to disability.
- E. Twenty-nine (29) months for any Qualified Beneficiary if a Disability Extension Period of COBRA Continuation Coverage has been granted for such Qualified Beneficiary.
- F. Thirty-six (36) months for all other Qualified Beneficiaries.
- 7. On the same basis that the Plan can terminate for cause the coverage of a similarly situated non-COBRA Participant.

## OPTIONS OTHER THAN COBRA CONTINUATION COVERAGE

Instead of enrolling in COBRA Continuation Coverage, there may be other coverage options for Employees and their enrolled Dependents through the Health Insurance Marketplace, Medicaid or other group health plan coverage options (such as a spouse's plan) through what is called a "Special Enrollment Period". Some of these options may cost less than COBRA Continuation Coverage. For more information visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a>.

In general for a person who is still employed, if enrollment in Medicare Part A or Part B is not made when first eligible, after the Medicare initial enrollment period, there is an 8-month special enrollment period to sign up for Medicare Part A or Part B, beginning on the earlier of:

- 1. The month after employment ends; or
- 2. The month after group health plan coverage based on current employment ends.

A Covered Person who elects COBRA Continuation Coverage instead of enrolling in Medicare may result in a significant surcharge by Medicare for late enrollment in Part B and there may be a gap in coverage if enrolling for Part B at a later time. If a Covered Person elects COBRA Continuation Coverage and later enrolls for Medicare Part A or Part B before the COBRA Continuation Coverage ends, the Plan may terminate COBRA Continuation Coverage for this individual. However, if Medicare Part A and Part B is effective on or before the date of the COBRA election, COBRA Continuation coverage may not be discontinued on account of Medicare entitlement, even if enrollment is made in the other part of Medicare after the date of the election of COBRA Continuation Coverage.

If enrolling in both COBRA Continuation Coverage and Medicare, Medicare will generally pay first (primary payer) and COBRA Continuation Coverage will pay second (secondary payer). Certain plans may pay as if secondary to Medicare, even if not enrolled in Medicare.

For more information visit <a href="https://www.medicare.gov/medicare-and-you">https://www.medicare.gov/medicare-and-you</a>.

## **QUESTIONS**

Any questions about COBRA Continuation Coverage should be directed to Allegiance COBRA Services, Inc.; P.O. Box 2097; Missoula, MT 59806 or contact the nearest Regional or District Office of the U.S. Department of Labor's Employee Benefits Security Administration (EBSA). Addresses and phone numbers of Regional and District EBSA Offices are available through EBSA's website at <a href="https://www.dol.gov/ebsa">www.dol.gov/ebsa</a>. For more information about the Marketplace visit <a href="https://www.HealthCare.gov">www.HealthCare.gov</a>.

#### INFORM THE PLAN OF ADDRESS CHANGES

In order to protect the Employee's family's rights, the Employee should keep the Plan Administrator informed of any changes in the addresses of family members. The Employee should also keep a copy, for his/her records, of any notices sent to the Plan Administrator.

#### CONTINUATION COVERAGE FOR DOMESTIC PARTNERS

# Continuation Coverage under this section does not confer any rights under the Consolidated Omnibus Budget Reconciliation Act (COBRA).

Domestic partners and their enrolled Dependent children may continue coverage beyond the time coverage would ordinarily have ended due to a Continuation Coverage Event. Continuation Coverage under this provision will begin on the first day following the date coverage terminates.

Continuation Coverage Events for covered domestic partners and their enrolled Dependent children, for purposes of this section, are the following events, if such event results in a loss of coverage under this Plan:

- 1. The termination (other than by reason of gross misconduct) of the Participant's employment.
- 2. The reduction in hours of the Participant's employment.
- 3. Death of the Participant or Retiree.
- 4. Dissolution of domestic partnership.
- 5. A covered Dependent child of a domestic partner ceases to be a Dependent as defined by the Plan.

A Domestic partner or enrolled child of a domestic partner has sixty (60) days from the date coverage would otherwise be lost to notify the Plan Administrator that he or she elects to Continue Coverage for Domestic partners under the Plan. Failure to elect continuation within that period will cause coverage to end.

Continuation Coverage for Domestic partners and their enrolled children will cease on the earliest of the following:

- 1. On the date the Domestic partner or enrolled child of a domestic partner becomes covered under another group health plan or health insurance.
- 2. On the date, after the date of election for Continuation Coverage for Domestic partners, that the Domestic partner or enrolled child of domestic partner becomes enrolled in Medicare (either Part A, B or D);
- 3. On the first date that timely payment of any premium required under the Plan with respect to Continuation Coverage for Domestic partners is not made to the Plan Administrator.
- 4. On the date the Employer ceases to provide any group health plan coverage to any Employee.
- 5. On the date of receipt of written notice that the Domestic partner wishes to terminate Continuation Coverage for Domestic partners.
- 6. On the date that the maximum coverage period for Continuation Coverage for Domestic partners and their children ends, as follows:
  - A. Eighteen (18) months following the date coverage is lost due to termination or reduction in hours of the Participant's employment.
  - B. Thirty-six (36) months following the date coverage is lost as a result of death of the Participant or Retiree, termination of the domestic partnership, a child of the domestic partner ceasing to be eligible.

#### **COVERAGE FOR A MILITARY RESERVIST**

To the extent required by the Uniform Services Employment and Reemployment Rights Act (USERRA), the following provisions will apply:

- 1. If a Participant is absent from employment with Employer by reason of service in the uniformed services, the Participant may elect to continue coverage under this Plan for himself or herself and his or her eligible Dependents as provided in this subsection. The maximum period of coverage under such an election will be the lesser of:
  - A. The twenty-four (24) month period beginning on the date on which the Participant's absence begins; or
  - B. The period beginning on the date on which the Participant's absence begins and ending on the day after the date on which the Participant fails to apply for or return to a position of employment, as required by USERRA.
- 2. A Participant who elects to continue Plan coverage under this Section may be required to pay not more than one hundred two percent (102%) of the full premium under the Plan (determined in the same manner as the applicable premium under Section 4980B(f)(4) of the Internal Revenue Code of 1986) associated with such coverage for the Employer's other Employees, except that in the case of a person who performs service in the uniformed services for less than thirty-one (31) days, such person may not be required to pay more than the regular Employee share, if any, for such coverage.
- 3. In the case of a Participant whose coverage under the Plan is terminated by reason of service in the uniformed services, an exclusion or Waiting Period may not be imposed in connection with the reinstatement of such coverage upon reemployment if an exclusion or Waiting Period would not have been imposed under the Plan had coverage of such person by the Plan not been terminated as a result of such service. This paragraph applies to the Employee who notifies the Employer of his or her intent to return to employment in a timely manner as defined by USERRA, and is reemployed and to any Dependent who is covered by the Plan by reason of the reinstatement of the coverage of such Employee. This provision will not apply to the coverage of any Illness or Injury determined by the Secretary of Veterans Affairs to have been caused by or aggravated during, performance of service in the uniformed services.
- 4. The requirements of this section shall not supersede any anti discrimination in coverage requirement promulgated by TRICARE or CHAMPVA related to eligibility for those coverages.

#### **COVERAGE FOR A MONTANA NATIONAL GUARD MEMBER**

To the extent required by the Montana Military Service Employment Rights Act (MMSERA), the following provisions will apply:

"State Active Duty" means duty performed by a Montana National Guard member when a disaster is declared by the proper State authority and shall include the time period as certified by a licensed Physician to recover from an Illness or Injury incurred while performing the state active duty.

1. In any case in which a Participant has coverage under this Plan, and such Participant is absent from employment with Employer by reason of State Active Duty, the Participant may elect to continue coverage under this Plan for himself or herself and his or her eligible Dependents as provided in this subsection. The maximum period of coverage under such an election shall be the period beginning on the thirty-first consecutive day of State Active Duty and ending on the day immediately before the day the Participant returns to a position of employment with the Employer, provided the Participant returns to employment in a timely manner, or ending on the day immediately after the day the Participant fails to return to a position of employment in a timely manner.

For purposes of this subsection, a timely manner means the following:

- A. For State Active Duty of thirty (30) days but not more than one hundred eighty (180) days, the next regularly scheduled day of Active Service following fourteen (14) days after the termination of State Active Duty.
- B. For State Active Duty of more than one hundred eighty (180) days, the next regularly scheduled day of Active Service following ninety (90) days after the termination of State Active Duty.
- 2. An eligible Participant who elects to continue Plan coverage under this Section may be required to pay:
  - A. Not more than one hundred percent (100%) of the contribution required from a similarly situated active Employee until such Participant becomes eligible for coverage under the State of Montana Health Benefit Plan as an employee of the Department of Military Affairs.
  - B. Not more than one hundred two percent (102%) of the contribution required from a similarly situated active Employee for any period of time that the Participant is also eligible for coverage under the State of Montana Health Benefit Plan as an employee of the Department of Military Affairs.
- In the case of a person whose coverage under the Plan is terminated by reason of State Active Duty, a Waiting Period may not be imposed in connection with the reinstatement of such coverage upon reemployment if such an exclusion or Waiting Period would not have been imposed under the Plan had coverage of such person by the Plan not been terminated as a result of such service. This paragraph applies to the Employee who is reemployed in a timely manner as defined by MMSERA and to any Dependent who is covered by the Plan by reason of the reinstatement of the coverage of such Employee.
- 4. In no event will this Plan cover any Illness or Injury determined by the Montana Department of Military Affairs to have been caused by or aggravated during, performance of State Active Duty.
- 5. The requirements of this section shall not supersede any anti discrimination in coverage requirement promulgated by TRICARE or CHAMPVA related to eligibility for those coverages.

## **FRAUD AND ABUSE**

THIS PLAN IS SUBJECT TO FEDERAL LAW WHICH PERMITS CRIMINAL PENALTIES FOR FRAUDULENT ACTS COMMITTED AGAINST THE PLAN. STATE LAW MAY ALSO APPLY.

Anyone who knowingly defrauds or tries to defraud the Plan, or obtains Plan funds through false statements or fraudulent schemes, may be subject to criminal prosecution and penalties. The following may be considered fraudulent:

- 1. Falsifying eligibility criteria for a Dependent, including such as marital status, age to get or continue coverage for that Dependent when not otherwise eligible for coverage;
- 2. Falsifying or withholding medical history or information required to calculate benefits;
- 3. Falsifying or altering documents to get coverage or benefits;
- 4. Permitting a person not otherwise eligible for coverage to use a Plan ID card to get Plan benefits; or
- 5. Submitting a fraudulent claim or making untruthful statements to the Plan to get reimbursement from the Plan for services that may or may not have been provided to a Covered Person.

The Plan Administrator, in its sole discretion, may take additional action against the Participant or Covered Person including, but not limited to, terminating the Participant or Covered Person's coverage under the Plan.

#### MISSTATEMENT OF AGE

If the Covered Person's age was misstated on an enrollment platform or claim, the Covered Person's eligibility or amount of benefits, or both, will be adjusted to reflect the Covered Person's true age. If the Covered Person was not eligible for coverage under the Plan or for the amount of benefits received, the Plan has a right to recover any benefits paid by the Plan. A misstatement of age will not continue coverage that was otherwise properly terminated or terminate coverage that is otherwise validly in force.

## MISREPRESENTATION OF ELIGIBILITY

If a Participant misrepresents a Dependent's marital status, age, Dependent child relationship or other eligibility criteria to get coverage for that Dependent, when he or she would not otherwise be eligible, coverage for that Dependent will terminate as though never effective.

# **MISUSE OF IDENTIFICATION CARD**

If a Covered Person permits any person who is not otherwise eligible as a Covered Person to use an ID card, the Plan Sponsor may, at the Plan Sponsor's sole discretion, terminate the Covered Person's coverage.

#### REIMBURSEMENT TO PLAN

Payment of benefits by the Plan for any person who was not otherwise eligible for coverage under this Plan but for whom benefits were paid based upon fraud as defined in this section must be reimbursed to the Plan by the Participant. Failure to reimburse the Plan upon request may result in an interruption or a loss of benefits by the Participant and Dependents.

#### RESCISSION OF COVERAGE

Coverage for an Employee and/or Dependent may be rescinded if the Plan Administrator determines that the Employee or a Dependent engaged in fraud or intentional misrepresentation of a material fact in order to obtain coverage and/or benefits under the Plan. In such case, the Participant will receive written notice at least thirty (30) days before the coverage is rescinded.

#### RECOVERY/REIMBURSEMENT/SUBROGATION

By enrollment in this Plan, Covered Persons agree to the provisions of this section as a condition precedent to receiving benefits under this Plan. Failure of a Covered Person to comply with the requirements of this section may result in the Plan pending the payment of benefits.

#### RIGHT TO RECOVER BENEFITS PAID IN ERROR

If the Plan makes a payment in error to or on behalf of a Covered Person or an assignee of a Covered Person to which that Covered Person is not entitled, or if the Plan pays a claim that is not covered, the Plan has the right to recover the payment from the person paid or anyone else who benefitted from the payment. The Plan can deduct the amount paid from the Covered Person's future benefits, or from the benefits for any covered Family member even if the erroneous payment was not made on that Family member's behalf.

Payment of benefits by the Plan for any person who was not otherwise eligible for coverage under this Plan, but for whom benefits were paid based upon inaccurate or false information, or information omitted by the Participant must be reimbursed to the Plan by the Participant. The Participant's failure to reimburse the Plan after demand is made, may result in an interruption in or loss of benefits to the Participant and Dependents, and could be reported to the appropriate governmental authorities for investigation of criminal fraud.

The Plan may recover such amount by any appropriate method that the Plan Administrator, in its sole discretion, will determine.

The provisions of this section apply to any Physician or Licensed Health Care Provider who receives an assignment of benefits or payment of benefits under this Plan. If a Physician or Licensed Health Care Provider fails to refund a payment of benefits, the Plan may refuse to recognize future assignments of benefits to that provider.

## <u>REIMBURSEMENT</u>

The Plan's right to Reimbursement is separate from and in addition to the Plan's right of Subrogation. If the Plan pays benefits for medical expenses on a Covered Person's behalf, and another party was responsible or liable for payment of those medical expenses, the Plan has a right to be reimbursed by the Covered Person for the amounts the Plan paid.

Accordingly, if a Covered Person, or anyone on his or her behalf, settles, is reimbursed or recovers money from any person, corporation, entity, liability coverage, no-fault coverage, uninsured coverage, underinsured coverage, or other insurance policies or funds for any accident, Injury, condition or Illness for which benefits were provided by the Plan, the Covered Person agrees to hold the money received in trust for the benefit of the Plan. The Covered Person agrees to reimburse the Plan, in first priority, from any money recovered from a liable third party, for the amount of all money paid by the Plan to the Covered Person or on his or her behalf or that will be paid as a result of said accident, Injury, condition or Illness. Reimbursement to the Plan will be paid first, in its entirety, even if the Covered Person is not paid for all of his or her claim for damages and regardless of whether the settlement, judgment or payment he or she receives is for or specifically designates the recovery, or a portion thereof, as including health care, medical, disability or other expenses or damages.

## **SUBROGATION**

The Plan's right to Subrogation is separate from and in addition to the Plan's right to Reimbursement. Subrogation is the right of the Plan to exercise the Covered Person's rights and remedies in order to recover from any third party who is liable to the Covered Person for a loss or benefits paid by the Plan. The Plan may proceed through litigation or settlement in the name of the Covered Person, with or without his or her consent, to recover benefits paid under the Plan.

The Covered Person agrees to subrogate to the Plan any and all claims, causes of action or rights that he or she has or that may arise against any entity who has or may have caused, contributed to or aggravated the accident, Injury, condition or Illness for which the Plan has paid benefits, and to subrogate any claims, causes of action or rights the Covered Person may have against any other coverage including, but not limited to, liability coverage, no-fault coverage, uninsured motorist coverage, underinsured motorist coverage, or other insurance policies, coverage or funds.

In the event that a Covered Person decides not to pursue a claim against any third party or insurer, the Covered Person will notify the Plan, and specifically authorize the Plan, in its sole discretion, to sue for, compromise or settle any such claims in the Covered Person's name, to cooperate fully with the Plan in the prosecution of the claims, and to execute any and all documents necessary to pursue those claims.

#### The Following Paragraphs Apply to Both Reimbursement and Subrogation:

- 1. Under the terms of this Plan, the Plan Supervisor is not required to pay any claim where there is evidence of liability of a third party unless the Covered Person signs the Plan's Third-Party Reimbursement Agreement and follows the requirements of this section. However, the Plan, in its discretion, may instruct the Plan Supervisor not to withhold payment of benefits while the liability of a party other than the Covered Person is being legally determined. If a repayment agreement is requested to be signed, the Plan's right of recovery through Reimbursement and/or Subrogation remains in effect regardless of whether the repayment agreement is actually signed.
- 2. If the Plan makes a payment which the Covered Person, or any other party on the Covered Person's behalf, is or may be entitled to recover against any liable third party, this Plan has a right of recovery, through reimbursement or subrogation or both, to the extent of its payment.
- 3. The Covered Person will cooperate fully with the Plan Administrator, its agents, attorneys and assigns, regarding the recovery of any benefits paid by the Plan from any liable third party. This cooperation includes, but is not limited to, make full and complete disclosure in a timely manner of all material facts regarding the accident, Injury, condition or Illness to the Plan Administrator; report all efforts by any person to recover any such monies; provide the Plan Administrator with any and all requested documents, reports and other information in a timely manner, regarding any demand, litigation or settlement involving the recovery of benefits paid by the Plan; and notify the Plan Administrator of the amount and source of funds received from third parties as compensation or damages for any event from which the Plan may have a reimbursement or subrogation claim.
- 4. Covered Persons will respond within ten (10) days to all inquiries of the Plan regarding the status of any claim they may have against any third parties or insurers including, but not limited to, liability, no-fault, uninsured and underinsured insurance coverage. The Covered Person will notify the Plan immediately of the name and address of any attorney whom the Covered Person engages to pursue any personal Injury claim on his or her behalf.
- 5. The Covered Person will not act, fail to act, or engage in any conduct directly, indirectly, personally or through third parties, either before or after payment by the Plan, the result of which may prejudice or interfere with the Plan's rights to recovery hereunder. The Covered Person will not conceal or attempt to conceal the fact that recovery has occurred or will occur.
- 6. The Plan will not pay or be responsible, without its written consent, for any fees or costs associated with a Covered Person pursuing a claim against any third party or coverage including, but not limited to, attorney fees or costs of litigation. Monies paid by the Plan will be repaid in full, in first priority, notwithstanding any anti-subrogation, "made whole," "common fund" or similar statute, regulation, prior court decision or common law theory unless a reduction or compromise settlement is agreed to in writing or required pursuant to a court order, except as limited by 2-18-901 and 902, MCA, as amended.

# **RIGHT OF OFF-SET**

The Plan has a right of off-set to satisfy reimbursement claims against Covered Persons for money received by the Covered Person from a third party, including any insurer. If the Covered Person fails or refuses to reimburse the Plan for funds paid for claims, the Plan may deny payment of future claims of the Covered Person, up to the full amount paid by the Plan and subject to reimbursement for such claims. This right of off-set applies to all reimbursement claims owing to the Plan whether or not formal demand is made by the Plan, and notwithstanding any anti-subrogation, "common fund," "made whole" or similar statutes, regulations, prior court decisions or common law theories.

#### **PLAN ADMINISTRATION**

## **PURPOSE**

The purpose of the Plan Document is to set forth the provisions of the Plan which provide for the payment or reimbursement of all or a portion of Eligible Expenses. The terms of this Plan are legally enforceable and the Plan is maintained for the exclusive benefit of eligible Employees and their covered Dependents.

# **EFFECTIVE DATE**

The effective date of the Plan is July 1, 1983 and restated July 1, 2023.

#### **PLAN YEAR**

The Plan Year will commence July 1 of each year and end on June 30 of each succeeding year.

## **PLAN SPONSOR**

The Plan Sponsor is Lewis & Clark County.

# **PLAN SUPERVISOR**

The Supervisor of the Plan is Allegiance Benefit Plan Management, Inc.

#### NAMED FIDUCIARY AND PLAN ADMINISTRATOR

The Named Fiduciary and Plan Administrator is Lewis & Clark County, a political subdivision of the State of Montana, who has the authority to control and manage the operation and administration of the Plan. The Plan Administrator may delegate responsibilities for the operation and administration of the Plan. The Plan Administrator will have the authority to amend the Plan, to determine its policies, to appoint and remove other service providers of the Plan, to fix their compensation (if any), and exercise general administrative authority over them and the Plan. The Plan Administrator has the sole authority and responsibility to review and make final decisions on all claims to benefits hereunder.

# **PLAN INTERPRETATION**

The Named Fiduciary and the Plan Administrator have full discretionary authority to interpret and apply all Plan Provisions including, but not limited to, resolving all issues concerning eligibility and determination of benefits. The Plan Administrator may contract with an independent administrative firm to process claims, maintain Plan data, and perform other Plan-connected services. Final authority to interpret and apply the provisions of the Plan rests exclusively with the Plan Administrator. Decisions of the Plan Administrator made in good faith will be final and binding.

#### CONTRIBUTIONS TO THE PLAN

The County will from time to time evaluate the costs of the Plan and determine the amount to be contributed by the County, if any, and the amount to be contributed, if any, by each Participant.

If the County terminates the Plan, the County and Participants will have no obligation to contribute to the Plan after the date of termination.

## PLAN AMENDMENTS/MODIFICATION/TERMINATION

This Document contains all the terms of the Plan and may be amended from time to time by the County. Any changes so made shall be binding on each Participant and on any other Covered Persons referred to in this Plan Document. The authority to make any such amendments to the Plan rests with the Board of County Commissioners or any other individual designated by the County's management. Any such amendment, modification, revocation or termination of the Plan shall be authorized and signed by the Board of County Commissioners or any other individual designated by the County management, pursuant to a resolution of the Board of County Commissioners, granting the authority to amend, modify, revoke or terminate this Plan. An executed copy of said resolution shall be supplied to the Plan Supervisor. Written notification of any amendments, modifications, revocations or terminations will be given to Participants at least sixty (60) days prior to the effective date, except for amendments effective on the first day of a new Plan Year, for which thirty (30) days advance notice is required.

#### **TERMINATION OF PLAN**

The County reserves the right at any time to terminate the Plan by a written notice. All previous contributions by the County will continue to be issued for the purpose of paying benefits and fixed costs under provisions of this Plan with respect to claims arising before such termination, or will be used for the purpose of providing similar health benefits to Participants, until all contributions are exhausted.

## PLAN DOCUMENT/SUMMARY PLAN DESCRIPTION

Each Participant covered under this Plan will be issued a Plan Document/Summary Plan Description (SPD) describing the benefits to which the Covered Persons are entitled, the required Plan procedures for eligibility and claiming benefits and the limitations and exclusions of the Plan.

## **GENERAL PROVISIONS**

# **EXAMINATION**

The Plan will have the right and opportunity to have the Covered Person examined whenever Injury or Illness is the basis of a claim hereunder when and so often as it may reasonably require during pendency of the claim hereunder. The Plan will also have the right and opportunity to have an autopsy performed in case of death where it is not forbidden by law.

## **PAYMENT OF CLAIMS**

All Plan benefits are payable to a Participant, Qualified Beneficiary or Alternate Recipient, whichever is applicable. All or a portion of any benefits payable by the Plan may, at the Covered Person's option and unless the Covered Person requests otherwise in writing not later than the time of filing the claim, be paid directly to the health care provider rendering the service, if proper written assignment is provided to the Plan. No payments will be made to any provider of services unless the Covered Person is liable for such expenses.

If any benefits remain unpaid at the time of the Covered Person's death or if the Covered Person is a minor or is, in the opinion of the Plan, legally incapable of giving a valid receipt and discharge for any payment, the Plan may, at its option, pay such benefits to the Covered Person's legal representative or estate. The Plan, in its sole option, may require that an estate, guardianship or conservatorship be established by a court of competent jurisdiction prior to the payment of any benefit. Any payment made under this subsection will constitute a complete discharge of the Plan's obligation to the extent of such payment and the Plan will not be required to oversee the application of the money so paid.

# **LEGAL PROCEEDINGS**

No action at law or equity will be brought to recover on the Plan prior to the expiration of sixty (60) days after proof of loss has been filed in accordance with the requirements of the Plan, nor will such action be brought at all unless brought within three (3) years from the expiration of the time within which proof of loss is required by the Plan.

## NO WAIVER OR ESTOPPEL

No term, condition or provision of this Plan will be waived, and there will be no estoppel against the enforcement of any provision of this Plan, except by written instrument of the party charged with such waiver or estoppel. No such written waiver will be deemed a continuing waiver unless specifically stated therein, and each such waiver will operate only as to the specific term or condition waived and will not constitute a waiver of such term or condition for the future or as to any act other than that specifically waived.

## **VERBAL STATEMENTS**

Verbal statements or representations of the Plan Administrator, its agents and Employees, or Covered Persons will not create any right by contract, estoppel, unjust enrichment, waiver or other legal theory regarding any matter related to the Plan, or its administration, except as specifically stated in this subsection. No statement or representation of the Plan Administrator, its agents and Employees, or Covered Persons will be binding upon the Plan or a Covered Person unless made in writing by a person with authority to issue such a statement. This subsection will not be construed in any manner to waive any claim, right or defense of the Plan or a Covered Person based upon fraud or intentional material misrepresentation of fact or law.

#### FREE CHOICE OF PHYSICIAN

The Covered Person will have free choice of any legally qualified Physician, Licensed Health Care Provider or surgeon and the Physician-patient relationship will be maintained.

## WORKERS' COMPENSATION NOT AFFECTED

This Plan is not in lieu of, supplemental to Workers' Compensation and does not affect any requirement for coverage by Workers' Compensation Insurance.

#### CONFORMITY WITH LAW

If any provision of this Plan is contrary to any law to which it is subject, such provision is hereby amended to conform to the minimum requirements of the applicable law. Only that provision which is contrary to applicable law will be amended to conform; all other parts of the Plan will remain in full force and effect.

#### **MISCELLANEOUS**

Section titles are for convenience of reference only, and are not to be considered in interpreting this Plan.

No failure to enforce any provision of this Plan will affect the right thereafter to enforce such provision, nor will such failure affect its right to enforce any other provision of the Plan.

# **FACILITY OF PAYMENT**

Whenever payments which should have been made under this Plan in accordance with this provision have been made under any other plan or plans, the Plan will have the right, exercisable alone and in its sole discretion, to pay to any insurance company or other organization or person making such other payments any amounts it determines in order to satisfy the intent of this provision. Amounts so paid will be deemed to be benefits paid under this Plan and to the extent of such payments, the Plan will be fully discharged from liability under this Plan.

The benefits that are payable will be charged against any applicable maximum payment or benefit of this Plan rather than the amount payable in the absence of this provision.

#### PROTECTION AGAINST CREDITORS

No benefit payment under this Plan will be subject in any way to alienation, sale, transfer, pledge, attachment, garnishment, execution or encumbrance of any kind, and any attempt to accomplish the same will be void, except an assignment of payment to a provider of Covered Services. If the Plan Administrator finds that such an attempt has been made with respect to any payment due or which will become due to any Participant, the Plan Administrator, in its sole discretion, may terminate the interest of such Participant or former Participant in such payment. In such case, the Plan Administrator will apply the amount of such payment to or for the benefit of such Participant or covered Dependents or former Participant, as the Plan Administrator may determine. Any such application will be a complete discharge of all liability of the Plan with respect to such benefit payment.

## PLAN IS NOT A CONTRACT

The Plan Document constitutes the primary authority for Plan administration. The establishment, administration and maintenance of this Plan will not be deemed to constitute a contract of employment, give any Participant of the County the right to be retained in the service of the County, or to interfere with the right of the County to discharge or otherwise terminate the employment of any Participant.

#### **GENERAL DEFINITIONS**

Certain words and phrases in this Plan Document are defined below. If the defined term is not used in this document, the term does not apply to this Plan.

Masculine pronouns used in this Plan Document will include either the masculine or feminine gender unless the context indicates otherwise.

Any words used herein in the singular or plural will include the alternative as applicable.

## ACCIDENTAL INJURY

"Accidental Injury" means an Injury sustained as a result of an external force or forces that is/are sudden, direct and unforeseen and is/are exact as to time and place. A hernia of any kind will only be considered as an Illness.

## **ACTIVE SERVICE**

"Active Service" means that an Employee is in service with the County on a day which is one of the County's regularly scheduled work days and that the Employee is performing all of the regular duties of his/her employment with the County on a regular basis, either at one of the County's business establishments or at some location to which the County's business requires him/her to travel.

#### ADVERSE BENEFIT DETERMINATION

"Adverse Benefit Determination" means any of the following: a denial, reduction, or termination of, or a failure to provide or make payment, in whole or in part, for, a benefit, including any such denial, reduction, termination, or failure to provide or make payment that is based on a determination of a Participant's or beneficiary's eligibility to participate in the Plan, and including, with respect to group health plans, a denial, reduction, or termination of, or a failure to provide or make payment, in whole or in part, for, a benefit resulting from the application of any utilization review, as well as a failure to cover an item or service for which benefits are otherwise provided because it is determined to be Experimental or Investigational or not Medically Necessary or appropriate, or a rescission of coverage if the Plan Administrator determines that the Employee or a Dependent engaged in fraud or intentional misrepresentation of a material fact in order to obtain coverage and/or benefits under the Plan. In such case, the Participant will receive written notice at least thirty (30) days before the coverage is rescinded.

### **ALCOHOLISM**

"Alcoholism" means a morbid state caused by excessive and compulsive consumption of alcohol that interferes with the patient's health, social or economic functioning.

# ALCOHOLISM AND/OR/CHEMICAL DEPENDENCY TREATMENT FACILITY

"Alcoholism and/or Chemical Dependency Treatment Facility" means a licensed institution which provides a program for diagnosis, evaluation, and effective treatment of Alcoholism and/or Chemical Dependency; provides detoxification services needed with its effective treatment program; provides infirmary-level medical services or arranges with a Hospital in the area for any other medical services that may be required; is at all times supervised by a staff of Physicians; provides at all times skilled nursing care by licensed nurses who are directed by a full-time Registered Nurse (RN) or Licensed Vocational Nurse (LVN); prepares and maintains a written plan of treatment for each patient based on medical, psychological and social needs which is supervised by a Physician; and meets licensing standards.

## **AMBULANCE SERVICE**

"Ambulance Service" means an entity, its personnel and equipment including, but not limited to, automobiles, airplanes, boats or helicopters, which are licensed to provide Emergency medical and Ambulance services in the state in which the services are rendered.

#### AMBULATORY SURGICAL CENTER

"Ambulatory Surgical Center" (also called same-day surgery center or Outpatient surgery center) means a licensed establishment with an organized staff of Physicians and permanent facilities, either freestanding or as a part of a Hospital, equipped and operated primarily for the purpose of performing surgical procedures and which a patient is admitted to and discharged from within a twenty-four (24) hour period. Such facilities must provide continuous Physician and registered nursing services whenever a patient is in the facility. An Ambulatory Surgical Center must meet any requirements for certification or licensing for ambulatory surgery centers in the state in which the facility is located.

"Ambulatory Surgical Center" does not include an office or clinic maintained by a Dentist or Physician for the practice of dentistry or medicine, a Hospital emergency room or trauma center.

#### **BENEFIT PERCENTAGE**

"Benefit Percentage" means that portion of Maximum Eligible Expenses payable by the Plan, which is stated as a percentage in the Schedule of Benefits.

## BENEFIT PERIOD

"Benefit Period" refers to a time period of one year, which is either a Calendar Year or other annual period, as shown in the Schedule of Benefits. Such Benefit Period will terminate on the earliest of the following dates:

- 1. The last day of the one year period so established; or
- 2. The day the Maximum Lifetime Benefit applicable to the Covered Person becomes paid; or
- 3. The date the Plan terminates.

## **BIRTHING CENTER**

"Birthing Center" means a freestanding or hospital based facility which provides obstetrical delivery services under the supervision of a Physician, and through an arrangement or an agreement with a Hospital.

#### **CALENDAR YEAR**

"Calendar Year" means a period of time commencing on January 1 and ending on December 31 of the same year.

## **CHEMICAL DEPENDENCY**

"Chemical Dependency" means the physiological and psychological addiction to a controlled drug or substance, or to alcohol. Dependence upon tobacco, nicotine, caffeine or eating disorders are not included in this definition.

#### **CLOSE RELATIVE**

"Close Relative" means the spouse, parent, brother, sister, child, or in-laws of the Covered Person.

## **COBRA**

"COBRA" means Sections 2201 through 2208 of the Public Health Service Act [42 U.S.C. §300bb-1 through §300bb-8], which contains provisions similar to Title X of the Consolidated Omnibus Budget Reconciliation Act of 1985, as amended.

#### COBRA CONTINUATION COVERAGE

"COBRA Continuation Coverage" means continuation coverage provided under the provisions of the Public Health Service Act referenced herein under the definition of "COBRA".

#### CONVALESCENT NURSING HOME

See "Skilled Nursing Home."

#### COSMETIC

"Cosmetic" means services or treatment ordered or performed solely to change a Covered Person's appearance rather than for the restoration of bodily function.

## **COVERED PERSON**

"Covered Person" means any Participant or Dependent of a Participant meeting the eligibility requirements for coverage and properly enrolled for coverage as specified in the Plan.

#### CUSTODIAL CARE

"Custodial Care" means the type of care or service, wherever furnished and by whatever name called, which is designed primarily to assist a Covered Person in the activities of daily living. Such activities include, but are not limited to: bathing, dressing, feeding, preparation of special diets, assistance in walking or in getting in and out of bed, and supervision over medication which can normally be self-administered.

## **DEDUCTIBLE**

"Deductible" means a specified dollar amount of Eligible Expenses that must be incurred before the Plan will pay any amount for any Eligible Expenses during each Benefit Period.

#### DENTAL HYGIENIST

"Dental Hygienist" means a person who is licensed to practice dental hygiene and who works under the supervision and direction of a Dentist.

## **DENTALLY NECESSARY**

"Dentally Necessary" means treatment, tests, services or supplies provided by a Hospital, Physician, or other Licensed Health Care Provider which are not excluded under this Plan and which meet all of the following criteria:

- 1. Are to treat or diagnose a Dental condition or dental disease; and
- 2. Are ordered by a Dentist or Licensed Health Care Provider and consistent with the symptoms or diagnosis and treatment of the dental condition or dental disease; and
- 3. Are not primarily for the convenience of the Covered Person, Dentist or other Licensed Health Care Provider; and

- 4. Are the standard or level of services most appropriate for good medical practice that can be safely provided to the Covered Person; and
- 5. Are not of an Experimental/Investigational or solely educational nature; and
- 6. Are not provided primarily for dental, medical or other research; and
- 7. Do not involve excessive, unnecessary or duplicated tests; and
- 8. Are commonly and customarily recognized by the dental profession as appropriate in the treatment or diagnosis of the diagnosed condition; and
- 9. Are approved procedures or meet required guidelines or protocols of the Food and Drug Administration, Centers for Medicare/Medicaid Services (CMS), or American Dental Association, pursuant to that entity's program oversight authority based upon the dental treatment circumstances.

#### **DENTIST**

"Dentist" means a person holding one of the following degrees—Doctor of Dental Science, Doctor of Medical Dentistry, Master of Dental Surgery or Doctor of Medicine (oral surgeon) -- who is legally licensed as such to practice dentistry in the jurisdiction where services are rendered, and the services rendered are within the scope of his or her license.

A "Dentist" will not include the Covered Person or any Close Relative of the Covered Person who does not regularly charge the Covered Person for services.

## **DENTURIST**

"Denturist" means a dental technician, duly licensed, specializing in the making and fitting of dentures.

#### **DEPENDENT**

"Dependent" means a person who is eligible for coverage under the Dependent Eligibility subsection of this Plan.

## **DEPENDENT COVERAGE**

"Dependent Coverage" means eligibility for coverage under the terms of the Plan for benefits payable as a consequence of Eligible Incurred Expenses for an Illness or Injury of a Dependent.

#### **DURABLE MEDICAL EQUIPMENT**

"Durable Medical Equipment" means equipment which is:

- 1. Able to withstand repeated use, i.e., could normally be rented, and used by successive patients; and
- 2. Primarily and customarily used to serve a medical purpose; and
- 3. Not generally useful to a person in the absence of Illness or Injury.

#### **ELIGIBLE EXPENSES**

"Eligible Expenses" means the maximum amount of any charge for a covered service, treatment or supply that may be considered for payment by the Plan, including any portion of that charge that may be applied to the Deductible or used to satisfy the Out-of-Pocket Maximum. Eligible Expenses are equal to the Maximum Eligible Expense (MEE) as defined by this Plan.

## **EMERGENCY**

"Emergency" means acute symptoms that a prudent layperson with average knowledge of health and medicine would expect that the absence of medical attention would place the individual's health in serious jeopardy, or seriously impair body functions, organs or parts.

## **EMPLOYEE**

"Employee" means a person employed by the Employer on a continuing and regular basis, or a Variable Hour Employee who is eligible for coverage as defined by the Employee Eligibility subsection of this Plan, and who is on the Employer's W-2 payroll.

Employee does not include any employee leased from another employer including, but not limited to, those individuals defined in Internal Revenue Code Section 414(n), or an individual classified by the Employer as a contract worker, or independent contractor if such persons are not on the Employer's W-2 payroll, or any individual who performs services for the Employer but who is paid by a temporary or other employment agency such as "Kelly," "Manpower," etc.

#### **EMPLOYER**

"Employer" means the County, PureView Health Center or any affiliated agencies or boards that have adopted this Plan for its Employees.

#### **ENROLLMENT DATE**

"Enrollment Date" means the date a person becomes eligible for coverage under this Plan or the eligible person's effective date of coverage under this Plan, whichever occurs first.

#### **ERISA**

"ERISA" refers to the Employee Retirement Income Security Act of 1974, as amended.

## **EXPERIMENTAL/INVESTIGATIONAL**

"Experimental/Investigational" means:

- 1. Any drug or device that cannot be lawfully marketed without approval of the U.S. Food and Drug Administration and approval for marketing has not been given at the time the drug or device is furnished; or
- 2. Any drug, device, medical treatment or procedure for which the patient informed consent document utilized with the drug, device, treatment or procedure, was reviewed and approved by the treating facility's Institutional Review Board or other body serving a similar function, or if federal law requires such review or approval; or
- 3. That the drug, device or medical treatment or procedure is under study, prior to or in the absence of any clinical trial, to determine its maximum tolerated dose, its toxicity, or its safety; or
- 4. That based upon Reliable Evidence, the drug, device, medical treatment or procedure is the subject of an on-going phase I or phase II clinical trial. (A Phase III clinical trial recognized by the National Institute of Health is not considered Experimental or Investigational). For chemotherapy regimens, a Phase II clinical trial is not considered Experimental or Investigational when both of these criteria are met:
  - A. The regimen or protocol has been the subject of a completed and published Phase II clinical trial which demonstrates benefits equal to or greater than existing accepted treatment protocols, and

- B. The regimen or protocol listed by the National Comprehensive Cancer Network is supported by level of evidence Category 2B or higher; or
- 5. Based upon Reliable Evidence, any drug, device, medical treatment or procedure that the prevailing opinion among experts is that further studies or clinical trial are necessary to determine the maximum tolerated dose, its toxicity, its safety, its efficacy or its efficacy as compared with generally medically accepted means of treatment or diagnosis; or
- 6. Any drug, device, medical treatment or procedure used in a manner outside the scope of use for which it was approved by the FDA or other applicable regulatory authority (U.S. Department of Health, Centers for Medicare and Medicaid Services (CMS), American Dental Association, American Medical Association).

"Reliable Evidence" means only reports and articles published in authoritative medical and scientific literature; the written protocol or protocols used by a treating facility or the protocol(s) of another facility studying substantially the same drug, device, medical treatment or procedure; or the informed consent document used by the treating facility or by another facility studying substantially the same drug, device, medical treatment or procedure.

#### **FAMILY**

"Family" means a Participant and his or her eligible Dependents as defined herein.

## **FMLA**

"FMLA" means Family and Medical Leave Act.

#### GENDER IDENTITY DISORDER/ GENDER DYSPHORIA

## DSM-V diagnosis in children:

- 1. A definite difference between experienced/expressed gender and the one assigned at birth of at least six (6) months duration. At least six (6) of the following must be present:
  - A. Persistent and strong desire to be of the other sex or insistence that they belong to the other sex.
  - B. In male children, a strong preference for cross-dressing and in female children, a strong preference for wearing typical masculine clothing and dislike or refusal to wear typical feminine clothing.
  - C. Fantasizing about playing opposite gender roles in make-belief play or activities.
  - D. Preference for toys, games or activities typical of the opposite sex.
  - E. Rejection of toys, games and activities conforming to one's own sex. In male children, avoidance of rough-and-tumble play, and in female children, rejection of typically feminine toys, games and activities.
  - F. Preference for playmates of the other sex.
  - G. Dislike for sexual anatomy. Male children may hate their penis and testes, and female children may dislike urinating sitting.
  - H. Desire to acquire the primary and/or secondary sex characteristics of the opposite sex.

2. The gender dysphoria leads to clinically significant distress and/or social, occupational and other functioning impairment. There may be an increased risk of suffering distress or disability.

The subtypes may be ones with or without defects or defects in sexual development.

## DSM-V diagnosis in adolescents and adults:

- 1. A definite mismatch between the assigned gender and experienced/expressed gender for at least six (6) months duration as characterized by at least two (2) or more of the following features:
  - A. Mismatch between experienced or expressed gender and gender manifested by primary and/or secondary sex characteristics at puberty.
  - B. Persistent desire to rid oneself of the primary or secondary sexual characteristics of the biological sex at puberty.
  - C. Strong desire to possess the primary and/or secondary sex characteristics of the other gender.
  - D. Desire to belong to the other gender.
  - E. Desire to be treated as the other gender.
  - F. Strong feeling or conviction that he or she is reacting or feeling in accordance with the identified gender.
- 2. The gender dysphoria leads to clinically significant distress and/or social, occupational and other functioning impairment. There may be an increased risk of suffering distress or disability.

The subtypes may be ones with or without defects or defects in sexual development.

#### **HIPAA**

"HIPAA" means the Health Insurance Portability and Accountability Act of 1996, as amended.

## **HOME HEALTH CARE AGENCY**

"Home Health Care Agency" means an organization that provides skilled nursing services and therapeutic services (home health aide services, physical therapy, occupational therapy, speech therapy, medical social services) on a visiting basis, in a place of residence used as the Covered Person's home. The organization must be Medicare certified and licensed within the state in which home health care services are provided.

### **HOME HEALTH CARE PLAN**

"Home Health Care Plan" means a program for continued care and treatment administered by a Medicare certified and licensed Home Health Care Agency, for the Covered Person who may otherwise have been confined as an Inpatient in a Hospital or Skilled Nursing Facility or following termination of a Hospital confinement as an Inpatient and is the result of the same related condition for which the Covered Person was hospitalized and is approved in writing by the Covered Person's attending Physician.

## **HOSPICE**

"Hospice" means a health care program providing a coordinated set of services rendered at home, in Outpatient settings or in institutional settings for Covered Persons suffering from a condition that has a terminal prognosis. A Hospice must have an interdisciplinary group of personnel which includes at least one Physician and one Registered Nurse (RN) or Licensed Vocational Nurse (LVN), and it must maintain central clinical records on all patients. A Hospice must meet the standards of the National Hospice Organization (NHO) and applicable state licensing requirements.

## HOSPICE BENEFIT PERIOD

"Hospice Benefit Period" means a specified amount of time during which the Covered Person undergoes treatment by a Hospice. Such time period begins on the date the attending Physician of a Covered Person certifies a diagnosis of terminal Illness, and the Covered Person is accepted into a Hospice program. The period will end the earliest of six months from this date or at the death of the Covered Person. A new Hospice Benefit Period may begin if the attending Physician certifies that the patient is still terminally ill; however, additional proof will be required by the Plan Administrator before a new Hospice Benefit Period can begin.

## **HOSPITAL**

"Hospital" means an institution which meets all of the following conditions:

- 1. It is engaged primarily in providing medical care and treatment to ill and injured persons on an Inpatient basis at the patient's expense; and
- 2. It is licensed as a Hospital under authority of the laws of the jurisdiction in which the facility is physically located; and
- 3. It maintains on its premises all the facilities necessary to provide for the diagnosis and medical and surgical treatment of an Illness or an Injury; and
- 4. It provides treatment for compensation by or under the supervision of Physicians with continuous twenty-four (24) hour nursing services by Registered Nurses (RNs); and
- 5. It is a provider of services under Medicare. This condition is waived for otherwise Eligible Incurred Expenses outside of the United States; and
- 6. It is not, other than incidentally, a place for rest, a place for the aged, a place for drug addicts, a place for alcoholics, or a nursing home.

#### **HOSPITAL MISCELLANEOUS EXPENSES**

"Hospital Miscellaneous Expenses" means the actual charges made by a Hospital on its own behalf for services and supplies rendered to the Covered Person which are Medically Necessary for the treatment of such Covered Person. Hospital Miscellaneous Expenses do not include charges for Room and Board or for professional services, regardless of whether the services are rendered under the direction of the Hospital or otherwise.

#### **ILLNESS**

"Illness" means a bodily disorder, Pregnancy, disease, physical sickness, Mental Illness, or functional nervous disorder of a Covered Person.

## **INCURRED EXPENSES OR EXPENSES INCURRED**

"Incurred Expenses" or "Expenses Incurred" means those services and supplies rendered to a Covered Person. Such expenses will be considered to have occurred at the time or date the treatment, service or supply is actually provided.

#### INITIAL ENROLLMENT PERIOD

"Initial Enrollment Period" means the time allowed by this Plan for enrollment when a person first becomes eligible for coverage.

#### **INJURY**

"Injury" means physical damage to the Covered Person's body which is not caused by disease or bodily infirmity.

#### INPATIENT

"Inpatient" means the classification of a Covered Person when that Person is admitted to a Hospital, Hospice, or Skilled Nursing Facility for treatment, and charges are made for Room and Board to the Covered Person as a result of such treatment.

## INTENSIVE CARE UNIT

"Intensive Care Unit" means a section, ward, or wing within the Hospital which is separated from other facilities and:

- 1. Is operated exclusively for the purpose of providing professional medical treatment for critically ill patients;
- 2. It has special supplies and equipment necessary for such medical treatment available on a standby basis for immediate use; and
- 3. It provides constant observation and treatment by Registered Nurses (RNs) or other highly-trained Hospital personnel.

## LICENSED HEALTH CARE PROVIDER

"Licensed Health Care Provider" means any provider of health care services who is licensed or certified by any applicable governmental regulatory authority to the extent that services are within the scope of the license or certification.

## LICENSED PRACTICAL NURSE

"Licensed Practical Nurse" (LPN) means an individual who has received specialized nursing training and practical nursing experience, and is licensed to perform such nursing services by the state or regulatory agency responsible for such licensing in the state in which that individual performs such services.

#### LICENSED SOCIAL WORKER

"Licensed Social Worker" (LSW) means a person holding a Master's Degree (MSW) in social work and who is currently licensed as a social worker in the state in which services are rendered, and who provides counseling and treatment in a clinical setting for Mental Illnesses.

## **LICENSED VOCATIONAL NURSE**

"Licensed Vocational Nurse" (LVN) means an individual who has received specialized nursing training and practical nursing experience, and is licensed to perform such nursing services by the state or regulatory agency responsible for such licensing in the state in which that individual performs such services.

#### MAXIMUM ELIGIBLE EXPENSE

"Maximum Eligible Expense" (MEE) means the maximum amount considered for payment by this Plan for any covered treatment, service, or supply, subject however, to all Plan annual and lifetime maximum benefit limitations. The following criteria will apply to determination of the Maximum Eligible Expense:

- 1. For services of a Network Physician or Licensed Health Care Provider at a Network facility:
  - A. A contracted amount as established by a preferred provider or other discounting contract.
- 2. For services of a Non-Network Physician or Licensed Health Care Provider at a Non-Network facility:
  - A. 150% of the allowable charge established by Medicare for the same service; or
  - B. The billed charge if less than A.
- 3. For services of a Non-Network Physician or Licensed Health Care Provider at a Network facility and who was not disclosed as such to the Covered Person when services were rendered:
  - A. A maximum amount equal to the median network allowable charge for the same service in the same geographic area; or
  - B. An amount established by federally appointed mediator if more than A above.
- 4. For facility charges, except emergency use of a Non-Network emergency room:
  - A. A contracted amount as established by a preferred provider or other discounting contract;
  - B. An amount based upon fee schedules adopted by the Plan and Plan Supervisor if a contracted amount does not exist; or
  - C. A schedule maintained by the Plan Supervisor and based upon the average billed charge, reduced by 20%.
- 5. For all prescription drugs not obtained through the Plan's Pharmacy Drug Program while undergoing either Inpatient or Outpatient treatment, including injectable drugs:
  - A. A contracted amount as established by a preferred provider or other discounting contract:
  - B. 125% of the current Medicare allowable fee, if a contracted amount does not exist; or
  - C. The billed charge if less than A or B above.
- 6. For Durable Medical Equipment:
  - A. A contracted amount as established by a preferred provider or other discounting contract:
  - B. The allowable charge established by application of the Medicare DME Fee Schedule; or
  - C. The billed charge if less than A or B above.

- 7. For Network Air Ambulance:
  - A. A contracted amount as established by a preferred provider or other discounting contract.
- 8. For Non-Network Air Ambulance:
  - A. A maximum amount equal to the median network allowable charge for the same services in the same geographic area; or
  - B. An amount established by a federally appointed mediator if more than A above.
- 9. For Emergency charges of a Non-Network emergency room:
  - A. A maximum amount equal to the median network allowable charge for the same services in the same geographic area; or
  - B. An amount established by a federally appointed mediator if more than A above.
- 10. For surgical implants (devices and related supplies):
  - A. A contracted amount as established by a preferred provider or other discounting contract;
  - B. 50% of billed charges; or
  - C. 150% of invoice if less than B above.
- 11. For Dialysis Centers:
  - A. A contracted amount established by a preferred provider or any other discounting contract;
  - B. An amount equal to 200% of the Medicare Allowable fee for the same treatment if an out-ofnetwork provider is used and no discounting contract can be established; or
  - C. The billed charge if less than A or B above.

## **MAXIMUM LIFETIME BENEFIT**

"Maximum Lifetime Benefit" means the maximum benefit payable while a person is covered under this Plan. The Maximum Lifetime Benefit will not be construed as providing lifetime coverage, or benefits for a person's Illness or Injury after coverage terminates under this Plan.

#### **MEDICAID**

"Medicaid" means that program of medical care and coverage established and provided by Title XIX of the Social Security Act, as amended.

### MEDICALLY NECESSARY OR MEDICAL NECESSITY

"Medically Necessary" or "Medical Necessity" means treatment, tests, services or supplies provided by a Hospital, Physician, or other Licensed Health Care Provider which are not excluded under this Plan and which meet all of the following criteria:

- 1. Are to treat or diagnose an Illness or Injury; and
- 2. Are ordered by a Physician or Licensed Health Care Provider and consistent with the symptoms or diagnosis and treatment of the Illness or Injury; and

- 3. Are not primarily for the convenience of the Covered Person, Physician or other Licensed Health Care Provider: and
- 4. Are the standard or level of services most appropriate for good medical practice that can be safely provided to the Covered Person; and
- 5. Are not of an Experimental/Investigational or solely educational nature; and
- 6. Are not provided primarily for medical or other research; and
- 7. Do not involve excessive, unnecessary or duplicated tests; and
- 8. Are commonly and customarily recognized by the medical profession as appropriate in the treatment or diagnosis of the diagnosed condition; and
- 9. Are approved procedures or meet required guidelines or protocols of the Food and Drug Administration (FDA) or Centers for Medicare/Medicaid Services (CMS), pursuant to that entity's program oversight authority based upon the medical treatment circumstances.

#### **MEDICARE**

"Medicare" means the programs established under the "Health Insurance for the Aged Act," Public Law 89-97 under Title XVIII of the Federal Social Security Act, as amended, to pay for various medical expenses for qualified individuals, specifically those who are eligible for Medicare Part A, Part B or Part D as a result of age, those with end-stage renal disease, or with disabilities.

## **MENTAL ILLNESS**

"Mental Illness" means a medically recognized psychological, physiological, nervous or behavioral condition, affecting the brain, which can be diagnosed and treated by medically recognized and accepted methods, **but will not include Alcoholism, Chemical Dependency or other addictive behavior**. Conditions recognized by the Diagnostic Statistical Manual (the most current edition) will be included in this definition.

### **MMSERA**

"MMSERA" means the Montana Military Service Employment Rights Act (MMSERA), as amended.

#### NAMED FIDUCIARY

"Named Fiduciary" means the Plan Administrator which has the authority to control and manage the operation and administration of the Plan.

### **NEWBORN**

"Newborn" refers to an infant from the date of his/her birth until the initial Hospital discharge or forty-eight (48) hours for vaginal delivery or ninety-six (96) hours for cesarean section, whichever occurs first.

#### OCCUPATIONAL THERAPY

"Occupational Therapy" means a program of care ordered by a Physician which is for the purpose of improving the physical, cognitive and perceptual disabilities that influence the Covered Person's ability to perform functional tasks related to normal life functions or occupations, and which is for the purpose of assisting the Covered Person in performing such functional tasks without assistance.

## ORTHOPEDIC APPLIANCE

"Orthopedic Appliance" means a rigid or semi-rigid support used to restrict or eliminate motion in a diseased, injured, weak or deformed body member.

## **OUT-OF-POCKET MAXIMUM**

"Out-of-Pocket Maximum" means the maximum dollar amount, as stated in the Schedule of Medical Benefits or Pharmacy Benefit that any Covered Person or Family will pay in any Benefit Period for covered services, treatments or supplies.

## **OUTPATIENT**

"Outpatient" means a Covered Person who is receiving medical care, treatment, services or supplies at a clinic, a Physician's office, a Licensed Health Care Provider's office or at a Hospital if not a registered bed patient at that Hospital, Psychiatric Facility or Alcoholism and/or Chemical Dependency Treatment Facility.

#### PARTIAL HOSPITALIZATION

"Partial Hospitalization" means care in a day care or night care facility for a minimum of twenty (20) hours per week during which therapeutic clinical treatment is provided.

#### **PARTICIPANT**

"Participant" means an Employee of the County who is eligible and enrolled for coverage under this Plan.

## PHYSICAL THERAPY

"Physical Therapy" means a plan of care ordered by a Physician and provided by a licensed physical therapist, to return the Covered Person to the highest level of motor functioning possible.

#### **PHYSICIAN**

"Physician" means a person holding the degree of Doctor of Medicine, Dentistry or Osteopathy, or Optometry who is legally licensed as such.

"Physician" does not include the Covered Person or any Close Relative of the Covered Person who does not regularly charge the Covered Person for services.

## PLACEMENT OR PLACED FOR ADOPTION

"Placement" or "Placed for Adoption" means the assumption and retention of a legal obligation for total or partial support of a child by a person with whom the child has been placed in anticipation of the child's adoption. The child's placement for adoption with such person ends upon the termination of such legal obligation.

### **PLAN**

"Plan" means the Health Benefit Plan for Employees of the County, the Plan Document and any other relevant documents pertinent to its operation and maintenance.

## PLAN ADMINISTRATOR

"Plan Administrator" means the County and/or its designee which is responsible for the day-to-day functions and management of the Plan. The Plan Administrator may employ persons or firms to process claims and perform other Plan-connected services. For the purposes of the Employee Retirement Income Security Act of 1974, as amended, and any applicable state legislation of a similar nature, the County will be deemed to be the Plan Administrator of the Plan unless by action of the Board of Directors, the County designates an individual or committee to act as Plan Administrator of the Plan.

## **PLAN SUPERVISOR**

"Plan Supervisor" means the person or firm employed by the Plan to provide consulting services to the Plan in connection with the operation of the Plan and any other functions, including the processing and payment of claims. The Plan Supervisor is Allegiance Benefit Plan Management, Inc. The Plan Supervisor provides ministerial duties only, exercises no discretion over Plan assets and will not be considered a fiduciary as defined by ERISA (Employee Retirement Income Security Act) or any other State or Federal law or regulation.

## PRE-EXISTING CONDITION (Dental Treatment)

"Pre-Existing Condition" means a dental Injury or Illness of a Covered Person for which the Covered Person has been under the care of a Dentist, or has received dental treatment, services or care within the six (6) month period immediately preceding his/her Enrollment Date.

## **PREGNANCY**

"Pregnancy" means a physical condition commencing with conception, and ending with miscarriage or birth.

#### PREVENTIVE CARE

"Preventive Care" means routine treatment or examination provided when there is no objective indication or outward manifestation of impairment of normal health or normal bodily function, and which is not provided as a result of any Injury or Illness.

#### PROSTHETIC APPLIANCE

"Prosthetic Appliance" means a device or appliance that is designed to replace a natural body part lost or damaged due to Illness or Injury, the purpose of which is to restore full or partial bodily function or appearance, or in the case of Covered Dental Benefit, means any device which replaces all or part of a missing tooth or teeth.

#### **PSYCHIATRIC CARE**

"Psychiatric Care," also known as psychoanalytic care, means treatment for a Mental Illness or disorder, a functional nervous disorder, Alcoholism or drug addiction by a licensed psychiatrist, Psychologist, Licensed Social Worker or licensed professional counselor acting within the scope and limitations of his/her respective license, provided that such treatment is Medically Necessary as defined by the Plan, and within recognized and accepted professional psychiatric and psychological standards and practices.

#### PSYCHIATRIC FACILITY

"Psychiatric Facility" means a licensed institution that provides Mental Illness treatment and which provides for a psychiatrist who has regularly scheduled hours in the facility, and who assumes the overall responsibility for coordinating the care of all patients.

## **PSYCHOLOGIST**

"Psychologist" means a person currently licensed in the state in which services are rendered as a Psychologist and acting within the scope of his/her license.

## **QUALIFIED BENEFICIARY**

"Qualified Beneficiary" means an Employee, former Employee or Dependent of an Employee or former Employee who is eligible to continue coverage under the Plan in accordance with applicable provisions of Title X of COBRA or Section 609(a) of ERISA in relation to QMCSO's.

"Qualified Beneficiary" will also include a child born to, adopted by or Placed for Adoption with an Employee or former Employee at any time during COBRA Continuation Coverage.

#### **QMCSO**

"QMCSO" means Qualified Medical Child Support Order as defined by Section 609(a) of ERISA, as amended.

## **REGISTERED NURSE**

"Registered Nurse" (RN) means an individual who has received specialized nursing training and who is licensed by the state or regulatory agency in the state in which the individual performs such nursing services.

## RESIDENTIAL TREATMENT FACILITY

"Residential Treatment Facility" means an institution which:

- 1. Is licensed as a 24-hour residential facility for Mental Illness and Chemical Dependency and/or Alcoholism treatment, although not licensed as a hospital;
- 2. Provides a multi-disciplinary treatment plan in a controlled environment, with periodic supervision of a Physician or a Ph.D. Psychologist; and
- 3. Provides programs such as social, psychological and rehabilitative training, age appropriate for the special needs of the age group of patients, with focus on reintegration back into the community.

## **RETIREE**

"Retiree" means an Employee who retires under a retirement program authorized by law and eligible to continue coverage with the Employer pursuant to the terms of 2-18-704, MCA, as amended from time to time.

#### **ROOM AND BOARD**

"Room and Board" refers to all charges which are made by a Hospital, Hospice, or Skilled Nursing Facility as a condition of occupancy. Such charges do not include the professional services of Physicians or intensive nursing care by whatever name called.

## SKILLED NURSING FACILITY

"Skilled Nursing Facility" means an institution, or distinct part thereof, which meets all of the following conditions:

1. It is currently licensed as a long-term care facility or skilled nursing facility in the state in which the facility is located;

- 2. It is not, other than incidentally, a place for rest, the aged, drug addicts, alcoholics, mentally disabled persons, custodial or educational care, or care of mental disorders; and
- 3. It is certified by Medicare.

This term also applies to Incurred Expenses in an institution known as a Convalescent Nursing Facility, Extended Care Facility, Convalescent Nursing Home, or any such other similar nomenclature.

#### SPECIAL ENROLLMENT PERIOD

"Special Enrollment Period" means a period of time allowed under this Plan, other than the eligible person's Initial Enrollment Period or an Open Enrollment Period, during which an eligible person can request coverage under this Plan as a result of certain events that create special enrollment rights.

### SPEECH THERAPY

"Speech Therapy" means a course of treatment, ordered by a Physician, to treat speech deficiencies or impediments.

## **URGENT CARE FACILITY**

"Urgent Care Facility" means a free-standing facility which is engaged primarily in diagnosing and treating Illness or Injury for unscheduled, ambulatory Covered Persons seeking immediate medical attention. A clinic or office located in or in conjunction with or in any way made a part of a Hospital will be excluded from the terms of this definition.

#### **USERRA**

"USERRA" means the Uniformed Services Employment and Reemployment Rights Act, as amended.

#### <u>USUAL, CUSTOMARY AND REASONABLE</u> (Dental Benefits)

"Usual, Customary and Reasonable" (UCR) means the maximum amount considered for payment by this Plan for any covered treatment, service, or supply, subject however, to all Plan annual and lifetime maximum benefit limitations. The following will apply in the order below to determine the Usual, Customary and Reasonable amount:

- 1. A contracted amount as established by a preferred provider or other discounting contract; or
- 2. An amount established through a nationally recognized, published Usual, Customary and Reasonable (UCR) data base utilized by the Plan Supervisor and adopted by the Plan Administrator using the 90<sup>th</sup> percentile of said database; or
- 3. The billed charge if less than 2 above.

#### RETIREMENT OF PUBLIC EMPLOYEES

For groups composed of public employees and officers, an Employee who retires while the Plan is still in force and who meets the retirement eligibility established by law, may continue to remain a member of the Health Benefits Plan unless he/she is a participant in another group plan with substantially equivalent benefits and rates, unless he/she is employed and therefore eligible to participate in another group plan with substantially equivalent benefits and rates, or unless he/she is eligible for Medicare.

## SPOUSE AND DEPENDENT CHILDREN COVERAGE

The spouse of a retired covered Employee may remain a member of the group unless he/she is eligible for equivalent insurance coverage as stipulated above.

The surviving spouse of a retired covered Employee shall be provided the opportunity to remain a member of the group as long as the spouse is eligible for retirement benefits accrued by the deceased covered Employee unless he/she has equivalent coverage in another group plan, is eligible for equivalent health coverage or is eligible for Medicare.

The surviving children of a deceased covered Employee may remain members of the group as long as they are eligible for retirement benefits accrued by the deceased covered Employee unless they have equivalent coverage in another group plan or are eligible for health coverage under a surviving parent's or legal guardian's employee health benefit plan.

Persons meeting these requirements who wish to remain members of the group must furnish satisfactory evidence of their qualifications to the Plan Supervisor within twenty (20) days after such eligibility commences and make arrangements for payment of premium through the County.

#### **NOTICES**

**NEWBORNS' AND MOTHERS' HEALTH PROTECTION ACT:** Group health insurance issuers offering group health insurance coverage generally may not, under Federal law, restrict benefits for any hospital length of stay in connection with childbirth for the mother or newborn child to less than 48 hours following a normal vaginal delivery, or less than 96 hours following a cesarean section. However, Federal law generally does not prohibit the mother's or newborn's attending provider, after consulting with the mother, from discharging the mother or her newborn earlier than 48 hours (or 96 hours as applicable). In any case, plans and issuers may not, under Federal law, require that a provider obtain authorization from the plan or the issuer for prescribing a length of stay not in excess of 48 hours (or 96 hours).

**IDENTIFICATION OF FUNDING:** Benefits under this Plan will be paid from Employee or Employer contributions up to the limits defined in the Plan Document/Summary Plan Description (SPD). Benefits in excess of the amount stated in the stop loss policy are reimbursable to the Employer by stop loss insurance, pursuant to the stop loss insurance contract or policy, subject, however, to the terms of this Plan and the stop loss insurance contract.

**WOMEN'S HEALTH AND CANCER RIGHTS ACT:** This Plan, as required by the Women's Health and Cancer Rights Act of 1998, provides benefits for mastectomy-related services including all states of reconstruction and surgery to achieve symmetry between the breasts, prostheses, and complications resulting from a mastectomy, including lymphedema. Call the Plan Administrator for more information.

#### HIPAA PRIVACY AND SECURITY STANDARDS

These standards are intended to comply with all requirements of the Privacy and Security Rules of the Administrative Simplification Rules of HIPAA as stated in 45 CFR Parts 160, 162 and 164, as amended from time to time.

#### DEFINITIONS

"Protected Health Information" (PHI) means information, including demographic information, that identifies an individual and is created or received by a health care provider, health plan, employer, or health care clearinghouse, and relates to the physical or mental health of an individual, health care that individual has received, or the payment for health care provided to that individual. PHI does not include employment records held by the Plan Sponsor in its role as an Employer.

"Summary Health Information" means information summarizing claims history, expenses, or types of claims by individuals enrolled in a group health plan and has had the following identifiers removed: names; addresses, except for the first three digits of the ZIP Code; dates related to the individual (ex: birth date); phone numbers; email addresses and related identifiers; social security numbers; medical record numbers; account or Participant numbers; vehicle identifiers; and any photo or biometric identifier.

## PRIVACY CERTIFICATION

The Plan Sponsor hereby certifies that the Plan Documents have been amended to comply with the privacy regulations by incorporation of the following provisions. The Plan Sponsor agrees to:

- 1. Not use or further disclose the information other than as permitted or required by the Plan Documents or as required by law. Such uses or disclosures may be for the purposes of Plan administration including, but not limited to, the following:
  - A. Operational activities such as quality assurance and utilization management, credentialing, and certification or licensing activities; underwriting, premium rating or other activities related to creating, renewing or replacing health benefit contracts (including reinsurance or stop loss); compliance programs; business planning; responding to appeals, external reviews, arranging for medical reviews and auditing, and customer service activities. Plan administration can include management of carve-out plans, such as dental or vision coverage.
  - B. Payment activities such as determining eligibility or coverage, coordination of benefits, determination of cost-sharing amounts, adjudicating or subrogating claims, claims management and collection activities, obtaining payment under a contract for reinsurance or stop-loss coverage, and related data-processing activities; reviewing health care services for Medical Necessity, coverage or appropriateness of care, or justification of charges; or utilization review activities.
  - C. For purposes of this certification, Plan administration does not include disclosing Summary Health Information to help the Plan Sponsor obtain premium bids; or to modify, amend or terminate group health plan coverage. Plan administration does not include disclosure of information to the Plan Sponsor as to whether the individual is a participant in; is an enrollee of or has disenrolled from the group health plan.
- 2. Ensure that any agents, including a subcontractor, to whom it provides PHI received from the Plan agree to the same restrictions and conditions that apply to the Plan Sponsor with respect to such information;
- 3. Not use or disclose the information for employment-related actions and decisions or in connection with any other benefit or employee benefit plan of the Plan Sponsor;

- 4. Report to the Plan any use or disclosure of the information that is inconsistent with the uses or disclosures provided for of which it becomes aware;
- 5. Make available PHI as required to allow the Covered Person a right of access to his or her PHI as required and permitted by the regulations;
- 6. Make available PHI for amendment and incorporate any amendments into PHI as required and permitted by the regulations;
- 7. Make available the information required to provide an accounting of disclosures as required by the regulations;
- 8. Make its internal practices, books, and records relating to the use and disclosure of PHI received from the Plan available to any applicable regulatory authority for purposes of determining the Plan's compliance with the law's requirements;
- 9. If feasible, return or destroy all PHI received from the Plan that the Plan Sponsor still maintains in any form and retain no copies of such information when no longer needed for the purpose for which disclosure was made, except that, if such return or destruction is not feasible, limit further uses and disclosures to those purposes that make the return or destruction of the information infeasible; and
- 10. Ensure that the adequate separation required between the Plan and the Plan Sponsor is established. To fulfill this requirement, the Plan Sponsor will restrict access to nonpublic personal information to the Plan Administrator(s) designated in this Plan Document or employees designated by the Plan Administrator(s) who need to know that information to perform Plan administration and healthcare operations functions or assist eligible persons enrolling and disenrolling from the Plan. The Plan Sponsor will maintain physical, electronic, and procedural safeguards that comply with applicable federal and state regulations to guard such information and to provide the minimum PHI necessary for performance of healthcare operations duties. The Plan Administrator(s) and any employee so designated will be required to maintain the confidentiality of nonpublic personal information and to follow policies the Plan Sponsor establishes to secure such information.

When information is disclosed to entities that perform services or functions on the Plan's behalf, such entities are required to adhere to procedures and practices that maintain the confidentiality of the Covered Person's nonpublic personal information, to use the information only for the limited purpose for which it was shared, and to abide by all applicable privacy laws.

#### SECURITY CERTIFICATION

The Plan Sponsor hereby certifies that its Plan Documents have been amended to comply with the security regulations by incorporation of the following provisions. The Plan Sponsor agrees to:

- 1. Implement and follow all administrative, physical, and technical safeguards of the HIPAA Security Rules, as required by 45 CFR §§164.308, 310 and 312.
- 2. Implement and install adequate electronic firewalls and other electronic and physical safeguards and security measures to ensure that electronic PHI is used and disclosed only as stated in the Privacy Certification section above.
- 3. Ensure that when any electronic PHI is disclosed to any entity that performs services or functions on the Plan's behalf, that any such entity shall be required to adhere to and follow all of the requirements for security of electronic PHI found in 45 CFR §§164.308, 310, 312, 314 and 316.
- 4. Report to the Plan Administrator or the Named Fiduciary of the Plan any attempted breach, or breach of security measures described in this certification, and any disclosure or attempted disclosure of electronic PHI of which the Plan Sponsor becomes aware.

## INTEGRATED HEALTH REIMBURSEMENT ACCOUNT PLAN FOR END STAGE RENAL DISEASE (ESRD)

## INTRODUCTION

Effective July 1, 2014, Plan Sponsor establishes this Integrated Health Reimbursement Account (HRA) Plan For End Stage Renal Disease (ESRD) for the benefit of eligible Employees.

The Plan Administrator has retained the services of an independent Plan Supervisor to process flexible benefits request for reimbursements. The Plan Supervisor for the Plan is:

Allegiance Benefit Plan Management, Inc. P.O. Box 3018 Missoula, MT 59806-3018

#### **ELIGIBILITY**

The following are Eligible:

- 1. Any Employee covered under the County's Employee Health Benefit Plan who is diagnosed with ESRD or any Employee covered under the County's Employee Health Benefit Plan who has a Dependent who is covered under the County's Employee Health Benefit Plan who is diagnosed with ESRD.
- 2. Any Retiree covered under the County's Employee Health Benefit Plan who is diagnosed with ESRD or any Retiree covered under the County's Employee Health Benefit Plan who has a Dependent who is covered under the County's Employee Health Benefit Plan who is diagnosed with ESRD.

## EFFECTIVE DATE OF COVERAGE

The effective date of coverage of the benefits offered under the HRA Plan will be as follows:

Participation and coverage will commence on the date the Employee or Retiree becomes covered under the County's Employee Health Benefit Plan.

## **BENEFITS**

The following may be reimbursed under the HRA Plan:

- A. Medicare Part B premiums upon receipt of a copy of documentation confirming payment of the premium by the eligible Employee or eligible Dependent.
- B. Expenses for Outpatient dialysis denied by the County's Health Benefit Plan, provided the person undergoing dialysis has enrolled in Medicare Part B if eligible at the earliest time possible, has received services from an In-Network provider, and done all other acts necessary to avoid any balance due for Outpatient dialysis services after payment by the County's health Benefit Plan. Any reimbursement under this sub paragraph shall be at the rate calculated as 500% of the Medicare allowable rate for any service eligible under this benefit.

## REIMBURSEMENT

Employees, Retirees or Dependents must pay the Medicare Part B premium and provide a receipt of payment and other necessary documentation to the Plan Supervisor. Upon receipt of all required documentation, the Plan Supervisor will issue a reimbursement payment to the Employee or Retiree.

Payment for claims amounts not covered by the County's Health Benefit Plan for dialysis services will be adjudicated and reimbursed based upon the requirements and limitations of this HRA, and upon presentation of an Explanation of Benefits from the County's Health Benefit plan denying claims for Outpatient dialysis.

#### **TERMINATION OF COVERAGE**

Coverage under the HRA Plan shall terminate on the date the Employee's or Employee's Dependent's coverage terminates under the County's Employee Health Benefit Plan.

## **COBRA CONTINUATION OF COVERAGE**

Under federal COBRA law, a former Employee Participant may have the right to continue coverage under the Health Reimbursement Account Plan for the remainder of the Plan Year. The law applies to employers who normally employ twenty (20) or more employees.

COBRA Continuation Coverage is available to any Qualified Beneficiary\* whose coverage would otherwise terminate due to a Qualifying Event. COBRA Continuation Coverage under this provision will begin on the first day following the date coverage terminates.

\*Qualified Beneficiary for the purposes of this section means an Employee, former Employee or Dependent or Spouse of an Employee or former Employee who is eligible to continue coverage in accordance with applicable provisions of federal COBRA law. "Qualified Beneficiary" will also include a child born to, adopted by or Placed for Adoption with an Employee or former Employee at any time during COBRA Continuation Coverage.

## **Qualifying Events:**

Qualifying Events for former Employee Participants, for purposes of this section, are the following events, if that event causes a loss of coverage under the Health Reimbursement Account Plan:

- 1. Termination (other than by reason of gross misconduct) of the former Employee Participant's employment; or
- 2. Reduction in hours of the former Employee Participant's employment.

Qualifying Events for the Spouse or Dependents of a former Employee Participant, for purposes of this section, are the following events, if that event causes a loss of coverage under the Health Reimbursement Account Plan:

- 1. Death of the former Employee;
- 2. Termination of the former Employee's employment;
- 3. Reduction in hours of the former Employee's employment;
- 4. Divorce or legal separation of the Spouse from the former Employee Participant; or
- 5. Dependent child ceases eligibility as a Dependent.

## Notification Responsibilities:

The Employer must notify the Plan Administrator in writing within thirty (30) days after the date of any of following Qualifying Events:

- 1. Death of the Employee.
- 2. Termination or reduction in hours of the Employee's employment.

The Employee must notify the Employer in writing within sixty (60) days after the date of any of the following Qualifying Events:

- 1. The divorce or legal separation of the Employee from his or her spouse.
- A covered Dependent child ceases eligibility.
- 3. Employee's entitlement to Medicare.

Failure to provide this notice may result in the Health Reimbursement Account Plan denying COBRA eligibility.

## **Notice of election to Continue Coverage:**

When the Human Resource Department is notified of a Qualifying Event, the Human Resource Department will notify the Qualified Beneficiary of the right to elect COBRA Continuation Coverage, if applicable. Notice of this right will be sent within fourteen (14) days after the Human Resource Department receives notice of the Qualifying Event from the Employer or Employee.

A Qualified Beneficiary has sixty (60) days from the date coverage would otherwise be lost or sixty (60) days from the date of notice from the Human Resource Department, whichever is later, to elect to continue coverage. Failure to elect Continuation Coverage within that period will cause coverage to end.

## **Monthly Contribution Amounts:**

A Qualified Beneficiary who elects to continue coverage must pay the full cost of COBRA Continuation Coverage. Monthly contribution amounts for COBRA Continuation Coverage must be paid in advance to the Human Resource Department. The monthly payment for coverage will be an amount equal to one hundred and two percent (102%) of the former Employee Participant's monthly contribution amount prior to the Qualifying Event.

Payment of any reimbursement requests submitted by a COBRA participant during the period of COBRA coverage will be contingent upon timely payment of the monthly contributions by the COBRA participant. Monthly contributions are due the first of the month for each month of coverage. A grace period of thirty (30) days from the first of the month will be allowed for payment. Payment will be made in a manner prescribed by the Human Resource Department.

#### When Cobra Continuation Coverage Ends:

COBRA Continuation Coverage under the Health Reimbursement Account Plan will cease at the end of the Plan Year for any COBRA participant.

### Questions:

Any questions about COBRA Continuation Coverage may be directed to the County's Human Resource Department or to the nearest Regional or District Office of the U.S. Internal Revenue Service. Addresses and phone numbers of these offices are available through the IRS website, IRS.gov.

#### **Address Changes:**

COBRA participants should keep the Human Resource Department informed of any changes in the family addresses and should also keep a copy, for his/her records, of any notices sent to the County's Human Resource Department.

#### **PLAN SUMMARY**

The following information, together with the information contained in this booklet, form the Plan Document/Summary Plan Description.

#### 1. PLAN NAME

The name of the Plan is the HEALTH BENEFIT PLAN FOR EMPLOYEES OF LEWIS & CLARK COUNTY, which Plan describes the benefits, terms, limitations and provisions for payment of benefits to or on behalf of eligible Participants.

## 2. PLAN BENEFITS

This Plan provides benefits for covered Expenses Incurred by eligible Participants for: Hospital, Surgical, Medical, Maternity, eligible medically related, necessary expenses, dental and vision.

#### PLAN EFFECTIVE DATE

This Plan was established effective July 1, 1983 and restated July 1, 2023.

#### 4. PLAN SPONSOR

Name: Lewis & Clark County

Address: 316 N. Park

Helena, MT 59623 (406) 447-8317

#### 5. PLAN ADMINISTRATOR

The Plan Administrator is the Plan Sponsor.

#### NAMED FIDUCIARY

Name: Lewis & Clark County

Address: 316 N. Park

Helena, MT 59623 (406) 447-8317

## 7. PLAN FISCAL YEAR

The Plan fiscal year ends June 30.

#### 8. PLAN TERMINATION

The right is reserved by the Plan Sponsor to terminate, suspend, withdraw, amend or modify the Plan in whole or in part at any time.

## 9. IDENTIFICATION NUMBER

Plan Number: 501 Group Number: 0010602 Employer Identification Number: 81-6001383

#### 10. PLAN SUPERVISOR

Allegiance Benefit Plan Management, Inc. Name:

Address: P.O. Box 3018

Missoula, MT 59806-3018

#### 11. **ELIGIBILITY**

Employees and Dependents of Employees of the Plan Sponsor may participate in the Plan based upon the eligibility requirements set forth by the Plan.

#### 12. PLAN FUNDING

The Plan is funded by contributions from the Employer and Employees.

#### 13. AGENT FOR SERVICE OF LEGAL PROCESS

The Plan Administrator has authority to control and manage the Plan and is the agent for service of legal process.

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#### AMENDMENT #1

TO THE SUMMARY PLAN DESCRIPT

# PLAN DOCUMENT/SUMMARY PLAN DESCRIPTION for the HEALTH BENEFIT PLAN

# FOR THE EMPLOYEES OF LEWIS & CLARK COUNTY - GROUP 0010602

Effective <u>August 1, 2023</u>, the Health Benefit Plan for Employees of Lewis & Clark County is amended as follows (red and *italics* means change or addition and <del>strikeout</del> means deletion):

Within "SCHEDULE OF MEDICAL BENEFITS - TRADITIONAL OPTION", "ORGAN AND TISSUE TRANSPLANT SERVICES" is replaced as follows:

	BENEFIT PERCENTAGE/COPAYMENT		
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK	
ORGAN AND TISSUE TRANSPLANT SERVICES	70% after Deductible	50% after Deductible	
Benefit Limits: Maximum Benefit per Pro- Allogenic Stem Cell (related) Allogenic Stem Cell (unrelated) Autologous Stem Cell		\$340,000 \$140,000 \$230,000 \$275,000 \$345,000 \$485,000 \$160,000 \$220,000 \$275,000 \$140,000	

Benefit limits are for services received from Non-Network Providers. For Network Providers, payment will be made pursuant to the provider contract.

Benefit limits apply to all expenses in connection with any eligible organ or tissue transplant procedure as stated in Medical Benefits section under Organ and Tissue Transplant Services.

Services subject to the benefit limits include, but are not limited to: evaluation; pre-transplant, transplant and post-transplant care (not including Outpatient immunosuppressant drugs); organ donor search, procurement and retrieval; complications related to the procedure and follow-up care for services received during the 12-month period from the date of transplant. Charges for services incurred after such 12-month period are eligible under the Medical Benefits of this Plan and do not accrue toward the Transplant benefit limits.

Amounts exceeding the maximum case rate at contracted Center of Excellence Cigna LifeSOURCE Facility (or Supplemental Network or Optum Network if applicable) (also known as outliers) will be eligible for reimbursement under Medical Benefits. Excess charges at non-contracted facilities will not be eligible for reimbursement.

Within "SCHEDULE OF MEDICAL BENEFITS - HDHP OPTION", "ORGAN AND TISSUE TRANSPLANT SERVICES" is replaced as follows:

	BENEFIT PERCENTAGE/COPAYMENT		
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK	
ORGAN AND TISSUE TRANSPLANT SERVICES	100% after Deductible	50% after Deductible	
Benefit Limits: Maximum Benefit per Prod Allogenic Stem Cell (related)		\$340,000 \$140,000 \$230,000 \$275,000 \$345,000 \$485,000 \$160,000 \$220,000 \$275,000 \$140,000	

Benefit limits are for services received from Non-Network Providers. For Network Providers, payment will be made pursuant to the provider contract.

Benefit limits apply to all expenses in connection with any eligible organ or tissue transplant procedure as stated in Medical Benefits section under Organ and Tissue Transplant Services.

Services subject to the benefit limits include, but are not limited to: evaluation; pre-transplant, transplant and post-transplant care (not including Outpatient immunosuppressant drugs); organ donor search, procurement and retrieval; complications related to the procedure and follow-up care for services received during the 12-month period from the date of transplant. Charges for services incurred after such 12-month period are eligible under the Medical Benefits of this Plan and do not accrue toward the Transplant benefit limits.

Amounts exceeding the maximum case rate at contracted Center of Excellence Cigna LifeSOURCE Facility (or Supplemental Network or Optum Network if applicable) (also known as outliers) will be eligible for reimbursement under Medical Benefits. Excess charges at non-contracted facilities will not be eligible for reimbursement.

Within "GENERAL DEFINITIONS", "CIGNA LIFESOURCE FACILITY" is added alphabetically as follows:

#### CIGNA LIFESOURCE FACILITY

"CIGNA LifeSOURCE Facility" means any Network facility (or Supplemental Network or Optum Network if applicable) that provides transplant or other complex medical services as applicable and for which the Plan Administrator is able to obtain a discount for services.

Lewis and Clark County - Group 0010602 Amendment #1 - Effective 08-01-2023 Page 3

Nothing in this amendment is deemed to change any other provision of the Plan Document/Summary Plan

LEWIS AND CLARK COUNTY

BY: Kari Diskopin

#### **AMENDMENT #2**

# TO THE PLAN DOCUMENT/SUMMARY PLAN DESCRIPTION for the

# HEALTH BENEFIT PLAN FOR EMPLOYEES OF LEWIS & CLARK COUNTY - GROUP 0010602

Effective November 7, 2023, the Health Benefit Plan for Employees of Lewis & Clark County is amended as follows (red and *italics* means change or addition and strikeout means deletion):

Within "SCHEDULE OF MEDICAL BENEFITS - TRADITIONAL OPTION", "RESPIRATORY SYNCYTIAL VIRUS (RSV) VACCINE" is added alphabetically as follows:

	BENEFIT PERCENTAGE	
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK
RESPIRATORY SYNCYTIAL VIRUS (RSV) VACCINE	70% after Deductible	50% after Deductible

Within "SCHEDULE OF MEDICAL BENEFITS - HDHP OPTION", "RESPIRATORY SYNCYTIAL VIRUS (RSV) VACCINE" is added alphabetically as follows:

	BENEFIT PERCENTAGE		
TYPE OF SERVICE / LIMITATIONS	NETWORK	NON-NETWORK	
RESPIRATORY SYNCYTIAL VIRUS (RSV) VACCINE	100% after Deductible	50% after Deductible	

Within "PHARMACY BENEFIT", "COST SHARING PROVISIONS - TRADITIONAL OPTION", "COST SHARING PROVISIONS - HDHP OPTION", and "COVERAGE" are replaced as follows:

#### **COST SHARING PROVISIONS - TRADITIONAL OPTION**

Pharmacy Deductible per Benefit Period	
Per Covered Person.	
Per Family	\$400

Pharmacy Deductible applies to all prescription drug charges payable through the Plan's PBM, unless specifically indicated as waived. After satisfaction of the Pharmacy Deductible, Pharmacy Copayments apply as stated in this section.

#### Pharmacy Out-of-Pocket Maximum per Benefit Period

Per Covered Person.	\$3,100
Per Family	\$6,200

Pharmacy Out-of-Pocket Maximum includes the Pharmacy Deductible and any applicable Pharmacy Copayments. Pharmacy Copayments do not serve to satisfy the Medical Benefits Deductible or Out-of-Pocket Maximum. Pharmacy Benefits are payable at 100% after satisfaction of the Pharmacy Out-of-Pocket Maximum for the remainder of the Benefit Period.

Copayment per Prescription				
Drug Type	Retail PBM Network	Member Submit PBM Network	Mail Order	Specialty Drug
Tier 1 - Preferred generics and some lower cost brand products	20%	20%	20%	20%
Tier 2 - Preferred brand and some high cost non-preferred generics	20%	20%	20%	20%
Tier 3 - Non-preferred products (may include some high cost non-preferred generics)	40%	40%	40%	40%

For Member Submit PBM Network prescriptions: The PBM will reimburse the contract cost of the prescription drug, less the applicable Copayment per Prescription. Contract cost is the PBM's discounted cost of the prescription drug.

The following are payable at 100% and are not subject to any Deductible or Copayment:

- 1. Prescribed generic contraceptives or brand if generic is unavailable, and available only if Tier 1 or Tier 2 drug type;
- 2. Smoking cessation products prescribed by a Physician or Licensed Health Care Provider;
- 3. Over-the-counter (OTC) medications only when prescribed by a Physician or Licensed Health Care Provider, and only if listed as an A or B recommendation as a Preventive Service covered under the Affordable Care Act which can be viewed at:
  - https://www.healthcare.gov/coverage/preventive-care-benefits/; and
- Vaccines, except Respiratory Syncytial Virus (RSV) vaccine, subject to the Plan's PBM formulary.

#### COST SHARING PROVISIONS - HDHP OPTION

4.

Deductible (combined with Medical Benefits) per Benefit Period
Per Covered Person\$5,000 Family Coverage Deductible
The Deductible (combined with Medical Benefits) applies unless specifically indicated as waived.
Out-of-Pocket Maximum (combined with Medical Benefits) per Benefit Period
Per Covered Person. \$5,000
Per Family

Out-of-Pocket Maximum (combined with Medical Benefits) includes the Deductible (combined with Medical Benefits). Pharmacy Benefits are payable at 100% after satisfaction of the Deductible and Out-of-Pocket Maximum (combined with Medical Benefits) for the remainder of the Benefit Period.

The following are payable at 100% and are not subject to any Deductible:

- 1. Prescribed generic contraceptives or brand if generic is unavailable, and available only if Tier 1 or Tier 2 drug type;
- 2. Smoking cessation products prescribed by a Physician or Licensed Health Care Provider;
- 3. Over-the-counter (OTC) medications only when prescribed by a Physician or Licensed Health Care Provider, and only if listed as an A or B recommendation as a Preventive Service covered under the Affordable Care Act which can be viewed at:
  - https://www.healthcare.gov/coverage/preventive-care-benefits/; and Vaccines, except Respiratory Syncytial Virus (RSV) vaccine, subject to the Plan's PBM formulary.

Lewis & Clark County - Group 0010602 Amendment #2 - Effective 11/7/2023 Page 3

**Generics Preferred - Physician Choice (DAW2):** If the Physician does not prescribe Dispense as Written (DAW), and there is a generic alternative for the prescription drug, and the Covered Person chooses a brand name instead, the Covered Person must pay the difference in cost between the generic and brand name medication plus the applicable brand Copayment amount.

#### COVERAGE

Coverage for prescription drugs will include only those drugs requiring a written prescription of a Physician or Licensed Health Care Provider, if within the scope of practice of the Licensed Health Care Provider, and that are Medically Necessary for the treatment of an Illness or Injury.

Coverage also includes prescription drugs or supplies that require a written prescription of a Physician or Licensed Health Care Provider, if within the scope of practice of the Licensed Health Care Provider, as follows:

- 1. Self-administered contraceptives, injectable contraceptives and over-the-counter FDA approved female contraceptives with a written prescription by a Physician or Licensed Health Care Provider. Contraceptive Management and contraceptive devices are covered under the Preventive Care Benefit of this Plan.
- 2. Diabetic supplies including: insulin, syringes, needles, swabs, blood glucose monitors and kits, blood test strips, blood glucose calibration solutions, urine tests, lancets and lancet devices.

Blood glucose monitors and kits are also eligible for coverage under the Medical Benefits, subject to all provisions and limitations of this Plan.

- 3. Legend vitamins that require a written prescription.
- 4. Legend fluoride products (oral only): Dental or pediatric.
- 5. Smoking deterrents prescribed by a Physician or Licensed Health Care Provider and only if covered under the Affordable Care Act which can be viewed at: <a href="https://www.healthcare.gov/coverage/preventive-care-benefits/">https://www.healthcare.gov/coverage/preventive-care-benefits/</a>.
- 6. Over-the-counter (OTC) medications only when prescribed by a Physician or Licensed Health Care Provider, and only if listed as an A or B recommendation as a Preventive Service covered under the Affordable Care Act which can be viewed at: https://www.healthcare.gov/coverage/preventive-care-benefits/.
- 7. Compounded pharmaceuticals. Prior authorization required for compounded pharmaceuticals exceeding \$200.
- Vaccines.

Nothing in this amendment is deemed to change any other provision of the Plan Document/Summary Plan Description of which it becomes a part.

LEWIS .	AND CLAR	COUNTY	
BY:	Kaii	Deckopin	
TITLE:	HR	Director	

## **CORRECTED AMENDMENT #3**

TO THE
PLAN DOCUMENT/SUMMARY PLAN DESCRIPTION
for the
HEALTH BENEFIT PLAN
FOR EMPLOYEES OF
LEWIS & CLARK COUNTY - GROUP 0010602

Effective <u>July 1, 2024</u>, the Health Benefit Plan for Employees of Lewis & Clark County is amended as follows (red and *italics* means change or addition and strikeout means deletion):

Within "SCHEDULE OF MEDICAL BENEFITS - TRADITIONAL OPTION", "DEDUCTIBLE" and "WELLNESS PROGRAM" within the "COST SHARING PROVISIONS" table are replaced as follows:

COST SHARING PROVISIONS	NETWORK	NON-NETWORK
DEDUCTIBLE (Embedded) Per Covered Person per Benefit Period Per Family per Benefit Period	\$ <del>400</del> 500 \$ <del>1,000</del> 1,500	\$ <del>750</del> 850 \$ <del>1,500</del> 1,700

The Deductible applies unless specifically indicated as waived.

Network and Non-Network Deductibles are completely separate and do not cross accumulate. The Network Deductible may be reduced for Participants who participate in the Wellness Program.

WELLNESS PROGRAM	REDUCED NETWORK DEDUCTIBLE	REDUCED NETWORK OOPM MAXIMUM
1 of the 5 wellness criteria is met	\$ <del>380</del> 480	\$3,400
2 of the 5 wellness criteria are met	\$ <del>360</del> 460	\$3,300
3 of the 5 wellness criteria are met	\$ <del>340440</del>	\$3,200
4 of the 5 wellness criteria are met	\$ <del>320</del> 420	\$3,100
5 of the 5 wellness criteria are met	\$ <del>300</del> 400	\$3,000

Participants will receive \$20 for each wellness criteria met, up to a maximum of \$100 reduction in the Network Deductible.

Participants will receive \$100 for each wellness criteria met, up to a maximum of \$500 reduction in the Network Out-of-Pocket Maximum (OOPM).

Reduction in Network Deductible or Out-of-Pocket Maximum will be determined by the Wellness Coordinator. Any questions or concerns should be directed to the Wellness Coordinator.

Within "PHARMACY BENEFIT", "Pharmacy Deductible per Benefit Period" within "COST SHARING PROVISIONS - TRADITIONAL OPTION" is replaced as follows:

Pharmacy Deductible per Benefit Period

Per Covered Person	\$ <del>200</del> 250
Per Family	\$ <del>400<i>500</i></del>

Pharmacy Deductible applies to all prescription drug charges payable through the Plan's PBM, unless specifically indicated as waived. After satisfaction of the Pharmacy Deductible, Pharmacy Copayments apply as stated in this section.

14.

Within "MEDICAL BENEFITS", item 1 and item 14 are replaced as follows:

- 1. Charges made by a Hospital for:
  - A. Daily Room and Board and general nursing services, or confinement in an Intensive Care
  - B. Medically Necessary Hospital Miscellaneous Expenses other than Room and Board furnished by the Hospital, including Inpatient miscellaneous service and supplies, Outpatient Hospital treatments for chronic conditions and emergency room use for an Emergency, Physical Therapy treatments, hemodialysis, and x-ray.
  - C. Nursery neonatal units, general nursing services, including Hospital Miscellaneous Expenses for services and supplies, Physical Therapy, hemodialysis and x-ray and linear therapy, care or treatment of Injury or Illness, congenital defects, birth abnormalities or premature delivery incurred by a Newborn Dependent.
  - D. Therapy which has been prescribed by a speech pathologist or Physician and includes a written treatment plan with estimated length of time for therapy. Treatment rendered for stuttering or for behavioral or learning disorders is excluded.
- Charges made by a legally qualified speech therapist for Speech Therapy, also called speech pathology, and audio diagnostic testing services for diagnosis and treatment of speech and language disorders. The Plan will provide benefits for Speech Therapy when all of the following criteria are met: There is a documented condition or delay in development that can be expected to improve with therapy within a reasonable time. Treatment is rendered for a condition that is the direct result of a diagnosed neurological, muscular, or structural abnormality affecting the organs of speech. Therapy has been prescribed by the speech language pathologist or Physician and
- includes a written treatment plan with estimated length of time for therapy, along with a statement certifying all above conditions are met.
- Charges for Speech Therapy are not covered under the following conditions:
- Treatment when improvement would normally be expected to occur without intervention.
  - Treatment is rendered for stuttering:
  - Treatment is rendered for behavioral or learning disorders.

Within "ELIGIBILITY PROVISIONS", the following paragraph is added and "EMPLOYEE ELIGIBILITY" is replaced as follows:

If both spouses are employed by the County, and both are eligible for Dependent Coverage, either spouse, but not both, may elect Dependent Coverage for their eligible Dependents. No one can be covered under this Plan as both an Employee and a Dependent. No one can be covered under this Plan as a Dependent by more than one Participant.

#### EMPLOYEE ELIGIBILITY

Class I - Is employed by the County or PureView Health Center as an Employee on a continuing 1. and regular basis for at least twenty (20) hours per week within the pay period. For example, for an 80-hour, bi-weekly pay period, the Employee would need to work at least 40 hours.

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2. Class II - Is employed by the County or PureView Health Center as a variable hour Employee and completes a Measurement Period of twelve (12) consecutive months, during which the variable hour Employee averages at least twenty (20) hours per week of actual work and/or paid leave, FMLA leave or jury duty whether paid or not, for twelve (12) months.

A variable hour Employee is an employee who at the time of hire, the Employee's average hours per week cannot be determined because the hours and days worked may vary from week to week.

"Measurement Period" is the period of time adopted by the Plan for variable hour Employees during which such Employees' work hours and applicable leave are measured to determine whether such Employees are eligible for coverage.

- 3. Class III Is employed by Rocky Mountain Development Council (RMDC) as an Employee on a reoccurring minimum of 37.2 weeks per year, as determined by RMDC, and whose coverage is paid for fifty-two (52) weeks per year, and who, therefore, remains eligible for fifty-two (52) weeks per year.
- 4. Class IV Is an Elected Official. An eligible Elected Official includes a person whose service with Lewis & Clark County is as a result of election to an official governmental office as required by Montana law, or as a result of appointment to such an official governmental office to serve out the remainder of an unexpired term of an elected official who has resigned or been removed from an official governmental office, as allowed by Montana law. A person will be considered an Elected official only during the legal term of office for any such official governmental office.

A seasonal Employee, as defined by the ACA, who works less than six (6) months annually on a seasonal basis is ineligible for coverage under this Plan regardless of the actual hours worked.

An Employee is not eligible while on active military duty if that duty exceeds a period of thirty-one (31) consecutive days.

Nothing in this amendment is deemed to change any other provision of the Plan Document/Summary Plan Description of which it becomes a part.

LEWIS AND CLARK COUNT

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